



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Pureness and Quietude

With an awakened consciousness we purify ourselves and advance
spiritually,
Understanding Heaven and Earth, we have the opportunity to practice and
progress,
Learning with a serene heart, our mind is quiet and peaceful,
Through spiritual self-awakening, we know no worries.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 8 December 2002 to 14 December 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in practicing the Vo-Vi method continuously?*
2. *How can we abandon our profane heart?*
3. *What does a "profane heart" mean?*
4. *Do hardship and suffering help us to progress?*
5. *Do actions and reactions bring any benefit?*
6. *Do harmony and tolerance bring any benefit?*
7. *Does spiritual awakening bring any benefit?*



Atlantic City, 8 December 2002, 9:37 AM

Q: *Is there any benefit in practicing the Vo-Vi method continuously?*

A: To practice the Vo-Vi method continuously is very beneficial at the beginning stage. One will be able to forget all the agitated matters of earthly life.

Psalm

*With a clear judgment, we develop our wisdom and intelligence,
Abandoning our profane heart, we avoid anger and frustration,
Developing our own nature, we advance spiritually,
Opening our compassionate heart, we can attain wisdom easily.*

Atlantic City, 9 December 2002, 8:00 AM

Q: *How can we abandon our profane heart?*

A: In order to abandon our profane heart, we must use determination.

Psalm

*Practicing with determination, we resolve our own difficulties,
The rule for advancement lies in thorough understanding of both social and spiritual matters,
Determined to improve ourselves, we practice and overcome obstacles on our own,
Reborn in this life, we aim at saving ourselves and reaching quietude.*

Atlantic City, 10 December 2002, 9:45 AM

Q: *What does a "profane heart" mean?*

A: A profane heart means that we accumulate in our heart the rivalries on this earth.

Psalm

*Because of bad habits, we cause our own suffering and sorrow,
Releasing our impure energy, we return to our origin,
With a quiet mind and body, we see the Dharma's subtleties,
With constant efforts, we return to purity, the path of enlightenment and serenity.*

Atlantic City, 11 December 2002, 10:15 AM

Q: *Do hardship and suffering help us to progress?*

A: Hardship and suffering will help us to progress.

Psalm

*Actions and reactions help us to advance spiritually,
To improve ourselves, we need to be perseverant and diligent,
Everywhere, there is a path for common progress,
We vow to contribute our share in a solid spiritual improvement.*

Psalm

*After analyzing the matter and achieving serenity, the soul
will advance,
Releasing sorrow and worries, we deeply understand
spiritual wisdom,
Depending on the level of awakening, we undergo deep
transformations,
Developing our wisdom, we turn within for self-analysis
and knowledge.*

Atlantic City, 12 December 2002, 1:05 AM

Q: Do actions and reactions bring any benefit?

A: Actions and reactions guide the soul toward further advancement.

Psalm

*Harmony and tolerance bring great common benefits,
Problems will be resolved everywhere, and all regions will
progress,
With infinite awakening, we no longer lose the occasion
To develop our compassion and spiritual virtue to
engender generosity and forgiveness.*

Atlantic City, 13 December 2002, 2:20 AM

Q: Do harmony and tolerance bring any benefit?

A: Harmony and tolerance are very beneficial in order to restore peace.

Psalm

*Through spiritual awakening, we dissolve numerous
sorrows,
Dissipating the putrid air, we remain void of agitation,
Breathing freely and transforming ourselves through pure
energy, we feel peace and harmony,
Developing our wisdom, we attain full perfection.*

Atlantic City, 14 December 2002, 9:30 AM

Q: Does spiritual awakening bring any benefit?

A: Spiritual awakening brings great common benefits.



Notes:

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.*

Letter from the Editor

Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don’t know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION
20 Ching Dao Rd, Section 4
Tai Chung, Taiwan R.O.C.

Notes:

The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.

CHAPTER EIGHT

FARMER WITH A CRAFTY MIND HARMS OTHERS, THIN PROFIT AND HARVESTING MISFORTUNE, HONEST SCHOLAR WITH A GOOD HEART HELPS OTHERS, FULL MERIT AND AWARDED BLESSINGS

Live Buddha Te Cong

Descends the 6th day of the 11th month, year of the Rooster (1981)

POEM

*Keep sincere determination warm, lasting, and firm,
A good and faithful heart amasses the medicine of Angels,
Treat life lightly in accordance with the doctrines of Saints
And, enjoy happiness later as one ascends to Heaven.*

Te Buddha: Tonight, the wind is intensely cold and, yet, the disciples still come to the Temple of the Sages to perform good deeds, undeterred by the blowing wind. Their good and faithful heart contradicts the deserted and dreary spectacle outside. For the sake of the Dharma, they have truly forgotten their physical well-being. Standing inside the house, I mistakenly thought it is presently a summer night, but in reality, it is winter.

Thai Sinh: Master, you are right. It is truly very cold today, but the members still come to the Temple of the Sages to perform wholesome deeds, unafraid of the currently unpredictable weather. The spirit of sacrifice is extremely high.

Te Buddha: Ha...Ha... Their fervor is capable of warming cold thoughts and, therefore, they are indifferent to the frost. If, on the other hand, they lack enthusiasm, then they would lie shivering at home.

Thai Sinh: Dear Master, if a person is already at home, then why would he still be shivering?

Te Buddha: If one lacks enthusiasm, then the heart is like cold water. When combined with the icy cold weather outside, the person will surely return home at once. The notion of defeat had already been implanted in his head, not because of a sudden sensation. There is a proverb: "The pine trees must experience the coldness of winter to see clearly if they will wither."

Thai Sinh: That is true. The congregation already has the strong persevering will power of the pine trees and, therefore, is not frightened by the cold. Not wishing to be a beautiful flower because flowers will quickly wither.

Te Buddha: Ha...ha... The evergreen remains young forever while the flower quickly withers. There is fervor inside the house while the weather outside is biting cold. We must leave tonight because of the writing of the holy book. But first, I will give you a pill, "the great moderating tablet," to drink for warmth.

Thai Sinh: Thank you, Master, for granting me this favor. I ask permission to drink... It is precisely as its name claims. At the present, my soul feels unusually warm, and I do not feel the cold frost anymore.

Te Buddha: Good. It is time to be off. Thai Sinh, quickly ascend the lotus throne.

Thai Sinh: I am on the lotus throne. Respectfully invite Master to commence...

Te Buddha: We have arrived. Good student, open your eyes.

Thai Sinh: Returning to a country village, far from the noisy lively metropolis. It is peaceful and quiet here. People's hearts are naturally compassionate. The winter night, although cold, is extremely clear. Each neighborhood is quiet and deserted. The leaves are flying. The streets are empty because everyone is inside the house watching television.

Te Buddha: Rural areas regard agriculture as the main occupation. People's hearts are naturally compassionate. Aside from the television, there is no demand for any other materialistic machinery. One goes to work when the sun rises. He goes to sleep when the sun sets. Still maintaining the habit of "early to bed, early to rise."

Thai Sinh: I used to live in the countryside. Returning here tonight, I vaguely feel as if I am returning to my old village. I recall my childhood living happily in the midst of the crop fields and gardens.

Te Buddha: Ha...ha... The proverb of High Angel Chung-Li: "The yellow millet is not yet done cooking and one's dream had already taken him to the land of Hoa Tu," had awakened La Tien To from his dream. After passing through fifty-five years of vicissitudes and illusions, he had overcome all life's glory and shame to attain full enlightenment. Truly understanding the impermanence of this earthly world, he had revered High Angel Chung-Li as his master. Today, you are truly "Seeing the scenery (that) suddenly makes one anxious and frightened as if he had just come back from the dead".

Thai Sinh: Master, your words have touched me deeply. Life's affairs are unreal. Life itself is like a dream. One suddenly awakens to find that all that in front of his eyes is emptiness. However, no one, from the very old to the very young, can see this.

Te Buddha: Very good. Good student, you have found your true nature.

Thai Sinh: If one is not contented and had not achieved quietude, he would not be able to meet you.

Te Buddha: Ha... Ha... I will not take a disciple...very good. We must put forth our utmost effort in attending to our task. The room ahead is still lighted. The people have not slept yet. We will pay them a visit.

Thai Sinh: I see two people sitting in the living room engrossed in a drama on television. The older man sitting on the sofa looks as if he had committed a sin because his spirit is surrounded by negative energy. The same goes for the young man sitting on the left who appears to be his son. I wonder why?

Te Buddha: It is exactly as Trinity Deities have recorded. This farmer has many crop fields but is very dishonest and often speculates to achieve profit. Each time the price of vegetables increases, he uses manure and fertilizer to speed up its growth, so that he can cut and sell it. He only looks out for his own profit and does not care about the danger or the damaging effect it may have on other people's health. Therefore, the god of the soil, the genie of the hearth, and the genie of commune have rendered a judgment on him.

Thai Sinh: So at the present, he had committed an inhumane act. He only knows how to deceive others to get money, thereby, harming many people by selling vegetables that still retain toxic chemicals. It is not unusual, then, that so many people have contracted many strange diseases as a result of chemicals. Therefore, women in households must wash fruits and vegetables very carefully to protect their families' health.

Te Buddha: This farmer had encountered karmic retribution. Last year, after drinking whisky with friends, he became drunk. While driving home, his motorcycle went off the road hitting a large tree. He was in a coma in the hospital for more than a month. Currently, although he appears to be well externally, his six viscera and five organs have been destroyed. His son does not care to study in order to advance himself and only wants to lead an idle and leisurely life causing the farmer much grief and sorrow.

Thai Sinh: He is not too far advanced in years but, yet, had experienced much suffering. *(Thai Sinh shakes his head and laments...)*

Te Buddha: There is a proverb, "If in youth, one does not do his best, then more sorrows will come in his old age". Today's pleasure is tomorrow's grief. Heaven's Divine Doctrines light the way. The Law of Cause and Effect and the Law of Retribution and Sanctions are executed in a very precise manner. This is done in hope of encouraging mankind to mend their ways and return to the virtuous path, thus, sincerely repenting for past misdeeds and creating a new life. *(Te Buddha sees an honest farmer outside, and says: Let us go and examine.)*

Thai Sinh: Oh, good... I see clearly that this family is completely different than the previous one. The house is filled with positive energy. On the walls are hung awards and commendations from the province chief and the village chief.

Te Buddha: According to the Trinity Deities' record, this farmer is an honest man in the village. He never argues with others. This gentleman always diligently does good deeds and avoids evil. In addition, he had successfully completed embanking the road on the mountainside prior to it being covered with asphalt and the trees being planted on each side. Ordinarily, cars and people can use it. However, when it rains, the mud makes movement very difficult. This farmer does not mind the hardship of carrying rocks and earth to fill potholes and other places that have crumbled to help people and traffic move back and forth easily.

Thai Sinh: This farmer only thinks of cultivating and not of harvesting, thereby, acquiring the admiration of many people.

Te Buddha: At the present, his son and daughter both go to college and will have good employment with high positions. The children's achievements are directly related to the good merits left behind by their father.

Thai Sinh: Performing good deeds will accumulate favorable blessings. That is the exact truth.

Te Buddha: I see a ray of pure light from the opposite gate. It is truly the home of a practitioner of Tao. Let us go over and see.

Thai Sinh: Ah... the Trinity Buddha is worshipped in the main part of the house. The halo (from the altar) radiates brightly. I am unsure why?

Te Buddha: This spiritual adept has practiced the Tao for many years. In addition, he also teams up with the community volunteers to develop the rural area and diligently constructs roads and bridges. He lives a life disinterested in social fame and status. Like elders in the four corners of the world living under the same roof, he does not hoard anything for himself. In the future, he will definitely be successful and live leisurely in the Pure Land of Buddha.

Thai Sinh: Wholehearted devotion and dedication of one's life to serving people is a deeply moving act. I see that this elder's countenance radiates pure and righteous energy. He is truly worthy of admiration.

Te Buddha: The compassionate heart of this spiritual adept is boundless and, therefore, he has achieved the highest level of perfection. Ah... the weather is too cold tonight, let us temporarily halt the writing of the book here tonight so that the disciples attending the oracular service may rest early. Good student, quickly embark the lotus throne. We will return to the Temple of the Sages.

Thai Sinh: Yes, Master. I have ascended the lotus throne. Respectfully invite Master to continue.

Te Buddha: We have arrived at the Temple of the Sages. Thai Sinh, descend the lotus throne and return to your body.

(to be continued)