



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Stability

Heaven and Earth harmonize to bring peace,  
We continually purify our body to advance spiritually without agitation,  
Loving ourselves, we turn within to sow good seeds,  
Guided by the principle of spiritual and social balance, we always act wisely.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 15 December 2002 to 21 December 2002*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Is there any benefit in having a generous heart full of compassion?*
2. *Is there any benefit in being determined to detach oneself and to turn one's mind to the Lord?*
3. *Does a spiritual adept with a wise heart bring any benefit?*
4. *Is the spiritual connection permanent?*
5. *Does spiritual awakening conform to the original principle of the universe?*
6. *What should we do in order to practice the true dharma?*
7. *Will a strong determination for spiritual cultivation bring results?*



**Atlantic City, 15 December 2002, 3:50 AM**  
Q: *Is there any benefit in having a generous heart full of compassion?*

A: Those with a generous heart full of compassion will be able to bring benefit to all in the future.

**Psalm**  
*With a generous heart full of compassion, we'll save humanity,  
Releasing our sufferings and passions, we'll save ourselves,  
Helping mankind is a good deed,  
Contributing our share for the common benefit, we turn within for self-knowledge.*

**Atlantic City, 16 December 2002, 9:00 AM**  
Q: *Is there any benefit in being determined to detach oneself and to turn one's mind to the Lord?*

A: Being determined to detach oneself and to turn one's mind to the Lord will bring great benefits to one's spiritual practice and advancement.

**Psalm**  
*Determined to turn to the Lord, we understand our heart better,  
With a clear and open mind, we commit less errors,  
Knowing our heart and seeing our character, we'll have the opportunity for divine guidance,  
Determined to dissipate our blindness, we advance spiritually through our own efforts.*

**Atlantic City, 17 December 2002, 7:30 AM**  
Q: *Does a spiritual adept with a wise heart bring any benefit?*

A: A spiritual adept with a wise heart truly contributes to common peace.

**Psalm**  
*Returning to serenity and spiritual energy, we develop our insight,  
As our soul becomes purer and lighter, we correct our own mistakes,  
Advancing continuously, we work and progress constructively,  
With a calm heart, we cultivate our serenity and turn within for self-knowledge.*

**Atlantic City, 18 December 2002, 9:25 AM**  
Q: *Is the spiritual connection permanent?*

A: The spiritual connection always exists through the shining of pure energy.

**Psalm**  
*Pure energy is shining everywhere,  
With Heaven's guidance, we achieve serenity and thorough knowledge,  
Developing ourselves, we keep our mind turned to the Lord,  
Practicing with diligence and sincerity, we follow God's opportunities.*

**Atlantic City, 19 December 2002, 10:00 AM**

*Q: Does spiritual awakening conform to the original principle of the universe?*

A: Spiritual awakening is always in harmony with the principle of the universe.

**Psalm**

*Through spiritual awakening, we become benevolent and practice the true dharma,  
Releasing sorrow and worries, we strive to save ourselves,  
We must bear hardship and suffering caused by ourselves,  
With a serene heart, we practice meditation to understand the truth.*

**Atlantic City, 20 December 2002, 00:52 AM**

*Q: What should we do in order to practice the true dharma?*

A: In order to practice the true dharma, we must spend efforts in practicing meditation with diligence.

**Psalm**

*Diligently, we release our impurities to concentrate our spiritual energy,  
With determination, we practice thoroughly to chase away blinded passions,  
Through self-awakening, we understand the spiritual method thoroughly,  
Practicing meditation with a serene heart, we achieve inner peace.*

**Atlantic City, 21 December 2002, 1:35 AM**

*Q: Will a strong determination for spiritual cultivation bring results?*

A: Those strongly determined to purify their body for spiritual cultivation will achieve results on the spiritual plane.

**Psalm**

*Our soul develops thanks to our heart's will,  
Those determined to achieve spiritual perfection should practice and mend their ways,  
Practicing with diligence, the more we meditate, the more our consciousness will evolve,  
With diligence, we will achieve results and return to serenity.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

**Voyages On Earth**

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

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*The translation will continue next week. Thanks for your understanding.*

