



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## True Love

With true love, our soul will progress infinitely,  
Through life's lessons, our spiritual consciousness will advance spiritually,  
As we develop wisdom and gain tranquility, we'll have the opportunity for  
infinite guidance,  
With diligence and efforts, we will succeed in the practice of the dharma.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 26 January 2003 to 1 February 2003*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *How do the vibratory words of the mantra Nam-Mo-A-Di-Da-Phat relate to heaven?*
2. *Does sensuality bring any benefit?*
3. *What is the right way to evolve?*
4. *Does war bring any benefit to humanity?*
5. *When will human greediness end?*
6. *What will the (Lunar) New Year bring?*
7. *What benefits do past memories bring?*



**Perth, 26 January 2003**

Q: How do the vibratory words of the mantra Nam-Mo-A-Di-Da-Phat relate to heaven?

A: The vibratory words of the mantra Nam-Mo-A-Di-Da-Phat are connected to the compassionate light of God.

**Psalm**

*The vibratory sounds of the mantra Nam-Mo relate to  
Heaven,  
By attaining a light and pure heart-mind, our energy  
illuminates in a timely manner,  
Releasing our passions and intransigence, we abandon  
our profane heart,  
With the infinite transformations, we silently understand  
heaven.*

**Perth, 27 January 2003**

Q: Does sensuality bring any benefit?

A: Sensuality only wastes one's energy and causes fatigue.

**Psalm**

*Sensuality wastes energy and harms the body,  
Unable to improve themselves spiritually, they cannot  
advance and attain inner wisdom,  
Through self-procrastination, they miss the opportunity for  
success,  
Perfecting ourselves, we evolve spiritually and gain inner  
wisdom.*

**Perth, 28 January 2003**

Q: What is the right way to evolve?

A: The right way means to evolve in a natural and spontaneous way.

**Psalm**

*Perfecting ourselves, we transform ourselves and  
advance naturally,  
Developing ourselves profoundly, we naturally regain our  
compassion,  
Loving and respecting the noble heaven, we strive to  
return to the same sphere,  
Practicing with diligence and sincerity, we deeply  
understand the mystical subtleties.*

**Perth, 29 January 2003**

Q: Does war bring any benefit to humanity?

A: War does not bring any benefit to humanity.

**Psalm**

*To plan for destruction is not a good thing,  
The flow of anger and hatred bring harm everyday,  
Continuous difficulties and sufferings cause grief and  
harsh times,  
The whole world is agitated without good fortune.*

**Psalm**

*The greedy heart only ends after death,  
In spite of difficulties, sufferings, and instability, one  
remains greedy,  
Harming oneself, one has to endure a lot of grief,  
Lacking spiritual practice, one does not advance and must  
accept the circumstances.*

**Perth, 30 January 2003**

Q: *When will human greediness end?*

A: Human greediness only ends when the individual truly stops breathing.

**Psalm**

*The New Year brings plentiful hopes,  
Agitation temporarily recedes for the world to be at peace,  
People try to practice the realization of true compassion,  
Working constructively together, we return to inner peace.*

**Perth, 31 January 2003**

Q: *What will the (Lunar) New Year bring?*

A: With the coming of the New Year, everything will slowly calm down and improve.

**Psalm**

*We must practice and develop necessary things,  
Developing ourselves, we'll advance spiritually and  
surmount difficulties on our own,  
Releasing our impurities, we'll see the path of righteous  
knowledge clearly,  
Practicing with sincerity and honesty, we understand our  
heart clearly.*

**Perth, 1 February 2003**

Q: *What benefits do past memories bring?*

A: Past memories are very helpful when we remember things that we must do for the common benefit.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

**Voyages On Earth**

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION  
20 Ching Dao Rd, Section 4  
Tai Chung, Taiwan R.O.C.

**Notes:**

*The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.*

*The Voyages On Earth's publication will continue next week.*