



The Life Energy Development Weekly

15 June, 2003

Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Liveliness

With a lively consciousness, we understand the good divine principle,
Releasing sorrow and worries, we know no anxiety,
Developing ourselves spiritually, we obtain proofs and understand the
dharma thoroughly,
Practicing with sincerity and diligence, we transcend our energies to reach
harmony.
Respectfully,
Vi Kien

Baby Tam Talking To You

from 6 April 2003 to 12 April 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why is it called the "karma of killing"?*
2. *How can we achieve good human affinities?*
3. *What is the proper way to turn our mind toward the Lord?*
4. *Is there any benefit in discarding toxins out of the body?*
5. *Is there any benefit in releasing our impurities?*
6. *How does the human mind transform itself and become awakened?*
7. *What is equilibrium?*



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| <p>Cairns, 6 April 2003, 4:18 AM Q: <i>Why is it called the “karma of killing”?</i></p> <p>A: To kill living beings and sell them for profit means to commit the karma of killing.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To kill living beings and harm animals to earn a living, Those who kill living beings live in anxiety, Those who harm animals to earn a living obscure their energies, Burdening their hearts, they live in agitation and will eventually be empty-handed.</i></p> |
| <p>Cairns, 7 April 2003, 7:19 AM Q: <i>How can we achieve good human affinities?</i></p> <p>A: We must practice with sincerity in order to achieve the fundamental human affinities.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing with sincerity and honesty, we achieve good human affinities, Serving others with full dedication, we feel affection and compassion, Awakening our spiritual consciousness, we surmount obstacles with flexibility and harmony, Practicing thoroughly to unblock our energies, we achieve results and understand instantly.</i></p> |
| <p>Cairns, 8 April 2003, 8:07 AM Q: <i>What is the proper way to turn our mind toward the Lord?</i></p> <p>A: To turn our mind toward the Lord, we must concentrate on the cranial psychic center to direct our energy toward the center of energy of the universe.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The central flow of energy of the universe Helps humans evolve spiritually and reach serenity, Restoring our equilibrium, we return to our true consciousness, We purify our souls and advance spiritually as destined.</i></p> |
| <p>Cairns, 9 April 2003, 1:41 AM Q: <i>Is there any benefit in discarding toxins out of the body?</i></p> <p>A: To release toxins out of the body will give us the opportunity to return to lightness, naturalness, and spontaneity.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With love, we release our toxins and impurities to pacify our body, Determined not to regress, we turn within for self- analysis, Releasing our toxins, we achieve unification of our energies, With a calm heart, we reach serenity and peace in our body.</i></p> |

Psalm

*Developing our great mind, we achieve the spirit of
harmony,
Practicing with sincerity, we turn within to analyze
deeply,
Realizing our true consciousness through spiritual
practice, we naturally achieve harmony,
Releasing sorrow and worries, our consciousness
understands deeply.*

Cairns, 10 April 2003, 3:50 AM

Q: Is there any benefit in releasing our impurities?

A: As human beings, we need to release impure energy in our inner consciousness by a constant practice of the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat.

Psalm

*Achieving equilibrium by our own efforts, our heart and
mind become wise,
With flexibility and harmony, we develop our spiritual
consciousness,
Liberating ourselves from all spheres, we clearly judge
our path of progress,
Returning to our pure origin through meditative
knowledge, we turn within for self-analysis.*

Cairns, 11 April 2003, 4:19 AM

Q: How does the human mind transform itself and become awakened?

A: The human mind transforms itself and becomes awakened when one reaches equilibrium through one's own efforts.

Psalm

*With equilibrium, our soul advances and our energy
purifies easily,
Dissipating anger and blocked energies, we live in an
orderly manner,
Enjoying purity and mystical subtleties, we no longer
cause agitation,
With a serene heart, we work constructively and avoid
errors.*

Cairns, 12 April 2003, 7:21 AM

Q: What is equilibrium?

A: Equilibrium means that all our organs function and work together in a harmonious manner.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Letter from the Editor

Voyages On Earth

"Voyages on Earth" is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book "Voyages to Hell". It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION
20 Ching Dao Rd, Section 4
Tai Chung, Taiwan R.O.C.

Notes:

The attached translation is a rough draft of the book "Voyages on Earth". A final edited version will be formally published at a later date.

CHAPTER EIGHTEEN

BET NINE, LOSE TEN DO NOT PLAY THEN ONE SHALL NOT LOSE-THAT IS THE BEST

MEND ONE'S CHARACTER AND PERFECT ONESELF BE MINDFUL AND CAUTIOUS TO AVOID MISTAKES

Live Buddha Tse Kong

Descends on the 6th day of the 4th month, year of the Dog (1982)

Poem

*The greed for riches is continuous and never ending,
The pursuit of material possessions lies in everyone's character,
The cycle of reincarnation turns eternally without pausing,
Tardy repentance will lead one far away from Tao.*

Tse Buddha: Everyone is greedy for wealth and riches. Everyone struggles for them. But, they are only greedy and struggle for that which is false. People do not realize that the true precious treasures are within their hearts. It is only these treasures that they can truly find and possess.

People, nowadays, do not appreciate their true precious treasures and, thus, gradually lose them. They acquire false riches and treasures creating more sins and karma. Hence, they are submerged in the sea of troubles and misfortunes. People have not understood and awakened to this concept. Instead, they look upon this false wealth with pride and happiness.

Oh! Mankind...mankind... If a person waits until the moment he closes his eyes and takes his last breath, then even if he brings out all of his wealth, he cannot trade it for his precious true nature. Even if he were to repent then, it would be too late. Therefore, while alive, one must open his heart wide and receive the teachings of Angels, Saints, and Buddha. One must not be complacent, thinking that he thoroughly understands the Law of Heaven. This stance will only dull the true clairvoyant nature and forsake the Supreme Tao.

Thai Sinh: Dear Master, I am extremely touched by your words. People, nowadays, struggle to live, dispute till death, and seize the possessions of others for their own profit. Only those who have awakened and transcend the cycle of life and death, are able to understand the Tao dogma in order to help mankind.

Tse Buddha: Hence, those who are ignorant and bound by passions and illusions are greedy for wealth and material things. They compete with others to enjoy honor and glory. They are drawn in to the false nature and do not realize that it will lead to dilemma, misery and unhappiness. The awakened ones shed blood and sweat to wash away the sins of mankind. In the end, they are cleansed of their own sins and able to attain serenity and live leisurely in the Land of Buddha. The two groups of people are different in that aspect.

Thai Sinh: That is very logical. As a result, man considers the practice of Tao to be a hardship and a foolish act. The awakened person regards man to be miserable and foolish because he does not practice Tao.

Tse Buddha: Good student, you assess correctly. Well, let us commence our journey on earth.

Thai Sinh: I respectfully obey, Master. I have ascended the lotus dais. Respectfully invite Master to depart...

Tse Buddha: We have arrived.

Thai Sinh: Ahead is a region enveloped in foul energy. The reason is because a gambling den is located there. Ha...ha... Dear Master, I beg you to take me there so I can learn how to play cards.

Tse Buddha: I do not believe that you will be able to learn it.

Thai Sinh: Dear Master, I beg you to show me.

Tse Buddha: Ha...ha... How can I teach you how to gamble and play cards? There is a proverb, "Bet ten, lose nine." But, it should really say, "Bet nine, lose ten" to be more exact. It implies that cards playing and gambling, in the end, only yield one winner. That is why they open a gambling den. Although those who keep a gambling den acquire much money and wealth, they lose their morality. In addition, they are arrested and imprisoned by the law. Therefore, do not think that in playing cards and gambling, one only loses money. In fact, he also loses his precious Dharma treasures. Therefore, if he does not play, he shall not lose.

Thai Sinh: Ha...ha... Dear Master, it is no wonder that mankind called you "Live Buddha". If one does not play, one will not lose. That is an extremely erudite and clairvoyant method of winning. Moreover, the money acquired is corrupted, only to be squandered away in taverns and brothels. Hence, it is inhumane and immoral. In the end, both, man and wealth are lost.

Tse Buddha: So, do you want to learn?

Thai Sinh: Naturally, I do not wish to learn.

Tse Buddha: Ha...ha... Then, you have already won the cards.

Thai Sinh: Ha...ha... Master teaches very correctly... The scene of the casino is luxurious with beautiful girls pouring wine and lighting cigarettes to offer the guests. The guests are sipping and snuffing blissfully and passionately. Cash is continuously being emptied from their pockets in an intoxicated manner. The person representing the house is always smiling and cheerfully inviting.

Tse Buddha: A card swindler smiles so that people will get the impression that he is as genuine and gentle as a flower. Thus, they do not pay attention to his artful tricks. Nevertheless, how can he compare with the genuine beauty of the flower?

Thai Sinh: Master's example is truly transcendent and subtle. I believe that society today has deteriorated. Cases of murders and thefts are increasing every day. Are these lawsuits related to gambling?

Tse Buddha: A person who only thinks of robbing others is ruthless and is no different than someone who picks up a knife and kills his own parents.

Thai Sinh: Dear Master, what does that mean?

Tse Buddha: Those who rob others must bear serious punishments on earth and in hell. When their parents learn of it, they will suffer with great pain as if a knife had stabbed them, and they cannot live.

Thai Sinh: Dear Master, that is quite true. People already know the detrimental effects of gambling, yet, why do they still plunge head first into it and bury their whole lives?

Tse Buddha: The root of gambling comes from greed. The person is tirelessly greedy to the point of becoming someone who is shameless. When he is short on money, at first, he steals money and valuables from his family members or borrows day-to-day from his friends. That vice increases each day until it is as high as the mountain. The creditors intensely demand payment. The debtor gradually loses his senses like a butcher intoxicated by the blood of a beast and commits unforgivable acts.

Thai Sinh: It is quite frightening. If one does not avoid the small mistakes, then it will be even more difficult to change when the mistakes become bigger ones. Therefore, a person must be extremely cautious. If a crack is not sealed so that the water leaks more and more until the embankment breaks and catastrophic flooding occurs, then the situation cannot be saved.

Tse Buddha: When a person is young, he is like a clean sheet of white paper. When the paper becomes soiled by corruption and bad habits, the parents must quickly eradicate these polluting factors. There are a number of parents who do not educate and shape their children's character well. Instead, they tolerate their children's dishonest character and bad habits to the point of creating many atrocities.

During the Chinese 'Thanh' dynasty, there was a person who was sentenced to death on charges of burglary. Just before he was decapitated, he asked to drink a sip of his mother's milk. His request was granted. However, inconceivably, the criminal bit off his mother's nipple. When he was tortured and interrogated to find out the reason, the robber answered, "When I was young, I stole things and brought them home. My mother knew, but she did not stop me or teach me that it was wrong. Instead, she conformed to my ways and hid the goods, thereby, indirectly encouraging me to progress deeper on the path of sins." When the robber finished speaking, his mother wept. Those who witnessed that scene, at the time, were deeply touched by pain and sorrow.

Thai Sinh: It is truly unfortunate. Nevertheless, I believe that, currently, many young men are becoming passionately fond of gambling, and their parents are wishing that their child would soon abandon that passion.

Te Buddha: Quite true. According to the record of destiny, the middle-aged man sitting over there has a family and makes a good living. However, last year, because he was not very cautious in his association with friends, he became captivated by gambling. His parents are extremely worried as if their gut has been severed and their liver has withered. At home, his gentle wife earnestly wishes that her husband will soon repent and change his ways.

Thai Sinh: Dear Master, your power is extremely miraculous. Why do you not save him?

Tse Buddha: He had created the karma. Therefore, he must deliver himself from the karma. Only he can save himself. If he does not save himself, then no one can save him. The practice of Tao is exactly like that. If an individual does not exercise spiritual cultivation himself, how does he expect to achieve enlightenment? Only after a person encountered retribution for his bad karma, will he awaken.

An occult force has enchanted all those bewildered people over there, without anyone to lean on. That is why they are that way. It truly breaks my heart to see them like that.

Thai Sinh: Dear Master, are karma and retributions closely related to each other?

Tse Buddha: You speak of the Law of Cause and Effect (Karma) and the Law of Retribution and Sanction. But, do you speak the language of the heart?

Thai Sinh: Yes, Master. Suppose a person drinks wine and smokes opium, he will soon discover that he is extremely fond of it. Similarly, an individual who likes to gamble will soon recognize that he is exceedingly passionate about it. But, is that not brought about by a predestined affinity?

Tse Buddha: Good pupil, your words are very logical. Divine inspiration is truly miraculous. If one thinks that he can alter someone's addiction like that for gambling, alcohol, illegal drugs, and lust, then he must exert efforts to "calm the soul" and "understand the matter". As the Sage Than-Tu had said, "The body is like the Bodhi tree. The mind is like a shining mirror. Take heed to clean it constantly. And, let it not be covered by any dust." That is the character of a person who had been defiled by carnal desires prior to spiritual cultivation. Hence, the individual must always wipe away earthly impurities that he had acquired so that his mind will be bright and lucid. The Sixth Zen Master, HueONang, on the other hand, is serene by nature and is immune to impurities. He is able to develop true wisdom and clairvoyance and, therefore, stated, "The Bodhi is not a tree. The mind is not a shining mirror. As all are originally empty. Then, what is there to be soiled by earthly dust?" (*Bodhi refers to True Wisdom. Dust refers to carnal desires and earthly impurities.*) The reason why one is not defiled is because the mind is "empty" without desires and passions, and thus, originally "serene" by nature. Therefore, earthly materials or affairs cannot affect him.

A person controlled by greed and desires needs to eradicate these habits. They need to meditate to develop their concentration and attain serenity. A person without greed and a desiring heart needs to meditate even more to achieve concentration and serenity in order to control wishful thoughts.

Thai Sinh: Meditate to attain samadhi and serenity so that one can prevent future possible misfortunes. Suppose someone had never had any desire to gamble, drink, or smoke, even if he is encountered with good wine, beautiful girls, and gambling dens, he would not be influenced a bit.

Tse Buddha: However, through the looking glass of a world with numerous flowers, it is like an urn that has been polluted. Who can see the true emptiness and see through the illusions of "wine, beauty, money, temperament, passion, hatred, and lust? To keep one's mind from being contaminated by impurities, a person must naturally

acquire a serene nature. However, those who achieved this state of mind are very rare. It is truly difficult to understand and accomplish, except by a few great minds with great clairvoyance and wisdom.

Thai Sinh: Yes, Master. That is very true... There are a number of people who are currently passionately fond of gambling, alcohol, drugs, and lust. I think that they should quickly return to the righteous path and wholeheartedly attend to their duties toward their family, their work, and their country.

Tse Buddha: Wealth cannot help man achieve everything or possess all. Moreover, one cannot cling on to everything. On earth, people differentiate low and high. There is no state of equalitarianism. But, deep within the soul, there is a true righteous equality, which is the “innate equalitarian nature”. Therefore, man must search for equilibrium. He does not need to pursue external material things. Man must direct his heart-mind inward in order to understand the equalitarianism of the soul. Then, he will be able to attain true happiness and equilibrium.

Thai Sinh: Dear Master, your words truly represent Buddha Dharma, *or samadhi*. People should concentrate to achieve this state of the soul. One should not disregard or neglect it, thereby, resigning oneself to decadence.

Tse Buddha: Very true. We will temporary pause the writing of the book here for tonight. Prepare to ascend the lotus dais so we can return to the Temple of the Sages.

Thai Sinh: I am ready. I respectfully invite Master to depart.

Tse Buddha: We have arrived at the Temple of the Sages. Thai Sinh, descend the lotus dais and return to your body.

Registration For Airport Pick-Up

Vo-Vi Congress “Universal Harmony and Spiritual Progress”
 At San Francisco Airport Marriott, Burlingame, California
 (Please fill out full name for each person, incl. children)

| Full Name | City | Country |
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Please specify your connecting flights so that the transportation team can find out the exact arrival times in case of delay:

| | Date | Time | From Airport | Airline | Flight No |
|----------------|------|------|--|---------|-----------|
| Arrives | | | | | |
| Departs | | | San Francisco International Airport | | |

Notes :

23 and 24 October, 2003: The Organization Committee will have pick-up service from the **San Francisco International Airport (SFO)** to the Hotel on 23 and 24 October 2003. For those arriving at different dates, please utilize the free airport shuttle from the hotel.

Departure on 31 October 2003: The transportation team will arrange free shuttle service from the hotel for Vo-Vi guests departing after 12pm (noon).

Destination airport: San Francisco International Airport (SFO). Please plan to arrive in groups whenever possible to facilitate our pick-up service.

Please send registration form to:

United States, Australia and Asia:

Mai Nguyen
 P.O. Box 5234
 Oroville, CA 95966, USA
 Tel: (530) 589-6972 Email: maioro@yahoo.com

Canada:

Phan Cao Thang
 7021 Louis Hebert Apt 1C,
 Ville Lasalle, Quebec H8N 3E9, Canada
 Tel: (514) 367-3961 Email: aphancao@videotron.ca

Europe:

Dominique Santelli – Thien-Vien Quy Thuc
 220 Le Senaillet
 74500 Publier, France
 Tel: (0)(4) 50708355 Email: santelli.dominique@wanadoo.fr