



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Serving Others

With compassion, we practice together to advance and enlighten our spiritual heart,  
With a wise heart and a clear mind, we transform ourselves from low to high,  
Determined to save ourselves, we'll guide all spheres,  
Learning with a serene heart, both our soul and astral body enter the sphere of energy.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 24 November 2002 to 30 November 2002*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Why do we become agitated and commit errors?*
2. *Is there any benefit in turning our heart toward spirituality in an orderly manner?*
3. *Is it necessary to dedicate ourselves into serving and guiding others infinitely?*
4. *How can we attain spiritual determination?*
5. *Does a meditation practitioner need to encounter conflicts?*
6. *What are the benefits of practicing loyalty and honesty?*
7. *What matter is the principal one?*



**Psalm**

*Lacking serenity, we commit errors,  
Following the habit of harboring evil thoughts,  
Now we develop ourselves spiritually and avoid causing  
agitation,  
Improving ourselves and evolving infinitely, we constantly  
turn our mind to purity.*

**Atlantic City, 24 November 2002, 1:55 AM**

*Q: Why do we become agitated and commit errors?*

A: We become agitated and commit errors because we lack serenity.

**Psalm**

*Everywhere, we clearly see the effect and cause,  
The Lord bestows His Blessings everywhere,  
In this temporary world, profound subtleties guide our  
steps,  
Practicing meditation, we always hold to serenity.*

**Atlantic City, 25 November 2002, 6:30 AM**

*Q: Is there any benefit in turning our heart toward spirituality in an orderly manner?*

A: The basis of the universe is order, going from the impure to the pure.

**Psalm**

*It is essential to return to our pure nature to guide others  
infinitely,  
Transforming our path, we dissipate our inner worries,  
Contributing our share and practicing the righteous  
dharma,  
We improve and purify ourselves to overcome obstacles  
on our own.*

**Atlantic City, 26 November 2002, 6:10 AM**

*Q: Is it necessary to dedicate ourselves into serving and guiding others infinitely?*

A: It is very necessary to dedicate ourselves into serving and guiding others infinitely at this period of time.

**Psalm**

*With a sincere heart, we are determined to practice with  
honesty,  
Releasing sadness and worries, we free ourselves from  
our blindness,  
Void of blinded passions, we work constructively,  
With a serene heart, we achieve quietude and inner  
harmony.*

**Atlantic City, 27 November 2002, 7:15 AM**

*Q: How can we attain spiritual determination?*

A: We must practice in order to attain spiritual determination.

**Psalm**

*A meditation practitioner needs actions and reactions to find wisdom,  
Participating everywhere, he evolves and develops himself everywhere,  
With the unending Divine Grace, we utilize God's means to transform ourselves,  
Practicing the righteous dharma, our destiny is in the Lord's hands.*

**Atlantic City, 28 November 2002, 1:15 AM**  
Q: Does a meditation practitioner need to encounter conflicts?  
  
A: A meditation practitioner has a great need of facing conflicts in order to awaken his consciousness sooner.

**Psalm**

*The sphere of energy is just and clear, and transformations come from Heaven,  
Impure or pure energy comes from the heart, and the spiritual path keeps evolving,  
With austerity and spiritual virtue, we surmount obstacles serenely,  
The earthly world is temporary, and we turn within for self-analysis and harmony.*

**Toronto, 29 November 2002, 1:20 AM**  
Q: What are the benefits of practicing loyalty and honesty?  
  
A: Practicing loyalty and honesty is both beneficial.

**Psalm**

*Serene matters are principal matters,  
Practice to achieve equilibrium and understand both sides thoroughly,  
Advancing continuously, we keep purifying and awakening ourselves,  
Everywhere we go, we understand thoroughly.*

**Toronto, 30 November 2002, 6:15 AM**  
Q: What matter is the principal one?  
  
A: Serene matters are truly principal ones.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.  
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

***Announcement of the Vo-Vi Festival 2003:  
Vo-Vi Convention "Universal Harmony and Spiritual Progress"***

*Universal Harmony and Spiritual Progress*

*With universal harmony and spiritual progress, we diminish our sorrow,  
Practicing with diligence and sincerity, we naturally regain calmness,  
With dedication, we develop ourselves to create peace,  
As the universe returns to unity, we turn within for inner wisdom.  
(excerpt from the Poem – Universal Harmony and Spiritual Progress)*

*Respectfully,  
Vi-Kien  
22 November 2002*

Dear Vo-Vi friends,

Every year, we have the unique opportunity to meet our dear Master, to live together under the same roof with the Great Vo-Vi Family, to learn together, and to talk and meet each other after a long year of separation, where each of us has to struggle daily with stress and the challenges of modern life.

Though our Master's age is in the eighties, he never hesitates to come to the joyful reunion. He always reminds us of the spiritual path with his wise words, and always spreads his pure energy so that we can meditate in purity and lightness.

After the Vo-Vi Convention "Weapon of Love" in Houston, Texas, in 2002, we have said each other good-bye with fond memories of the pure and light moments shared together within deep spiritual love and affection.

Happily, in spite of the world chaotic events, we still have the good opportunity to meet each other every year. In particular, for the year 2003, our theme will be "Universal Harmony and Spiritual Progress", and our reunion will take place in the San Francisco Bay Area of Northern California. This is our 22<sup>nd</sup> Convention, organized for the first time in the city of Burlingame, at the Marriott San Francisco Airport, looking out at the bay with a pure and light breeze. Our Master has visited this location while visiting San Jose at the end of December 2002, and he is very happy with the site selection.

San Francisco is well-known as one of the beautiful and romantic cities of the United States with the Golden Gate bridge immersed in fog or shining brilliantly under sunset, the hills of San Francisco looking out at the ocean, the various parts of the city with the French, Chinese, Vietnamese, Japanese, Italian influences, and numerous other nationalities. You can devote a whole day to sightseeing in San Francisco and discover this multi-facet city.

For your convenience, the Organization Committee has negotiated a reasonable package and the registration fees can be paid in two installments (Please see the registration form for more details).

We hope to see all of you again in San Francisco in an atmosphere of love and pure energy,

Respectfully yours,

The Organization Committee for International Vo-Vi Conventions

### Meaning of the Vo-Vi Convention "Universal Harmony and Spiritual Progress" through the words of our Master

Everyone who hears about this convention has the aspiration to perfect himself spiritually to have the opportunity to return to Heaven. The Organization Committee also shares your wish to serve others with a sincere heart for the benefit of all. Our Master has expressed the desire for everyone to progress spiritually. Therefore, he has chosen the theme "Universal Harmony and Spiritual Progress". On this occasion, we hope that you will all participate and cooperate with us to serve the great common cause with a sincere heart.

We sincerely thank you for your contribution and constructive participation for a joyful reunion,

Respectfully yours,

The Organization Committee for International Vo-Vi Conventions

## Registration Form

### Congress “Universal Harmony and Spiritual Progress” and Birthday Celebration for Master Tam

At the Marriott San Francisco Airport, Burlingame, California

27 October 2003 – 3 November 2003

(please fill out a form for each person incl. children)

Full Name: \_\_\_\_\_

Street Address : \_\_\_\_\_

City/ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Country: \_\_\_\_\_

Affiliated with Vo-Vi association: \_\_\_\_\_ Nationality: \_\_\_\_\_

Male [ ] Female [ ] Age: \_\_\_\_\_ Telephone: \_\_\_\_\_ E-mail/Fax: \_\_\_\_\_

### Registration for Vo-Vi Convention :

ROOM		Pay before 1 May 2003	Pay before 2 Sept 2003	Convention Fees Each person	TOTAL
<b>Quadruple</b>	Adult	200 USD	375 USD	575 USD	
	Child under 12	200 USD	250 USD	450 USD	
<b>Triple</b>	Adult	200 USD	440 USD	640 USD	
	Child under 12	200 USD	320 USD	520 USD	
<b>Double</b>	Adult only	200 USD	550 USD	750 USD	
<b>Single</b>	Adult only	400 USD	690 USD	1090 USD	

### Stay before and after the Convention: Marriott San Francisco Airport Hotel

(same price for adult and child)

	1 night per person	Night 25 Oct 03	Night 26 Oct 03	Night 3 Nov 03	Night 4 Nov 03	TOTAL
<b>Quadruple</b>	24 USD					
<b>Triple</b>	33 USD					
<b>Double</b>	48 USD					
<b>Single</b>	96 USD					

<b>San Francisco Sightseeing Tour : 20 USD</b>	
<b>Roundtrip Bus transport to Thien-Ca Concert Hall: 15 USD</b>	
<b>TOTAL Fees</b>	
<b>Paid before 1 May 2003</b>	
<b>Paid before 2 September 2003</b>	
<b>Paid balance in full</b>	

*Request to share room with:*

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

## **1. Registration for Vo-Vi Convention**

Check-in Monday, 27 October 2003, after 3PM – Check-out Monday, 3 November 2003, before noon.

**Registration Fees:** For your convenience, we have a payment plan with 2 deposits. However, registration is only valid once all fees have been paid in full.

*Convention Registration fees include 7 hotel nights and 6 breakfasts, 3 lunch and dinner during the 3-day VoVi-Convention and the Birthday dinner and celebration party (Fees do not include the Spiritual Concert ticket (Thien-ca), transportation to the Thien-Ca concert hall, lunch and dinner are on your own on Friday 31 October, Saturday 1 November, and lunch on your own on Sunday 2 November)*

*Please specify your room selection:*

*King Room: 1 King Size bed (for single or double occupancy)*

*Double Room: 2 full-size beds (for double, triple, or quadruple occupancy).*

**Children under 12: at most 2 children per room – accompanied by their parents**

### **Registration Deadline**

- **Registration and payment of 1<sup>st</sup> deposit : before 1 May 2003**
- **Payment of 2<sup>nd</sup> deposit : before 2 September 2003**

*Fees cannot be refunded in case of cancellation.*

**Note :** For the extra nights before and after the convention : Room nights pricing include hotel taxes (no breakfast).

## **2. San Francisco Sightseeing Tour**

San Francisco Sightseeing Tour on Friday 31 October 2003. The bus will depart from the Hotel at 9AM and return to the Hotel at 4PM. Stop at Golden Gate Bridge, Chinatown, lunch on your own, shopping, etc.

Price: 20USD per person (same price for adult and child)

## **3. Bus transportation to Thien-Ca Concert Hall on Saturday 1 November 2003**

Depart from the Marriott Hotel to the Flint Center of Performing Arts, San Jose, and return to Hotel after the end of the concert.

Price: 15 USD per person (same price for adult and child)

**IMPORTANT NOTES :** Please follow the guidelines for order and discipline during the Vo-Vi convention. No distribution or sale of any goods allowed without prior approval by the Organization Committee.

**All fees are payable in US DOLLARS by**

International Money Order [ ] Postal money order [ ] or Cashier's check

*Please send registration and fees to the following address:*

### **USA, Australia and Asia:**

Money order or cashier's check payable to: **VoVi Friendship Association of Northern California**

Please send to: Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966, USA  
Tel: (530) 589-6972 Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)

### **Canada:**

Money Order or cashier's check payable to: **VoVi Association of Canada**

Please send to: Phan Cao Thang

7021 Louis Hebert Apt 1C,  
Ville Lasalle, Quebec H8N 3E9, Canada  
Tel: (514) 367-3961 Email: [aphancao@videotron.ca](mailto:aphancao@videotron.ca)

**Europe:**

Please send registration fees to:

Dominique Santelli  
Centre Quy Thuc  
220 Le Senaillet, 74500 Publier, France  
Tel: (0)(4) 50 70 83 55 Email: [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)

**Transportation :**

Please choose San Francisco International Airport (SFO) as the destination for airline travel.

Pick-up service by the transportation team will occur on 26 and 27 October 2003. For other days, please use the hotel free airport shuttle. More information forthcoming.