



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Joy and Peace

Developing ourselves, we clarify our mind and advance faithfully,
With a joyful heart, we gather our energy to purify our soul and astral body,
Let's advance undisturbed on the clear path,
Developing our true spiritual heart, we guard ourselves from mistakes.

Vi Kien

Baby Tam Talking To You

from 23 June 2002 to 29 June 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How can a loyal person help?*
2. *What is the future of mankind?*
3. *What should we do in order to make spiritual progress?*
4. *Is there any benefit in practicing with determination to advance spiritually?*
5. *What should we do in order to resolve our passions and blindness?*
6. *What should happen in order to awaken our consciousness?*
7. *What should we do in order to develop our spiritual heart and mind?*



Atlantic City, 23 June 2002, 8:00 AM

Q: How can a loyal person help?

A: A loyal person will greatly help the service of the public.

Psalm

*Loyalty helps us to practice truthfully and advance spiritually,
Releasing our sorrow and worries, we awaken our consciousness and return to benevolence,
Thanks to the constant divine guidance, we improve ourselves continuously,
Loving and respecting mankind, we return to benevolence naturally.*

Atlantic City, 24 June 2002, 7:30 AM

Q: What is the future of mankind?

A: In the future, mankind must experience adverse circumstances and sufferings in order to enter the border of the land of Buddha and His teachings.

Psalm

*In the future, we must learn suffering to evolve with our soul and body,
Releasing the impure, we gain wisdom and advance slowly,
The divine law is displayed everywhere in the universe,
Developing a true consciousness, we practice with sincerity.*

Atlantic City, 25 June 2002, 8:30 AM

Q: What should we do in order to make spiritual progress?

A: In order to make spiritual progress, we must practice with determination.

Psalm

*To advance spiritually, we practice with efforts and determination,
Practicing with diligence, we transform our mind and body,
Determined to practice truthfully, we perfect ourselves and advance with our own efforts,
Abandoning profane emotions, we no longer harbor rivalries.*

Atlantic City, 26 June 2002, 8:10 AM

Q: Is there any benefit in practicing with determination to advance spiritually?

A: Those who practice with determination to advance spiritually will greatly help the service of the public.

Psalm

*With determination, we advance spiritually and release our impurities,
Judging social and spiritual matters clearly, we no longer hold to passion and intransigence,
Serving others with sincerity, we advance harmoniously,
Resolving our passions and blindness, we surmount all difficulties.*

Psalm

*Abandoning our profane heart, we resolve our ignorance,
Practicing with diligence and sincerity, we cut all blindness
and passions,
Returning to serenity and spiritual energy, we advance
with sincerity,
Practicing the dharma with our own efforts, we are no
longer agitated and foolish.*

Atlantic City, 27 June 2002, 8:30 AM

*Q: What should we do in order to resolve our passions
and blindness?*

*A: In order to resolve our passions and blindness, we
must be determined to practice and advance spiritually.*

Psalm

*After the reactions, we accept to awaken our
consciousness,
Returning to the sphere of purity, we avoid new mistakes,
Turned toward pureness, we dissipate our impure energy
to return to the pure origin,
How wonderful it is to experience true divine love!*

Atlantic City, 28 June 2002, 7:15 AM

*Q: What should happen in order to awaken our
consciousness?*

*A: In order to awaken our consciousness, we must
encounter actions and reactions.*

Psalm

*Practicing patience and resignation with sincerity, our
heart is void of worries,
With the infinite guidance of the Lord and the Buddha,
we'll live peacefully,
Attaining self-awakening as our consciousness awakens,
We practice patience and humility with a serene heart to
regain inner peace.*

Montreal, 29 June 2002, 9:30 AM

*Q: What should we do in order to develop our spiritual
heart and mind?*

*A: In order to develop our spiritual heart and mind, we
must practice extreme patience and resignation with a
sincere heart. We'll then advance spiritually within
patience and harmony.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.