



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Mystical Union (Samadhi)

Entering the state of mystical union, we transcend ourselves and purify
ourselves to evolve further,

With a serene heart, we reach the state of samadhi and feel kinder,
With a clear and wise mind, we'll encounter good spiritual opportunities,
Thanks to the divine infinite guidance, we'll return to our origin and regain our
tranquility.

Vi Kien

Baby Tam Talking To You

from 21 July 2002 to 27 July 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What does it mean when the "four great elements return to emptiness"?*
2. *How does the consciousness return to the sphere of energy?*
3. *When our consciousness of harmony develops, do we have the opportunity to unify ourselves with the sphere of energy?*
4. *Is it true that the consciousness of harmony can resolve any difficulty?*
5. *What should we do when old memories reappear in our mind?*
6. *Is there any benefit in progressing spiritually by ourselves?*
7. *What is the Great Common Cause?*



<p>Montreal, 21 July 2002, 10:05 AM <i>Q: What does it mean when the “four great elements return to emptiness”?</i></p> <p>A: “The four great elements return to emptiness” mean that all four elements: Water, fire, wind, and earth return to emptiness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With the four elements returning to emptiness, we'll advance through our own efforts, Our soul descends on earth from the sphere of emptiness, Eventually we must return empty-handed, When we develop ourselves to return to emptiness, we'll understand our soul.</i></p>
<p>Montreal, 22 July 2002, 7:55 AM <i>Q: How does the consciousness return to the sphere of energy?</i></p> <p>A: Our consciousness returns to the sphere of energy by harmonizing with the center of energy of the universe. We'll then develop ourselves toward infinity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With an infinite union, we advance on our own, Releasing our sorrow and worries, we vow to contribute our share, With a constructive spirit, we practice with diligence and an awakened consciousness, With a serene mind and body, we'll advance to higher spheres.</i></p>
<p>Montreal, 23 July 2002, 2:15 AM <i>Q: When our consciousness of harmony develops, do we have the opportunity to unify ourselves with the sphere of energy?</i></p> <p>A: When our consciousness of harmony opens, we'll have the opportunity to unify ourselves with the sphere of energy and to advance infinitely.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The sphere of energy helps our purification, so we all advance together, Developing our wisdom, we'll become more generous, Advancing with confidence on the spiritual path, our determination never ends, With clarity, we judge social and spiritual matters in all domains.</i></p>
<p>Toronto, 24 July 2002, 10:10 AM <i>Q: Is it true that the consciousness of harmony can resolve any difficulty?</i></p> <p>A: The consciousness of harmony will resolve any unsolvable matter.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>When the soul awakens, everything rejoices, Releasing our sorrow and worries, we clearly appreciate the righteous dharma, Void of agitation, our mind does not harbor wicked thoughts, Serving others with sincerity, we gain inner joy.</i></p>
<p>Toronto, 25 July 2002, 3:48 AM <i>Q: What should we do when old memories reappear in our mind?</i></p> <p>A: When old memories reappear in our mind, we must clear them ourselves.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Old memories will return unexpectedly, Even though very lively, they neither make us sad nor disapproving, With an awakened consciousness, we realize our foolishness, Whether new or old, memories always remain if we keep them in our mind.</i></p>

Psalm

*The consciousness of harmony promotes the great common cause,
The proof of this development can be seen everywhere,
With determination, we practice without falling into agitation,
As we improve ourselves spiritually and advance together,
we also give the proof.*

Montreal, 26 July 2002, 8:00 AM

Q: Is there any benefit in progressing spiritually by ourselves?

A: When progressing spiritually by ourselves, we also need to adhere to the Great Common Cause.

Psalm

*The great common cause means to truly advance together,
Practicing and progressing together, we evolve infinitely,
On the social plane, we enjoy life by knowing all the paths,
Learning incessantly, we advance with greater certainty.*

Montreal, 27 July 2002, 9:25 AM

Q: What is the Great Common Cause?

A: The great common cause means that all beings have relationships with each other.



Translated by Xuan Mai

Notes:

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*