



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Karmic Debts and Affections

Accepting our karmic debts and affections, we turn within to ask ourselves,  
With a wise mind and heart, we keep learning throughout our spiritual  
journey,  
The whole night, we practice to release our blinded passions and dissipate  
our intolerance,  
Positively changing our social and spiritual life, we dissolve our own sorrow.  
*Respectfully,*  
*Vi Kien*

## Baby Tam Talking To You

*from 13 April 2003 to 19 April 2003*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Why do human beings often hold to affectionate memories?*
2. *What does it mean that "Man proposes – God disposes"?*
3. *What should we do in order to have a good meditation?*
4. *What is the greatest obstacle in life?*
5. *Why do we need to do the breathing exercises?*
6. *What causes the disease of blocked energies?*
7. *Why do we lose our equilibrium?*



**Cairns, 13 April 2003, 3:00 AM**

Q: Why do human beings often hold to affectionate memories?

A: Affectionate ties bring love and fond memories.

**Psalm**

*Thanks to the divine opportunities, transformations  
occur everywhere,  
The spiritual adept realizes that on this earth only  
Heaven prevails,  
Awakening our consciousness, the Lord guides us in  
our spiritual practice to succeed on our own,  
Practicing with sincerity and diligence, we learn from  
everywhere.*

**Sydney, 14 April 2003, 3:18 AM**

Q: What does it mean that "Man proposes – God disposes"?

A: Man does the planning, but success comes from the blessings of God.

**Psalm**

*Everything is in the hand of the Almighty Lord,  
Through rebirths, we develop ourselves and succeed  
by our own arduous practice,  
Man evolves with flexibility according to his level of  
consciousness,  
Accepting sufferings and hardships, by our own  
efforts, we strive to purify ourselves.*

**Sydney, 15 April 2003, 4:10 AM**

Q: What should we do in order to have a good meditation?

A: In order to have a good meditation, we must eat and drink in an orderly manner.

**Psalm**

*Practicing the breathing exercises to unblock our  
energies and purify ourselves, we make good  
progress,  
Understanding Heaven and Earth, we regain our  
spiritual consciousness,  
Returning to emptiness, we easily come and go within  
purity and lightness,  
Releasing sorrow and worries, we understand both the  
high and low levels.*

**Sydney, 16 April 2003, 12:43 AM**

Q: What is the greatest obstacle in life?

A: Blocked energies are the greatest obstacle in life.

**Psalm**

*Blocked energies present the biggest obstacle in life,  
Unable to purify ourselves, we can hardly change the  
path of craziness and agitation,  
Awakening ourselves, we advance spiritually and  
purify ourselves,  
Dissipating our blocked energies, our mind transforms  
itself through spiritual practice.*

<p><b>Sydney, 17 April 2003, 12:55 AM</b>  Q: <i>Why do we need to do the breathing exercises?</i></p> <p>A: We practice the breathing exercises to restore order and equilibrium in our organism.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>As we purify our inner organs, our wise mind starts developing,  Guiding our soul, we advance within serenity by our own efforts,  Experiencing profound transformations, we deliver ourselves from impurities and advance together,  Practicing with sincerity and diligence, we turn within for self-introspection.</i></p>
<p><b>Sydney, 18 April 2003, 7:35 AM</b>  Q: <i>What causes the disease of blocked energies?</i></p> <p>A: The disease of blocked energies is inherent within the original energy of the universe.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>The accumulation of blocked energies causes illnesses,  Unable to understand the original divine principle, our lungs are blocked,  Our agitated mind causes loss of equilibrium,  As agitation invades us, we are unable to breathe freely.</i></p>
<p><b>Sydney, 19 April 2003, 4:40 AM</b>  Q: <i>Why do we lose our equilibrium?</i></p> <p>A: We lose our equilibrium because of unrighteous worries.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>We lose equilibrium because of sorrow and worries,  Agitation and blinded passions hinder us from releasing our worries,  Unable to purify ourselves and lacking wisdom, we only harvest sorrow,  Having no good opportunities, we become sad and worried.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

## Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION  
20 Ching Dao Rd, Section 4  
Tai Chung, Taiwan R.O.C.

**Notes:**

*The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.*

## CHAPTER NINETEEN

### DISCUSS THE PRIMARY PRINCIPLE OF THREE LIVES OF REINCARNATION UNDERSTAND THE PRINCIPLES OF THE LAW OF CAUSE AND EFFECT AND THE LAW OF RETRIBUTION AND SANCTION

Live Buddha Tse Kong  
*Descends on the 26<sup>th</sup> day of the 4<sup>th</sup> month, year of the Dog (1982)*

#### POEM

*With technology, the heart has grown very dishonest,  
Civilization is dangerous, but how does one gauge?  
The reason for retribution and sanction lies secretly deep,  
Do not live in superstition and be trapped by negative karma.*

**Tse Buddha:** Recently, science and technology have gradually flourished. Those who create karma loudly appeal to atheism, spreading propaganda of disbelief in the Law of Cause and Effect. However, just because people do not believe in the Law of Cause and Effect does not mean that there are no consequences for one's actions. There are a number of people who are met with automatic retribution for their evil deeds right before their very eyes. There is a group of people who continue to live freely outside the law. Those wrongdoers have not yet encountered retributions for their misdeeds because they have exercised spiritual cultivation and accumulated virtues in their previous lives, or they are currently enjoying the blessings left behind by their ancestors. Therefore, they are not punished immediately. If one does not understand this rationale and dismiss the Law of Cause and Effect by continuing to do evil, then how can he avoid disaster? If one waits until the Law of Cause and Effect and the Law of Retribution and Sanctions punish him, then he certainly would not be able to escape.

It is similar to a person who had committed murder. The person can only temporarily evade the police and the law. However, he cannot escape the haunting of his conscience forever, which in itself is punishment. The minds of the majority of those who do evil are entangled and confused. They can suddenly become violent and lose their true nature. There are a number who are currently being detained by the law. However, for those who live outside the law, do not assume that just because people do not know and the demons are not clear that they can deliberately repeat the crime. If they maintain this idea, then they will definitely be met with an extremely mournful and pitiful outcome.

Now, I will tell to you an old story:

"Long ago, a bandit met a Buddhist monk and intended to rob the monk of his money. The monk immediately shed tears, which caused the bandit to laugh contentedly. He said, 'I did not expect that a Buddhist priest who devotes himself to spirituality would cry when he loses his possessions.' At that time, the monk benevolently asserted, 'I do not even value my own body much less my property. I cry because I pity you. I am not sure what karma you have sown in your past life that have made you become a robber in this life. As if that is not bad enough, you are now committing a very cruel act. In the future, you will certainly be met with even more retributions for your evil deeds. For that, I cannot hold back my sadness and my tears.' After hearing this, the bandit was perplexed and, subsequently, came to his senses. From then on, he mended his ways."

**Thai Sinh:** Dear Master, you are right. But, some people ask me why those who do meritorious deeds have yet been rewarded in this lifetime, and those who commit evil deeds have not received retributions for their actions. Would Master please explain to me so that I can thoroughly comprehend?

**Tse Buddha:** Good pupil, you ask correctly. Cause and effect can be divided into two categories, the "Cause and Effect that is hidden" and the "Cause and Effect that is apparent".

The majority of mankind does not see the "Cause and Effect that is hidden" because their eyes are blinded. Their relationship with their primary nature has been engulfed. Aside from those with great clairvoyant minds, very few know to cultivate the heart-mind, perfect the character, and build up service for the public and foster spiritual virtues. Through these virtuous actions, they transform that which is concealed into that which is apparent, achieving the reconstruction of their destiny and vitality and their rebirth into new bodies. The hidden primary nature of this new life can exist for hundreds, thousands, and even ten thousand years in all life situations. One can live leisurely in paradise. Therefore, it is the primary nature and the Law of Cause and Effect that determine the duration of one's

existence in heaven. It is similar to one who grows beans gets beans and one who grows melons gets melons. If one grows beans, he cannot get melons. That is the way of the hidden essence. It is the consequence of silent meditation and good actions.

The “cause and effect of that is apparent by nature” is different. People usually can also witness the aspect of goodness in daily life. For example, if today we help others, others in turn, respect us. Gaining the support of people is also a blessing. As for the evil aspect, if one beats and kills people, then one day, others will beat and kill him. Today, if one does evil and murders others without respect for the law of the country, then he will be met with disaster and imprisonment in the future. If a person loses his temper today and become indignant, his mind and body will surely suffer on another day.

Divine Revelations in the sacred book of the Supreme Master has written, “The heart inspired by goodness - even though good deeds have not yet been done - is already followed by good angels. The heart inspired by evil - even though evil acts have not yet been committed- is already being accompanied by wicked demons. Therefore, a good person speaks compassionately, looks benevolent, and acts virtuously. Each day, he accumulates three virtues. In three years, he will surely be blessed. An evil individual speaks cruelly, looks malevolent, and acts maliciously. Each day, he accumulates three sins. In three years, he will surely be met with disasters. The Ancient Elders have said, ‘Meritorious actions will surely bring brilliance. If good deeds do not bring radiance, then one’s ancestors must certainly have residual misfortunes. Once the disasters are over, one will be met with brightness. Evil actions will definitely be met with disasters. If sinful deeds are not met with misfortunes, then one’s ancestors must have residual merits. Once the merits are gone, he will certainly be met with disasters.’”

**Thai Sinh:** Dear Master, then according to your teaching, automatic return for one’s actions is only a matter of time?

**Tse Buddha:** That is correct. It is only a matter of sooner or later. It is similar to planting. Growing a pine tree takes several decades to flower and produce fruit. Planting a fruit tree requires a few years to blossom and produce fruits. Cultivating rice only takes a few months before one can harvest it. Growing vegetables only requires weeks before one can gather them. The time that the seeds are sown varies, weeks for some people and a few months or a few years for others. It is this time frame that determines whether automatic return comes early or late. The merit of the disciples of the Temple of the Sages and patrons who assist with the printing and distribution of the Sages’ manuscript is truly immeasurable. Because of the mission to spread the Supreme Tao, they pay no heed to personal interests and are willing to make sacrifices and endure hardship, thereby, sowing considerable merits. However, these good merits are in a germinating phase. Furthermore, the predestined affinity from previous lives dictates the success in this life. Therefore, those who act virtuously will gradually dissipate their karma through meritorious deeds. If the ordinary man who does good deeds but insists upon immediate blessings in return, then he truly had not understood the delicate nature of the Supreme Tao. It goes without saying that the spiritual adept will achieve success in the future and their karma dissipated, thereby, ascertaining the truth. The ordinary man would not be able to understand that.

**Thai Sinh:** Very true. Spiritual adepts in this world must certainly understand the profoundness of your words. One cannot negligently look at the exterior. If by seeing that another person sincerely practices spiritual perfection, one will then step forward himself, then he will certainly be discouraged as well when he sees the spiritual adept becomes disheartened. In addition, there are those who are very foolish. If they see that others act virtuously and are blessed, then they too practice spirituality and virtues. If they see that another person practices charity but is not immediately rewarded with good fortunes, then they stop performing meritorious deeds themselves. These people do not realize that ‘good and evil’ and ‘cause and effect’ are originally obscured and require a long time to consolidate. How then, can the ordinary man with his dim eyes see this clearly?

**Tse Buddha:** Good student, you speak correctly. If spiritual adepts practice Tao by imitation, then this sort of people are truly very foolish. They do not know to take their destiny directly into their own hands. Whether other people act virtuously or wickedly should not concern them.

**Thai Sinh:** Right. If man’s conscience awakens to this rationale, then he would no longer be man. Moreover, there are a number of people who are still skeptical and stay bewildered outside the door of spirituality. It is truly heartbreaking.

**Tse Buddha:** Very true. Tonight, the time is already getting late. Let us prepare to travel the earthly realm. Good pupil, quick ascend the lotus dais.

**Thai Sinh:** I am ready. Respectful invite Master to depart...

**Tse Buddha:** We have arrived.

**Thai Sinh:** Dear Master, why was it so fast?

**Tse Buddha:** Because of skill and talent.

**Thai Sinh:** The atmosphere in this family is overflowing with harmony. The altar in the house displays the picture of the venerable Buddha of the Southern Seas, with a dignified countenance and physiognomy, along with three other venerated individuals: High Saint Kwan-Yu, Live Buddha Tse Kong, and the Master Immortal, La Tien To. One knows right away that this family practices spiritual perfection.

**Tse Buddha:** That is correct. Currently, there are many families practicing spiritual perfection. Each gives birth to Buddha.

**Thai Sinh:** Ha...ha... Each family gives birth to Buddha. Therefore, in the living room downstairs, there is a sister carrying a newborn infant, a "Buddha's child".

**Tse Buddha:** People, nowadays, are very easily moved. The awakenings of their conscience are not alike. Their hearts are heavy with discrimination. Therefore, we should not mention the words, "Buddha's child". One only knows that its spiritual origin is definitely extraordinary, benevolent, and divine.

**Thai Sinh:** That is truly accurate. I see that this infant's clairvoyant nature is rather eminent. Its spiritual root is very profound. Dear Master, in your opinion, do all the members of this infant's household have profound spiritual roots?

**Tse Buddha:** That is not decidedly so. If one examines the predestined affinity, the foundation, and the ancestors' merits, this family had practiced spiritual perfection for a few decades. Therefore, their ancestors' grace is profound and they have a good chance of attaining nirvana. If they advance into the doors of Tao but their spiritual foundation is not profound, then they will naturally find that their chances of success are more difficult.

**Thai Sinh:** Master, your words are very precise. There are a number of families who practice Tao, but they are continuously met with trials. Thus, they complain and mourn; but the more they complain, the more troubled they become.

**Tse Buddha:** Let us visit a different family... Look at the villa over there. It is the residence of a big businessman. Inside is a great nobleman's son who is currently studying at a university. In his previous life, he was a great honest man during the Thanh dynasty. While alive, he had bestowed much happiness to his village, building bridges and embanking roads. Therefore, he is able to enjoy wealth, nobility, status, and fame. In addition, he had pledged to continue to do good deeds in this life, thereby, accumulating more merits. In the future, he will be able to enjoy Heaven's divine grace and ascend to the Pure Land of the West.

**Thai Sinh:** Ah... So that is the reason. It is truly a blessing. It is not unusual, then, that in this life, he had helped his father's business to be successful.

**Tse Buddha:** There is another family at the side of the mountain. It is covered and obscured by wind and sand. We will go there and look... This family originally had debts with other people from its previous life. Do you see the child sitting on the wheelchair?

**Thai Sinh:** Yes, I see him.

**Tse Buddha:** Three previous lives ago, this child was a scoundrel. He was greedy for food but was not keen on working. In his subsequent two lives, he had reincarnated as an animal. During that time, his soul suffered much misery and pain. Presently, he has reincarnated into this family, which lacks merits and virtues. They intently tell gossips and untrue stories about others' affairs. They destroy other people's reputation and do not respect their elders. Thus, in darkness, they have met automatic return for the negative karma they have sown.

**Thai Sinh:** It is exactly the result of the Law of Cause and Effect and the Law of Retribution for one's karma. People who are faced with such karma will surely have difficulty altering their predicament. How can they dissipate this karma?

**Tse Buddha:** They can stand before the altar, turn their faces up toward heaven, or direct themselves inwardly and vow to print and disseminate the divine book, “Voyages on Earth”, as well as show sincere repentance. They can also silently practice meritorious deeds and help those who are poor and suffering. The deities will secretly help them; then naturally, their negative karma will gradually dissolve. The family will become harmonious and good.

**Thai Sinh:** Dear Master, can opening one’s heart to print and distribute canonical books really help to deliver a person from karma and change his destiny?

**Tse Buddha:** Yes. However, one cannot do this a few times and expect to eradicate all karma completely.

When assisting with the printing of canons, it is best to direct one’s pledge to a long-term objective. A person should help with the printing each month, every three months, or twice a year. Then, the pledge will help the noble heart to avoid decadence. One must perfect oneself spiritually inside and out. If one were to ponder and compare, he would see that spiritual perfection is very effective in dissipating karma and changing one’s destiny. In the future, he shall achieve enlightenment and live leisurely.

Therefore, the responsibility of the Temple of the Sages to educate mankind on the spiritual doctrines is very different from before. To emphasize the meritorious act of printing canonical books is certainly efficient. Let us continue to visit another place.

**Thai Sinh:** Yes, excellent...

**Tse Buddha:** Ahead is the residence of a general.

**Thai Sinh:** May be that is why I feel that it is engulfed by the celestial air of justice.

**Tse Buddha:** Inside is a nobleman’s son studiously reading a canon. In his previous life, he was a general of the Nguyen dynasty. While alive, he loyally fulfilled his duty toward his country, risking his life for his country. When he passed away, he was rewarded and enjoyed dignity and wealth in paradise for a few hundred years. At the present, his blessings have ceased; therefore, he is reborn into a blessed land. If he continues to be loyal in fulfilling his duty toward his country, then he will enjoy boundless wealth and happiness. If he is treacherous and corrupt, betraying his country in search of honor and not appreciating his chaste body, then he will ultimately lose his body. Once lost, it will eternally be difficult to restore.

**Thai Sinh:** It is truly very frightening. Ascending to heaven and decadence is separated from each other only by a millimeter. It depends totally on which path we choose. People on earth have a body. It is truly regrettable if they do not practice the following:

1. The three relations of a man’s duty (to his king or country, to his father, to his wife and siblings)
2. The five virtues (benevolence, righteousness, civility, knowledge, loyalty)
3. The four morals, *or s/la* (proper employment, demeanor, speech, and behavior)
4. The eightfold path (right understanding, thought, speech, behavior, occupation, effort, contemplation, and concentration)

**Tse Buddha:** We will go and visit a different family.

**Thai Sinh:** I see the family ahead has a baby boy that cries continuously without stopping.

**Tse Buddha:** This boy infant has a very intelligent mind. In the future, he will do great things. This family initially did not have any children. However, the parents longed for a child. Therefore, on one hand, they open-heartedly assisted with the printing of canonical books, and on the other hand, they prayed to heaven. In the end, the Holy Spirit was touched and granted them their wish. Although they are happy that they have a child, the couple in this family had to pass through six years of trials, full of pain and misery. At the present, the child is often ill. If they pledge to the Deities and Saints that they will do good deeds, then their karma can be dissipated... Good pupil, it is getting late tonight. Let us temporary halt our journey here and prepare to return to the Temple of the Sages.

**Thai Sinh:** I am on the lotus throne. Respectfully invite Master to start.

**Tse Buddha:** We have arrived at the Temple of the Sages. Thai Sinh, disembark the lotus throne and return to your body.