



The Life Energy Development Weekly

17 November, 2002

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Published in concurrence with The Viet LED Weekly 384

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Great Harmony

With great harmony and spiritual progress, we see our limitations,
Those who are agitated cannot have a clear mind and attain harmony,
Disturbed by agitated theories, one does not know oneself,
Practicing with serenity and diligence, we see our profane heart clearly.

Vi Kien

Baby Tam Talking To You

from 8 September 2002 to 14 September 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why is the greediness of humans unlimited?*
2. *Why do people always distrust each other?*
3. *What causes people to become violent?*
4. *What causes people's greediness?*
5. *Is there any harm when one lacks determination?*
6. *Why does the human body often become ill?*
7. *What happens when meditation practitioners betray their spiritual belief?*



Atlantic City, 8 September 2002, 3:32 AM
Q: *Why is the greediness of humans unlimited?*

A: The greediness of humans is unlimited because people are obligated to act in this manner with the existing circumstances.

Psalm

*Pulled into the turbulence of the general circumstances,
people transform themselves,
Our heart is not righteous because of our habit of lust and
greediness,
Immorality and agitation cause impurities,
We are unable to develop our wisdom because of
agitation.*

Atlantic City, 9 September 2002, 8:40 AM
Q: *Why do people always distrust each other?*

A: People always distrust each other because they are unable to eliminate their greedy heart.

Psalm

*Greediness causes sins and sufferings to oneself,
Those who are eager to plot against others cannot attain
wisdom,
Releasing our sorrow and worries, we turn our mind
toward the heavenly land,
Practicing the righteous dharma, we enlighten our mind
with our own efforts.*

Atlantic City, 10 September 2002, 7:30 AM
Q: *What causes people to become violent?*

A: People become violent because of their lack of wisdom.

Psalm

*Violence and agitation come from a lack of spiritual
consciousness,
With hardship and suffering in their heart, they are unable
to practice,
Their obscure mind sows cruel thoughts,
Without the spirit of harmony, their mind cannot be
purified.*

Atlantic City, 11 September, 5:00 AM
Q: *What causes people's greediness?*

A: People's greediness comes from their habit of lust and greedy desires.

Psalm

*The first sin is lust and greediness and brings most
agitation,
Destroying themselves because of their lustful behavior,
they lament in silence,
Hiding and making plans to harm others, they cannot
advance,
With an unrighteous heart, they remain disoriented.*

Atlantic City, 12 September 2002, 5:10 AM
Q: *Is there any harm when one lacks determination?*

A: When one lacks determination, one will greatly harm one's mind and body.

Psalm

*With an irresolute heart, one will listen and follow anyone,
Forgetting our soul and astral body, we will only build
suffering,
Turning outwards, we live in an illusory state without
confidence,
Lacking pure energy, we will suffer and cannot develop
ourselves.*

Psalm

*An irregular life rhythm leads to incurable diseases,
Living within suffering and disease, we truly kill ourselves,
When the body changes, it will be hard to practice and
advance,
Unable to save ourselves in time, we will have to accept
the suffering.*

Atlantic City, 13 September 2002, 8:40 AM

Q: Why does the human body often become ill?

A: The human body often becomes ill because the person lacks clarity of mind, and has an irregular diet.

Psalm

*Betraying their spiritual belief, they abandon the spiritual
practice and cause more suffering to themselves,
Their spiritual consciousness will experience greater
sufferings,
Without a clear mind, they cannot progress and
understand the spiritual path,
Harming their
mind and body, they only cause sorrow to themselves.*

Atlantic City, 14 September 2002, 5:00 AM

Q: What happens when meditation practitioners betray their spiritual belief?

A: When meditation practitioners betray their spiritual belief, they will encounter hardship such as incurable diseases without a way to escape.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.