



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Forgiveness

Forgiveness and love come from the bottom of the heart,
Turned within, we aspire to reach purity and awakening through meditation,
The spiritual path shines brilliantly in our consciousness,
Understanding the pure and impure, we release our impurities.

Vi Kien

Baby Tam Talking To You

from 30 March 2002 to 5 June 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How do we form a happy reunion?*
2. *How can we enlighten our mind and see our character?*
3. *What should we do in order to realize love and forgiveness?*
4. *What does it mean to have an obscure mind?*
5. *What should we do in order to show true love?*
6. *What causes uncontrolled sexual desires?*
7. *What generates human love?*



Psalm

*United on both social and spiritual planes, we advance
with joy,
Learning continuously, we feel inner peace,
With an awakened consciousness, we are aware of the
lively human compassion,
Serving others with sincerity, we feel peace and harmony.*

Frankfurt, 30 March 2002, 10:00 AM

Q: *How do we form a happy reunion?*

A: A happy reunion comes from the pure energy granted by heaven and earth.

Psalm

*Seeing clearly our mistakes, we sincerely turn within to
perfect ourselves,
By ourselves, we must judge our path of darkness,
Harming ourselves, we'll never become better,
Maintaining our troublesome character, we'll ignore
spirituality and won't improve ourselves.*

Frankfurt, 31 March 2002, 4:00 AM

Q: *How can we enlighten our mind and see our character?*

A: We must practice a spiritual method to cultivate our serenity. When our mind is enlightened and our heart is wise, we will clearly see our own bad character and bad habits. We will then accept to perfect ourselves spiritually by repenting our mistakes and confessing our sins.

Psalm

*We must have compassion to love and forgive,
Providing humans with infinite guidance, the Lord helps in
a timely manner,
Practicing patience and resignation, we enlighten our
consciousness,
With a serene heart, we silently observe our spiritual
awakening.*

Frankfurt, 1 April 2002, 8:20 AM

Q: *What should we do in order to realize love and forgiveness?*

A: In order to realize love and forgiveness, we must practice extreme patience and resignation.

Psalm

*Lacking wisdom and intelligence, they don't understand
themselves,
Blocking their energy, they cannot comprehend their path
thoroughly,
Holding to passion and delusion, they cannot release their
impurities,
When the true soul is agitated, there is no true
understanding.*

Paris, 2 April 2002, 3:00 AM

Q: *What does it mean to have an obscure mind?*

A: Those with an obscure mind are foolish.

Psalm

*We must be an orderly person before claiming true love,
As our soul evolves incessantly, we awaken our spiritual heart,
Loving and respecting each other, we work constructively
for the common progress,
Serving others with sincerity, our heart feels deep
compassion.*

Paris, 3 April 2002, 3:15 AM

Q: What should we do in order to show true love?

A: In order to show true love, we must be orderly and sincere.

Psalm

*The heart and mind generate thoughts of excessive sexual desires,
No desire will arise when we understand with a serene heart,
Cruelty and harm will follow when the body falls to sexual desires,
Practice with diligence and serenity to regain a peaceful body.*

Paris, 4 April 2002, 3:50 AM

Q: What causes uncontrolled sexual desires?

A: Uncontrolled sexual desires come from our thinking.

Psalm

*The human heart is tied to its family,
With a wise heart and mind, we'll understand the spiritual opportunity,
Our consciousness will rejoice when attaining a spiritual heart,
Following the guidance of the Lord on the spiritual path,
we practice to improve our heart.*

Paris, 5 April 2002, 8:15 AM

Q: What generates human love?

A: Human love comes from the heart.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.