



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Return to the Pure Origin

With the renewal of spiritual opportunity, we return to peace and serenity,  
By cultivating true energy and a pure soul, we naturally feel compassionate,  
Those bound to agitation will not advance,  
Practice with sincerity to improve your character and save yourself.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 22 December 2002 to 28 December 2002*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *How can we achieve serenity?*
2. *What will happen in the wake of evolution toward universal harmony?*
3. *What will happen to the foundation of civilization in the era of development?*
4. *What is the purpose of being born and coming to this earth?*
5. *What is a good opportunity?*
6. *What should we do in order to improve ourselves spiritually?*
7. *What does it mean to transform ourselves deeply?*



**Atlantic City, 22 December 2002, 6:30 AM**

*Q: How can we achieve serenity?*

A: Those who want to achieve serenity must practice meditation with determination.

**Psalm**

*Practicing with determination, we achieve serenity,  
When our energy flows freely, we disperse impure energy  
instantly and advance on our own,  
Returning to the spiritual path, we all practice and  
advance together,  
With constant progress, we advance and overcome  
obstacles on our own.*

**Atlantic City, 23 December 2002, 9:15 AM**

*Q: What will happen in the wake of evolution toward universal harmony?*

A: In the wake of evolution toward universal harmony, there will be extreme upheavals everywhere.

**Psalm**

*As a consequence of conflicts, one must return to the  
original spirit of harmony,  
Everywhere things will change and evolve,  
Those who return to spiritual awakening will understand  
God's guidance,  
Everywhere, there will be transformations toward  
liberation and wisdom.*

**Atlantic City, 24 December 2002, 6:47 AM**

*Q: What will happen to the foundation of civilization in the era of development?*

A: In the era of development, the foundation of civilization of mankind will change completely.

**Psalm**

*In this life, we have to purify ourselves and practice  
meditation to awaken our consciousness,  
With a clear mind, we see our character and understand  
the Path,  
Celestial transformations show the law of cause and  
effect,  
Balancing social and spiritual life, we understand the  
spiritual Path.*

**Atlantic City, 25 December 2002, 9:45 AM**

*Q: What is the purpose of being born and coming to this earth?*

A: The purpose of being born on this earth and entering a physical body is to allow the individual to learn lessons and to resolve his karma by his own efforts.

**Psalm**

*Descending on this earth, the soul must attain self-  
knowledge,  
Achieving balance in social and spiritual life, we improve  
ourselves spiritually,  
Learning continuously, we strive to clarify our mind and  
reach awakening,  
With a serene heart, we turn to the Lord and understand  
the path clearly.*

**Psalm**

*A good opportunity is an opportunity to achieve purity,  
Developing ourselves spiritually, we correct our own  
mistakes,  
Loving and respecting the noble Lord Who gives us  
guidance,  
We practice with sincerity to understand our own selves.*

**Atlantic City, 26 December 2002, 11:45 AM**  
Q: *What is a good opportunity?*

A: A spiritual opportunity is a good opportunity.

**Psalm**

*In order to correct our mistakes and advance, we must  
practice with efforts and diligence,  
As our soul transforms itself deeply, we naturally  
understand purity,  
With constant flexibility, we strive to return to our unique  
origin,  
With a sincere heart, we practice with diligence to achieve  
purity.*

**Atlantic City, 27 December 2002, 7:55 AM**  
Q: *What should we do in order to improve ourselves  
spiritually?*

A: In order to improve ourselves spiritually, we must  
practice with diligence and great efforts.

**Psalm**

*Advancing toward infinity, we maintain our will for spiritual  
perfection,  
With love and affection, we release our blinded passions,  
With serenity, we return to the path of knowledge and  
purity,  
With a sincere heart, we turn to the Lord and live in peace  
and tranquility.*

**Atlantic City, 28 December 2002**  
Q: *What does it mean to transform ourselves deeply?*

A: To transform ourselves deeply means  
that the more we make progress, the more determined  
we should be to advance toward infinity.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.  
The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

**Voyages On Earth**

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don’t know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION  
20 Ching Dao Rd, Section 4  
Tai Chung, Taiwan R.O.C.

## CHAPTER NINE

### TAO DOCTRINES ARE LIKE A MAGNETIC NEEDLE TO GUIDE MANKIND OUT OF THE SEA OF PASSIONS WORK PLACE IS LIKE A FAMILY- SERVING TO CULTIVATE BOTH SPIRIT AND BODY

*Live Buddha Te Cong  
Descends on the 13<sup>th</sup> day of the 11<sup>th</sup> month, year of the Rooster (1981)*

#### POEM

*The propagation of the Tao doctrines is like the magnetic needle (of a compass),  
Guiding mankind out of misery,  
Admonishing evil and encouraging diligence with virtuous deeds,  
Untamed actions will only bring self-sufferings.*

**Te Buddha:** The Tao doctrines are like the magnetic needle, clearly defining the path for us. Otherwise, we are like a ship crossing the ocean without a compass, lost in the middle of the vast body of water unable to find our direction. The spiritual doctrines are similar to a weather station informing us of the changes in weather ahead. An explorer who does not follow the weather report on the broadcasting station would not dare to climb the high mountain. If the weather turns cold suddenly, the mountain will unexpectedly be covered with snow, and he is met with mishap, then he will greatly regret it.

At the present, mankind is helpless on all paths of life. He is no different from a ship lost in the middle of the sea, or a person lost in the middle of mountains and forests. Usually, it is a result of one's own arrogance, refusing to listen to words of advice until he loses his direction and falls down into the abyss. Then, he blames himself for being foolish, but it is too late.

Therefore, I hope that mankind will heighten his vigilance, listen to the advice of the weather station, and bring along a compass to ensure maximum safety.

**Thai Sinh:** Yes. Master's teaching is truly transcendent. The examples are given with the goal to explain the significance of the Divine Doctrines and they are very appropriate. Mankind is currently aimlessly floating in the midst of a vast ocean as a result of not listening to the guidance of the prophecies. Therefore, he loses his direction and is unable to return to port. It is only because he does not know. It is truly regretful. A moment of decadence can lead to a life of misery.

**Te Buddha:** Today, the propensity to spread spirituality by the Sages' manuscript also has the function of providing guidance as well as foretelling the future. If one agrees to examine and study the teachings, then he can avoid becoming careless, thickheaded, and unconcerned with the future consequences. Actions such as: drunkenness and vices, infatuations with beautiful women of the brothel, gambling and drugs, burglary and swindling, adultery and murders, occur commonly. When one compares these actions with the act of crossing the ocean without a sea chart or climbing the mountain without following the weather channel, is there any difference? Therefore, those who are clairvoyant forewarn that the above actions will eventually be met with misfortunes and the consequences of one's misdeeds. At that time, one must make restitutions for all the sins that he had committed. Even if one were to repent then, it would be too late.

The essence of Tao helps our heart-mind to be clairvoyant so that we can select accurately the Path to live, in the midst of many paths leading to the future.

**Thai Sinh:** Society today is degenerating and exhausted. Sometimes, it is as if one is lost in a bewitching maze, stuck in a dilemma of whether to advance or retreat.

**Te Buddha:** Not hard, not hard. One only needs a map of the bewitching maze and follows it to find an escape route. Would that not be easy?

**Thai Sinh:** Yes, but where would one find a map?

**Te Buddha:** Ha, ha. I shall provide it.

**Thai Sinh:** Yes, yes. How can we draw up the map at once?

**Te Buddha:** Good student replies correctly. It is time to begin our journey on earth now. Quickly ascend the lotus throne.

**Thai Sinh:** Yes. I am prepared. Respectfully invite Master to start the journey...

**Te Buddha:** In this last era of existence, businesses bring wealth. Everyone works very hard but is unhappy. Some work to relieve the time. Others toil and still feel discouraged. Today, we will use work as the topic for discussion.

**Thai Sinh:** Yes, discuss work in what manner?

**Te Buddha:** When the time comes, you will understand.

**Thai Sinh:** Yes, Master.

**Te Buddha:** We have arrived. You may open your eyes.

**Thai Sinh:** The lights in the shop ahead are opened brightly as if there are activities within.

**Te Buddha:** That is the sewing factory. Tonight, we will go there to examine.

**Thai Sinh:** The room on the left of the workshop has four young men cutting fabric. Beside the cutting table, there are three to four ladies trying on clothes. In the right room of the shop, counting both the left and the right sides, there are a few hundreds employees. The majority sits in front of the sewing machine diligently sewing clothes. There are a few people inspecting for quality. There are sounds of people talking noisily and the clamorous sound of the machines running. In addition, there are a few female employees explaining and hastening the work. I wonder if anyone is listening to their shrill voices or tries to listen but cannot hear.

**Te Buddha:** Ha... ha... The words of the heart-mind transmit the sound. The sound of the heart-mind conveys the words. To worry whether people will be able to hear or not is wrong. One only needs to respectfully nod his head to show his joy. The person listening will surely be satisfied, and both will be happy. Is that not good?

**Thai Sinh:** Ha... ha... Master's words are truly transcendent. That is the manner in which the Tao is practiced. The ears are tranquil, not listening to judgmental words, which criticize right and wrong. Saying this and that also does not help one achieve serenity...*(Thai Sinh after thinking)* Master, bringing me here today may present some difficulties and inconvenience.

**Te Buddha:** If one does not enter the tiger's den, then how can one catch a tiger? If we do not come here, then how will we be able to write the book, "Voyages on Earth"? We want to see clearly the truth inside and not just look at the false exterior. False appearance is the physical being. The truth is actually nonphysical.

**Thai Sinh:** The girl sitting in the ... row ahead is working industriously. Her spirit seems pleasant and joyful. I wonder why?

**Te Buddha:** She is a Christian. She has an affable personality and works quietly without arguing with others.

**Thai Sinh:** The girl sitting in the ... row has an impatient personality. I am not sure why?

**Te Buddha:** In the past, she had worked at a different factory. Her "mouth is big but inside (she) is actually very small." She had distorted the truth by saying that the supervisor distributed the work unfairly, thereby, finding a reason to quit her job. When she came to this company, she wants to return to her old habit and, therefore, always wears an angry and dissatisfied expression.

**Thai Sinh:** So that is the reason. Dear Master, in your opinion, is it suitable for someone with that type of personality to go to work for a company?

**Te Buddha:** To work, a person must have the mentality to serve society; otherwise, it can be immensely harmful. Some people are like a pigeon. No matter where it lives, it only eats such things as wheat, rice, and beans. However, because of its curiosity, it stands on one mountain but looks to another. It thinks that another house will have better food and, therefore, flies over only to find out that it is the same. Only then, does it awaken.

**Thai Sinh:** Ha... ha... Master's words are very accurate. People run here and there to find this job and quit that job only for the sole purpose of food and clothing. Ah, the girl on the left appears to have a good temperament, why?

**Te Buddha:** She is a reader of the Sages' manuscript and has a profoundly good nature. Although her wages are low at this company, each month, she tries to save a hundred dollars to contribute regularly to the Sages' manuscript for the past four years. Within the workplace, she conducts herself affably and cordially with everyone. In addition, she wholeheartedly helps anyone who is in a difficult situation and is unafraid of suffering the losses.

**Thai Sinh:** Her high morale of spirituality commands the respect of everyone. To regularly contribute one hundred dollars each month is truly an act that few can accomplish. Such a wholesome deed is a shining example for others to follow.

**Te Buddha:** According to the reading audience, the Sages' manuscript is a precious work for the spirit. Therefore, good pupil, your responsibility is extremely important.

**Thai Sinh:** Yes, Master. I will wholeheartedly dedicate my life to repay the love that God and Buddha have bestowed upon me.

**Te Buddha:** Ha...ha... Good student is truly extraordinary. I hope you will be able to withstand all hardships to become a supernatural person.

**Thai Sinh:** The cutting room over there has a young man with a thick evil air. I am not sure why?

**Te Buddha:** The Trinity Deities has clearly recorded that he is an ungrateful son in the house. He makes a lot of money working, yet he never brings any home to the family. In addition, he often befriends those who are wicked, participating in excessive drinking, prostitutes, and gambling. If this young man does not awaken and returns to the virtuous path, he will certainly pay for his sins in the future...

**Thai Sinh:** Dear Master, it is time for the employees noon break.

**Te Buddha:** We will visit a different place...

**Thai Sinh:** Why are the employees at this company so sparse?

**Te Buddha:** The management at this company is poor. There is no cooperation between employer and workers and, therefore, the company is unable to achieve high efficiency. Moreover, the employees are currently on strike.

**Thai Sinh:** In Master's revered opinion, in what manner, should the matter be resolved in order to have an understanding between the employer and the workers?

**Te Buddha:** An understanding can be reached if all the employees can view the company as a large family, see the directors and managers as the parents, and view the supervisors and proctors as elder brothers and sisters. Management and the administrators, on other hand, must also see the employees as their children or younger siblings and always be affectionate and understanding. Both sides must respect each other's point of view in order to create an atmosphere of harmony. If that is possible, then I believe there will be success in finding a resolution.

**Thai Sinh:** Yes, very true. If the employees perceive the company as a family, then naturally everyone will be in concord and a peaceful atmosphere can be achieved. On the other hand, if each person only cares about his own gains, then he will surely be met with obstacles resulting in sadness and mental agitations.

**Te Buddha:** Ego and self-arrogance when working together in a company will lead to the situation where people will criticize each other, because one does not know how to maintain harmony. Our voyage for the purpose of writing the holy book will temporarily end here today. Good student, quickly ascend the lotus dais. Prepare to return to the Temple of the Sages.

**Thai Sinh:** Dear Master, I have ascended the lotus throne. Respectfully invite Master to start.

**Te Buddha:** We have arrived at the Temple of the Sages. Thai Sinh, descend the lotus throne and return to your body.