



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

True Dharma

Following the true dharma, we return to our origin and advance faithfully,
With a sincere heart, we practice diligently to develop our energy,
Returning to our pure nature, we enjoy divine guidance on both social and
spiritual planes,
With an awakened consciousness, we calmly release our impurities.
Vi Kien

Baby Tam Talking To You

from 16 June 2002 to 22 June 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is Truth?*
2. *Where does our true nature reside?*
3. *What causes wars?*
4. *How can we prove that the person is a criminal?*
5. *What should we do in order to achieve peace?*
6. *What should we do to surmount adversities?*
7. *How should we express love in order to love and respect all creatures?*



Psalm

*Truth is solid and free of change and agitation,
The universe follows its law constantly,
Guided infinitely by the Lord, we cultivate our serenity,
Feeling unending transformations from the inside to the
outside.*

Atlantic City, 16 June 2002, 7:15 AM
Q: *What is Truth?*

A: Truth is immutable.

Psalm

*Focusing energy from our body, we form the cranial
psychic center,
Judging clearly the sphere of forms and colors, we
practice with our own efforts,
Awakened, our consciousness is free of disturbances,
Practicing with diligence and a serene heart, we'll help our
body.*

Atlantic City, 17 June 2002, 5:45 AM
Q: *Where does our true nature reside?*

A: Our true nature resides at the cranial psychic center
where we focus the energy from our body.

Psalm

*Wars cause suffering and constant agitation,
Destroying all spheres, they propagate everywhere,
Instead of advancing, humans regress into agitation,
Fighting in a senseless manner, they never know
tranquility.*

Atlantic City, 18 June 2002, 8:15 AM
Q: *What causes wars?*

A: Wars are caused by the greedy hearts of humans.

Psalm

*Unrighteous actions only harm oneself,
Lacking peace, one cannot advance nor gain spiritual
understanding,
As agitation spreads, it is hard to progress spiritually,
Without peace, it is difficult to practice in all regions.*

Atlantic City, 19 June 2002, 8:25 AM
Q: *How can we prove that the person is a criminal?*

A: Proof is based on the greediness and lust of the
person and the law of karmic retribution.

Psalm

*We must awaken our consciousness to understand peace
and truly achieve tranquility,
Releasing our impure energies, we return to our kind
nature,
Practicing on both social and spiritual planes, we do not
fall into agitation,
Judging clearly social and spiritual matters, we achieve
tranquility.*

Atlantic City, 20 June 2002, 9:35 AM
Q: *What should we do in order to achieve peace?*

A: In order to achieve peace, we must turn within to
correct our mistakes and perfect our mind and
character. We must understand thoroughly the original
principle of Heaven and Earth. Only then will we be able
to realize peace on earth.

<p>Atlantic City, 21 June 2002, 9:50 AM Q: <i>What should we do to surmount adversities?</i></p> <p>A: To surmount adversities, we must know how to purify ourselves, from our body to the energy of our inner consciousness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With joy, we evolve spiritually from the soul to the body, Developing our spiritual mind, we feel peace and harmony, Serving with sincerity people close and afar, Awakening our consciousness, we return to our origin and restore harmony.</i></p>
<p>Atlantic City, 22 June 2002, 8:45 AM Q: <i>How should we express love in order to love and respect all creatures?</i></p> <p>A: In order to love and respect all creatures, we must develop our compassionate heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing compassion, we practice love and respect, Judging wisely social and spiritual matters, we see our path clearly, With a clear mind and heart, we truly understand love and respect, Serving others with sincerity, we give a fine example.</i></p>



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.