



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Achievement

Everywhere, achievement shows through clear harmony,  
Achieving a true spiritual heart, we naturally commune with the Lord,  
Practicing the method thoroughly, we awaken our consciousness to return to  
the old homeland,  
Developing our own selves, we'll feel inner serenity.  
*Vi Kien*

## Baby Tam Talking To You

*from 16 March 2002 to 22 March 2002*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *How does compassionate love spread its transformations?*
2. *How does the spiritual consciousness develop?*
3. *What does it mean to rejoice within serenity?*
4. *What should we do in order to love and respect ourselves?*
5. *What should we do in order to liberate our soul?*
6. *Is there any benefit when the whole people is filled with anger and frustration?*
7. *What's the need to dispute and fight for a piece of land?*



**Psalm**

*Compassionate love spreads its transformations  
everywhere,  
Wisdom and clarity of mind come from the Lord,  
United with the Lord, we return to the true origin and true  
vivid love,  
Learning with a serene heart, we don't need any words.*

**Monaco, 16 March 2002, 2:00 AM**

Q: *How does compassionate love spread its transformations?*

A: Compassionate love spreads its transformations everywhere from great serenity to agitation.

**Psalm**

*The spiritual consciousness develops through complete  
knowledge,  
When the four oceans are united, our spiritual mind will  
expand,  
Through self-awakening, we keep perfecting ourselves  
with wisdom and diligence,  
Returning to pureness, we ascend higher and with  
thoroughness.*

**Monaco, 17 March 2002, 3:05 AM**

Q: *How does the spiritual consciousness develop?*

A: The spiritual consciousness develops through self-awakening.

**Psalm**

*Rejoicing within serenity, our mind becomes clear,  
With infinite wisdom, our mind ascends to lighter spheres,  
As our energy flows freely, our mind and heart improve,  
Understanding Heaven and Earth, we maintain our  
wisdom.*

**Monaco, 18 March 2002, 5:45 AM**

Q: *What does it mean to rejoice within serenity?*

A: To rejoice within serenity means that our consciousness is always well-balanced and happy.

**Psalm**

*Turning our mind toward serenity, we understand the  
universe,  
We realize that the earthly world is just a prison,  
With unending ties that cannot be resolved,  
Lacking true divine love, we cannot attain tranquility.*

**Monaco, 19 March 2002, 6:20 AM**

Q: *What should we do in order to love and respect ourselves?*

A: In order to love and respect ourselves, we must cultivate ourselves spiritually with a practical method within order and discipline.

**Psalm**

*Purifying our heart and releasing our impurities, we  
achieve infinite felicity,  
Liberating our own soul, we overcome all obstacles,  
Through the dharma of Buddha, we attain freedom and  
save ourselves,  
Practicing with serenity and diligence, we are free of  
sorrow and worries.*

**Monaco, 20 March 2002, 4:55 AM**

Q: *What should we do in order to liberate our soul?*

A: In order to liberate our soul, we must practice the Vo-Vi method continuously to release our impurities and preserve our pure energy. To attain serenity means to liberate ourselves.

<p><b>Monaco, 21 March 2002, 9:25 AM</b>  <i>Q: Is there any benefit when the whole people is filled with anger and frustration?</i></p> <p>A: Anger and frustration from the whole people will cause division between the people and the government.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Anger and frustration cause unrest and trouble,  Lacking equilibrium, one becomes unexpectedly ill,  With a restless mind and character, one becomes more agitated,  With an unpredictable future, it will be hard to survive.</i></p>
<p><b>Monaco, 22 March 2002, 1:15 AM</b>  <i>Q: What's the need to dispute and fight for a piece of land?</i></p> <p>A: Those who dispute and fight for a piece of land only demonstrate their greediness.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The divine treasures exist clearly without the need for dispute,  Understanding the sphere of forms and colors, we'll awaken our consciousness timely,  Those who become attached and dispute their land only cause themselves more sufferings,  With a serene heart, we perfect ourselves and turn within to record our mistakes.</i></p>



Translated by Xuan Mai

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.  
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Announcement  
Congress "Weapon of Love"**

On the occasion of the 80<sup>th</sup> birthday of Master Tam, all new Vo-Vi practitioners as well as their friends and family members are invited to join the birthday celebration so that they may have the opportunity to ask questions from Master Tam during the reunion.

There will be one meeting and two meals (lunch and dinner) on Monday, 4 November 2002 in the Ballroom of the Wyndham Hotel, Houston, Texas.

In order to facilitate our organization, please respond before 15 August 2002. Cost for each person is 50 USD.

With best regards,

The Organization Committee

## Registration form

First Name and Last Name: \_\_\_\_\_  
Address \_\_\_\_\_  
City/ State: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Country: \_\_\_\_\_  
Affiliated with meditation center/ VoVi Association: \_\_\_\_\_  
Male [ ] Female [ ] Age: \_\_\_\_\_ Telephone: \_\_\_\_\_  
E-mail/Fax: \_\_\_\_\_

**Wish to participate in the 80<sup>th</sup> Birthday Celebration of Master Tam, Monday, 4 November 2002, at the Wyndham Hotel, Houston, Texas, starting from 8:30AM.**

Fees: 50 USD per person (incl. Vegetarian lunch and dinner)

Registration deadline: 15 August 2002

*Please send registration form and fees to:*

United States, Australia, Asia:

Money Order or cashier's check payable to: **VoVi Friendship Association of Northern California**

Mail to: Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966, USA

Canada:

Money Order or cashier's check payable to: **VoVi Association of Canada**

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