



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spontaneity

Cultivating ourselves spiritually with spontaneity, we naturally achieve
harmony,
With our own efforts, we awaken our consciousness to attain serenity,
Developing ourselves, our soul and astral body evolve further,
We practice meditative contemplation to regain serenity and spiritual energy.
Vi Kien

Baby Tam Talking To You

from 9 March 2002 to 15 March 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Does one gain any benefit from being an emotional and romantic person?*
2. *What will happen when a person lacks compassion?*
3. *How can humans awaken their consciousness?*
4. *What does it mean to return to the true origin through meditative contemplation and enlightenment?*
5. *How can people abandon their greediness?*
6. *How should we practice in order to attain serenity?*
7. *Why do humans always love and respect their elderly mothers?*



Psalm

*An emotional and romantic person easily falls into blind passions,
Lacking wisdom, they will not understand matters thoroughly,
Without a full faith, they can be cheated easily,
Practice with diligence and perseverance to be free of all passions.*

Monaco, 9 March 2002, 3:15 AM

Q: Does one gain any benefit from being an emotional and romantic person?

A: An emotional and romantic person can easily be cheated by others.

Psalm

*Without a compassionate heart, it's difficult to dedicate oneself to spiritual perfection,
Collecting unsettled consequences, one causes one's own blindness,
Entangling oneself, one is unable to progress,
With a restless mind and spirit, one suffers like a prisoner.*

Monaco, 10 March 2002, 3:55 AM

Q: What will happen when a person lacks compassion?

A: A person who lacks compassion must bear the consequences of the law of cause and effect.

Psalm

*Transformations of the celestial mechanism bring extreme suffering,
There is no pardon for violence and cruelty,
The law of cause and effect will manifest itself clearly,
There is no pardon for those who refuse spiritual awakening.*

Monaco, 11 March 2002, 3:30 AM

Q: How can humans awaken their consciousness?

A: The celestial mechanism has gone through constant transformations to remind humans to awaken their consciousness in a timely manner in accordance with the law of spontaneity and naturalness.

Psalm

*Practice with efforts and sincerity to return to the true origin,
Thanks to the divine original principle, we turn ourselves toward pureness,
Balancing social and spiritual duties, we advance toward the Truth,
Practicing with sincerity and diligence, we naturally commune with the Lord.*

Monaco, 12 March 2002, 6:30 AM

Q: What does it mean to return to the true origin through meditative contemplation and enlightenment?

A: To return to the true origin through meditative contemplation and enlightenment means to practice the spiritual method steadily and with perseverance. As a result, one will attain self-awakening and return to one's true inner consciousness.

Psalm

*Our greedy heart is tempted everywhere,
Practice to perfect yourselves and direct your mind toward
heaven,
Guiding others infinitely, we all progress together,
Practice with diligence and perseverance to advance in a
timely manner.*

Monaco, 13 March 2002, 7:05 AM

Q: How can people abandon their greediness?

A: To abandon our greediness, we must devote ourselves to spiritual cultivation with courage and determination. When we build a good habit for ourselves, we will be able to abandon our own greediness.

Psalm

*Practice with determination and detachment to achieve a
pure heart,
Advance steadily to see the path clearly,
We'll understand all spheres on the path of progression,
Achieving serenity, we turn within for harmonization.*

Monaco, 14 March 2002, 5:55 AM

Q: How should we practice in order to attain serenity?

A: We should practice with determination and keep a detached heart in order to achieve serenity.

Psalm

*Our mothers offer love, sacrifices, and guidance,
Thanking the Lord who guides us on the spiritual path,
Serving us incessantly in our evolution cycle,
We perfect ourselves continuously with the silent
invocation of Nam-Mo.*

Monaco, 15 March 2002, 3:30 AM

Q: Why do humans always love and respect their elderly mothers?

A: Humans always love and respect their elderly mothers because children will never be able to grow into adults without the loving care of their mothers.



Translated by Xuan Mai

Notes:

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*