



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Thorough Understanding

Through our thorough spiritual understanding, we love and respect the noble  
Lord,  
Who brings deep transformations everywhere,  
By attaining spiritual unification, we'll have the opportunity for enlightenment,  
With a serene heart, we practice to understand the sublime principle.  
*Respectfully,*  
*Vi Kien*

## Baby Tam Talking To You

*from 2 March 2003 to 8 March 2003*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *What motivates people's activities?*
2. *How can we eradicate our greediness?*
3. *What should we do in order to practice in a sincere and righteous way?*
4. *Is there any benefit in practicing the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat?*
5. *Does the meditation practitioner need to have a great mind?*
6. *What should we do in order to truly understand the divine principle?*
7. *What is the divine principle?*



**Psalm**

*We develop karmic forces from human love and affection,  
With a clear and wise mind, we'll emit light naturally,  
Turned within, we analyze the worldly views on our own,  
Understanding that existence derives from non-existence,  
we'll maintain our inner peace.*

**Cairns, 2 March 2003, 9:05 AM**

*Q: What motivates people's activities?*

A: People's activities are motivated by human compassion.

**Psalm**

*Through spiritual self-perfection, we awaken our  
consciousness and truly end our greediness,  
Our true heart decides to act only after enduring  
sufferings and hardships,  
Through self-awakening, we purge ourselves of greedy  
desires,  
Returning to our pure origin through meditative  
knowledge, we let our consciousness be the guide.*

**Cairns, 3 March 2003, 4:19 AM**

*Q: How can we eradicate our greediness?*

A: We must practice a spiritual method and understand the original principle of heaven and earth in order to be able to eradicate our greediness by our own will.

**Psalm**

*We must awaken our consciousness to observe the  
stringent laws and save ourselves,  
Abiding with the dharma of Buddha, we turn within to  
discover our true selves,  
Practicing in a righteous manner, we search for the true  
dharma,  
Practicing rigorously and diligently, we perfect ourselves  
to comprehend the deep principle.*

**Cairns, 4 March 2003, 3:47 AM**

*Q: What should we do in order to practice in a sincere and righteous way?*

A: In order to practice in a sincere and righteous way, we must be determined to practice and observe the stringent laws of heaven and earth.

**Psalm**

*Invoking silently the mantra Nam-Mo-A-Di-Da-Phat, we  
save ourselves and advance spiritually,  
Understanding the Lord and Buddha, we communicate  
with the spiritual energy naturally,  
Opening up our great mind, we enter the sphere of  
energy.*

**Cairns, 5 March 2003, 3:21 AM**

*Q: Is there any benefit in practicing the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat?*

A: The silent invocation of the mantra Nam-Mo-A-Di-Da-Phat is very beneficial and will give us the opportunity to develop our great mind and awaken our soul more easily.

**Cairns, 6 March 2003, 2:00 AM**

Q: Does the meditation practitioner need to have a great mind?

A: The meditation practitioner has a great need for a generous mind.

**Psalm**

*Developing our great mind, we become more benevolent,  
Awakening our true consciousness, we feel the energy instantly,  
Developing our wisdom, we practice to overcome obstacles by our own efforts,  
Releasing sorrow and worries, we transform ourselves and become kinder.*

**Cairns, 7 March 2003, 7:11 AM**

Q: What should we do in order to thoroughly understand the divine principle?

A: In order to thoroughly understand the divine principle, we must dedicate ourselves to spiritual practice in order to advance spiritually.

**Psalm**

*Developing our wisdom, we dedicate ourselves to spiritual practice,  
Understanding that heaven gives us the pure energy,  
We purify ourselves continuously to attain inner balance,  
Returning to our origin through meditative knowledge, we must practice with sincerity.*

**Cairns, 8 March 2003, 2:53 AM**

Q: What is the divine principle?

A: The divine principle means immutable truth.

**Psalm**

*The truth is never changing,  
Let's analyze the dharma clearly and serve it with a true practice,  
The reasons for God's blessings never change,  
The dharma shines brilliantly when it illuminates our spirit.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

**Voyages On Earth**

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION  
20 Ching Dao Rd, Section 4  
Tai Chung, Taiwan R.O.C.

**Notes:**

*The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.*

(to be continued next week)