



The Life Energy Development Weekly

4 August, 2002

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Published in concurrence with The Viet LED Weekly 370

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Understanding

Understanding that our original root depends on our karmic forces,
We practice with sincerity to awaken ourselves and attain clarity of mind,
Returning to our pure origin, we are no longer agitated,
With a wise mind, we improve ourselves without deviation.

Vi Kien

Baby Tam Talking To You

from 2 June 2002 to 8 June 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is the value of equilibrium?*
2. *Is there any benefit for a spiritual adept to be faithful?*
3. *Is there any benefit when the flow of energy returns to its meditative knowledge?*
4. *What is the righteous dharma?*
5. *What should we do in order to gain wisdom and show the way to people following us?*
6. *Is a wise mind capable of influencing the course of events?*
7. *Is there any benefit in deciding to work constructively?*



Atlantic City, 2 June 2002, 8:45 AM

Q: *What is the value of equilibrium?*

A: Equilibrium is valuable because it allows infinite development.

Psalm

*Equilibrium is valuable and means self-progress,
Releasing passion and intransigence, we regain our
kindness,
Loving and respecting all creatures, we return to inner
peace,
Understanding that there's only suffering in all regions of
the earth.*

Atlantic City, 3 June 2002, 6:25 AM

Q: *Is there any benefit for a spiritual adept to be faithful?*

A: A spiritual adept who is faithful with his own roots will gain great benefits.

Psalm

*There is a great spiritual opportunity to return to our own
roots,
Releasing passion and intransigence, we'll save our
bodies,
Practicing with diligence and serenity, we advance with
our heart,
Returning to serenity, our awakened consciousness feels
at peace.*

Atlantic City, 4 June 2002, 9:40 AM

Q: *Is there any benefit when the flow of energy returns to its meditative knowledge?*

A: Only when the flow of energy returns to its meditative knowledge, we'll have the opportunity to develop our spiritual knowledge continuously.

Psalm

*Developing continuously the source of righteous dharma,
We practice with diligence and sincerity to advance with
devotion,
As our heart communes with the universe,
We awaken our consciousness and transform ourselves
from a low to a higher level.*

Atlantic City, 5 June 2002, 8:45 AM

Q: *What is the righteous dharma?*

A: A righteous dharma means to develop the energy at the cranial psychic center with our own efforts.

Psalm

*Returning to the original meditative knowledge at the
head,
Dissipating our worries and sorrow, we gain deeper
understanding,
We no longer confuse spiritual matters with social issues,
Practicing with a serene heart, we advance without
worrying.*

Atlantic City, 6 June 2002, 9:10 AM

Q: *What should we do in order to gain wisdom and show the way to people following us?*

A: In order to acquire wisdom and show the way to people following us, we must practice with diligence and perseverance on both spiritual and social planes.

Psalm

*Holding to the original principle of divine destiny,
We learn and practice with sincerity in all domains,
The karmic relations expose all kinds of karmic thoughts,
Improving ourselves spiritually, we awaken our
consciousness to harmonize with the divine destiny.*

Atlantic City, 7 June 2002, 9:27 AM

Q: *Is a wise mind capable of influencing the course of events?*

A: Only with wise minds, will humans be able to influence the course of events.

Psalm

*With a wise and clear mind, we'll help our country,
To overcome adversities caused by lack of wisdom,
Humans are responsible for the social thanklessness,
With wisdom, we'll transform the human situation from
worse to better.*

Atlantic City, 8 June 2002, 8:40 AM

Q: *Is there any benefit in deciding to work constructively?*

A: To work constructively with a wise mind is very beneficial for the great common cause.

Psalm

*With determination, we work constructively to advance
together,
Not causing obstacles, we neither cause worries,
Facing each other, we improve ourselves with an
enlightened mind,
Practicing thoroughly, we have the good opportunity to
release our worries.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.