



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Awakening and Knowledge

Through spiritual awakening, we understand the earthly world is like a prison,
Accepting this truth with sincerity, we avoid falling into errors,
From within to outward, we comprehend both social and spiritual life,
Liberating ourselves from the earthly sphere, we develop our wisdom.
Vi Kien

Baby Tam Talking To You

from 20 April 2002 to 26 April 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is the purpose of the center of energy of the universe?*
2. *What does it mean to be resolute?*
3. *What should we do in order to enlighten our mind?*
4. *Where does pure energy come from?*
5. *Why does one feel anger even though one wants to help and guide others compassionately?*
6. *What should we do in order to practice the Vo-Vi meditation method correctly and attain equilibrium?*
7. *How is a person who lacks wisdom?*



Amphion Les Bains, 20 April 2002, 2:25 AM

Q: What is the purpose of the center of energy of the universe?

A: The center of energy of the universe radiates its pure energy on all activities of the planet earth.

Psalm

*On the highest sphere, serenity reigns and energy shines
deeply,
With wisdom, we release the impure and reach the
sublime sphere,
Fire and wind transcend to illustrate the sublime dharma,
Working constructively with each other, we understand
the Truth clearly.*

Amphion Publier, 21 April 2002, 3:30 AM

Q: What does it mean to be resolute?

A: To be resolute means not to repeat one's mistakes.

Psalm

*Resolutely, we devote ourselves to spiritual perfection
without agitation and desires,
With a serene heart and mind, we turn within for self-
knowledge,
Advancing calmly on the spiritual path, we abandon our
sexual desires,
Directing our thoughts toward Buddha, we advance
silently.*

Amphion Publier, 22 April 2002, 10:30 AM

Q: What should we do in order to enlighten our mind?

A: To enlighten our mind, we must release our impure energy by our own efforts.

Psalm

*When enlightening our mind and seeing our character,
we'll seek to return to the origin,
With a clear mind and a wise heart, we'll understand
ourselves harmoniously,
Always thinking about the pure sphere of energy,
We perfect ourselves silently to return to our origin.*

Amphion Publier, 23 April 2002, 4:45 AM

Q: Where does pure energy come from?

A: Pure energy is generated spontaneously and naturally.

Psalm

*How can one understand pure energy that guides the
spiritual adept,
How can one understand the karmic relations that arise
from the heart?
When we return to our true nature through meditation and
awakening, we'll naturally reach the sublime sphere,
Releasing sorrow and worries, we'll live happily and
wonderfully.*

Psalm

*Those who do not listen to the wise orders cannot release their impurities,
Those determined to follow the divine guidance obey the divine law naturally,
We always want to observe love and forgiveness,
Determined to resolve the difficulties, we touch others with a wise and compassionate heart.*

Monaco, 24 April 2002, 9:25 AM
Q: *Why does one feel anger even though one wants to help and guide others compassionately?*

A: One feels anger even though one wants to help and guide others compassionately because one was profited by others too many times.

Psalm

*We must practice to return to our true origin with the righteous dharma,
With a serene heart and mind, we naturally purify ourselves,
Returning to emptiness, purity, and lightness, we advance on the spiritual path,
Releasing our worries and sorrow, we naturally regain our compassion.*

Monaco, 25 April 2002, 6:45 AM
Q: *What should we do in order to practice the Vo-Vi meditation method correctly and attain equilibrium?*

A: In order to practice the Vo-Vi meditation method correctly and attain equilibrium, we must practice with perseverance and diligence.

Psalm

*Lacking wisdom, it's hard to practice and harmonize with others,
Always competing in every matter, they cannot resolve satisfactorily,
It will be difficult to practice, advance and return to the true origin,
Harming oneself, it will be difficult to achieve a better life.*

Monaco, 26 April 2002, 5:35 AM
Q: *How is a person who lacks wisdom?*

A: A person who lacks wisdom can become angry very easily.



Translated by Xuan Mai

Notes:

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

Announcement – Vo-Vi Congress “Weapon Of Love” – Houston, Texas

1. Vo-Vi friends who registered for the Vo-Vi congress do not need to register for the Birthday Celebration. The birthday celebration cost is already included in the conference fees.
2. The deadline for registration and making the first deposit is **15 July 2002** so we know the number of rooms to hold for the Congress. After this date, we cannot guarantee your room reservations.
3. The deadline for paying the final balance (second deposit) is **15 August 2002**. This is also the deadline for registering for the Birthday Celebration only.
4. You will receive the conference guide and registration details by **15 September 2002**.
5. Bus transportation:
 - Bus tickets (roundtrip) from the Hotel to Chinatown (HongKong 4) on Saturday, 2 November 2002: 8 USD per person. (to eat dinner on your own).

- Bus tickets (roundtrip) from the Hotel to Chinatown (HongKong 4) on Sunday, 3 November 2002: 8USD per person (for shopping and lunch on your own).
- Bus tickets (roundtrip) from the Hotel to Hobby Theatre (for the spiritual concert – Thien Ca) on Sunday, 3 November 2002: 10 USD per person.

Deadline for bus registration and tickets: **15 August 2002**

For registration, please contact the organization committee:

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Canada: Phan cao Thang email: aphancao@videotron.ca

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Many thanks for your attention,

The Organization Committee for International Vo-Vi Conventions