



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Heart and Mind

When our spiritual heart and mind develop, we are able to understand our
own selves,

With constant spiritual progress, we surmount difficulties on our own,
Appreciative of the Divine Grace who grants us wisdom to understand our
karmic relations,

We practice the righteous dharma and clearly see our previous karmic
relations.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 27 April 2003 to 3 May 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in constantly practicing the mental invocation of the mantra Nam-Mo-A-Di-Da-Phat?*
2. *Is there any benefit in being greedy and lustful?*
3. *What is the good opportunity of meeting each other again?*
4. *Which path is the path of spiritual evolution?*
5. *What is the proper way to love and respect the noble Heaven?*
6. *How can we release our blocked energies?*
7. *What should we do in order to clean ourselves of all blocked energies?*



<p>Sydney, 27 April 2003, 5:55 AM <i>Q: Is there any benefit in constantly practicing the mental invocation of the mantra Nam-Mo-A-Di-Da-Phat?</i></p> <p>A: Constantly practicing the mental invocation of the mantra Nam-Mo-A-Di-Da-Phat will greatly benefit the mind and the body.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Returning to purity and meditative knowledge, the soul feels harmony and serenity, Deep transformations occur in all areas, Releasing impurities on our own, we clearly see the path of spiritual knowledge, Developing our sincere nature, we purify ourselves through spiritual practice.</i></p>
<p>Sydney, 28 April 2003, 6:05 AM <i>Q: Is there any benefit in being greedy and lustful?</i></p> <p>A: Being greedy and lustful will eventually harm both the mind and body.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Greediness and lust will destroy the body and cause agitation, Unable to make progress, one must accept the consequences, By learning deeply and thoroughly, our heart and mind become touched, Practicing with sincerity, we have to realize our own expectations.</i></p>
<p>Sydney, 29 April 2003, 8:20 AM <i>Q: What is the good opportunity of meeting each other again?</i></p> <p>A: The good opportunity of meeting each other again occurs in an unexpected manner.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>How joyous to meet each other again with this fortunate opportunity, Continuously, we learn from both good and bad fortunes, Through re-incarnations, now we have the opportunity to be re-united, Returning to our pure origin, we'll have the opportunity to return to our true heart.</i></p>
<p>Sydney, 30 April 2003, 3:36 AM <i>Q: Which path is the path of spiritual evolution?</i></p> <p>A: The path of unflinching resolve is the path of spiritual evolution.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Undergoing deep transformations, we turn within for self-analysis, Surmounting hardships and misfortunes, we feel inner peace, Sowing the seeds for infinite spiritual guidance, our heart is serene, Loving and respecting the noble Heaven, we achieve success on our own.</i></p>

<p>Honolulu, 1 May 2003, 9:40 AM <i>Q: What is the proper way to love and respect the noble Heaven?</i></p> <p>A: To love and respect the noble Heaven, we should practice to direct our mind toward the Lord.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With a sincere heart, we turn to the World Above and return there on our own, Releasing our sorrow and worries, we dissipate our illusory dreams, Progressing continuously, our heart remains void of agitation, Developing ourselves with perseverance, we perfect our spiritual energy on our own.</i></p>
<p>Honolulu, 2 May 2003, 3:00 AM <i>Q: How can we release our blocked energies?</i></p> <p>A: In order to release our blocked energies, we should curl our tongue, keeping incisors against incisors, and mentally invoke the mantra Nam-Mo-A-Di-Da-Phat in a regular manner. Then we'll be able to release blocked energies in our inner consciousness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Turning to purity, we mentally invoke the mantra Nam-Mo to release our impure energy, Dissipating blocked energies, we turn within to reach inner harmony, As the sublime purity develops, our mind generates good thoughts, Acquiring a wise mind and seeing our true character, we naturally achieve success.</i></p>
<p>Honolulu, 3 May 2003, 12:55 AM <i>Q: What should we do in order to clean ourselves of all blocked energies?</i></p> <p>A: In order to clean ourselves of all blocked energies, we should practice regularly the mental invocation of the mantra Nam-Mo-A-Di-Da-Phat.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Through spiritual cultivation, the energy in our inner organs increases, Releasing blocked energies at each level, We practice with determination to reach our goal, With a calm heart and serenity, we keep practicing on our own.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Letter from the Editor

Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION
20 Ching Dao Rd, Section 4
Tai Chung, Taiwan R.O.C.

Notes:

The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.

CHAPTER TWENTY

THE CELESTIAL PRINCIPLE ILLUMINATES THE LAW OF RETRIBUTION WITHOUT OVERLOOKING THE SLIGHTEST

THE LAW OF CAUSE AND EFFECT PASSES TO AND FROM KARMA CAUSED BY INJUSTICE WILL NATURALLY BE ABSOLVED

Live Buddha Tse Kong
Descends on the 9th day of the 4th month, year of the Dog (1982)

POEM

*To know one's spiritual performance, wait until the end of his life,
To initially practice spiritual perfection and then abandon is a sin towards Heaven,
Clearly, one is being punished but does not see,
Once misfortunes come, it is too late to complain.*

Tse Buddha: Faith is the origin of strength. Therefore, even a person on his deathbed can feel extreme warmth as long as he has a little faith. On the other hand, a young man in his robust years who is given wealth and nobility, but lacks faith, will certainly be confused and unable to understand. Today, when I say that, mankind may ask, "Why are the two so remotely different?" It is because the first person is like a small ordinary boat that has a compass to guide him and, therefore, his soul can easily return to his faith. In the end, he is able to reach shore. The second person is similar to a beautiful boat without a compass to guide him or the strength of faith. Thus, he will be bewildered and does not know which direction to return to, floating and drifting aimlessly.

I earnestly hope that mankind will have strong faith to override adversities such as: separation, misfortunes, sufferings, and maltreatment. Faith will help them withstand these difficulties. Thus, mankind is never lacking in anything except faith.

Thai Sinh: Master teaches well. I believe that faith is like a beam of light illuminating a dark path. If this stream of light is not available, then the pedestrian would certainly be groping blindly, not knowing which direction to proceed.

Tse Buddha: The Truth always endures and silently lights the way for mankind. However, man often thinks that the Truth does not exist. It is no different than a person with sparkling eyes capable of seeing far away, but his sight is covered by a screen. Therefore, he continues on the sinful path. In contrast, a blind person may be covered and surrounded by darkness, but inside, his heart is a brilliant lamp of clairvoyance. Thus, some are blessed but do not know that they are blessed. They are continuously and tirelessly greedy. That is the greatest sickness of mankind. Man lacks the invisible heart medicine. To gain victory over treachery, one must develop benevolence, which is very efficacious against dishonesty.

Thai Sinh: Your words are extremely important and earnest. I am very touched. I pledge to propagate your infinite spirit. However, I fear that although my heart holds excess enthusiasm, my strength is insufficient.

Tse Buddha: You only need to have an infinite lamp. One person can convey to ten others. Ten people will convey to a hundred. Moreover, living with enthusiastic and clairvoyant people in one area, you will have the opportunity to gather all together and create your own strength.

Thai Sinh: Yes, your instructions are extremely correct. I hope that the infinite lamp will be inextinguishable.

Tse Buddha: You must always keep it oiled so that it will never become extinguished.

Thai Sinh: Dear Master, I will strive my best to do that.

Tse Buddha: Let us stop here for today so you can begin the itinerary.

Thai Sinh: I am prepared. I respectfully invite Master to depart.

Tse Buddha: There is a proverb, “Close the coffin, and then discuss.” It means that whether a person’s character is good or bad cannot be judged while he is alive. One must wait until he had passed away before one can render a critique. Like running a marathon, one cannot judge at the beginning or the middle of the race who will win eventually. Victory or defeat is all decided at the finishing line. From ancient times until the present, valiant heroes, righteous men, loyal subjects, and pious sons have left behind their good names eternally. Everyone reveres them because their whole life was devoted to upholding fidelity without forsaking it even when they are faced with death.

Thai Sinh: Master, your words are very logical. I often see a number of spiritual adepts who are very enthusiastic initially, but later on, they immediately become dispirited and discouraged when met with obstacles.

Tse Buddha: Buddha and mankind differ in that aspect. There are some who abandon the Path halfway because they have not understood the principles of Tao yet. They have not grasped the Truth. It is truly regretful. Currently, there are many spiritual adepts. Some enter the spiritual path early, some later. However, few maintain the Path until death.

Thai Sinh: According to Master’s teachings, the practice of spiritual perfection is similar to running a marathon. If a person does not have absolute faith, then he will surely drop out in the middle.

Tse Buddha: That is correct. We must also rest in the middle.

Thai Sinh: Why is that?

Tse Buddha: No reason. We have reached our objective.

Thai Sinh: Ah... So that is why...

Tse Buddha: Ahead is a place that helps to dissipate negative karma. It is a place that administers punishments while a person is still alive.

Thai Sinh: Dear Master, that is a hospital.

Tse Buddha: Right. Let us quickly go there and examine.

Thai Sinh: I smell a strong scent of chemicals. I see that the vacant patient rooms are desolated and lonely, like hell on earth... Ahead, doctors and nurses are fleeing in confusion because a patient is chasing them with a knife.

Tse Buddha: If people are like animals, they will finally see a day when a butcher will cut them open. And, if that is true, then people nowadays are no different. They must frequently suffer the pain of surgery.

Thai Sinh: That is very true. There are reasons why humans become ill and require medicines.

Tse Buddha: Most of the people here have come to dissipate their negative karma.

Thai Sinh: Yes Master, your words are very logical... Looking at his exterior, the middle-aged gentleman, ahead, appears to have a benevolent countenance. Why must he come here to be dissected and cut on?

Tse Buddha: According to the Trinity Deities’ records, that gentleman is an honest person in this lifetime. In his previous life, he was a physician. During his medical practice, he encountered a poor countryman who had contracted a serious illness requiring emergency treatment. However, when he got to the hospital, this physician ignored him and did not treat him because he did not have any money to make payment. When the countryman got to a different hospital, it was too late. While on his way to the second hospital, his illness tormented him so much so that he passed away. After he died, the patient’s resentments did not cease, thereby, forming negative karma. That is the reason why that physician must come here today to be dissected on in order to dissipate that negative karma.

Thai Sinh: As a physician, one must venerate and uphold medical ethics and virtues in order to attain the respect of people. It is truly unfortunate if one only thinks of money and does not utilize the spirit of saving the world to help others.

Tse Buddha: Of those people who are able to become doctors nowadays, there are some with the superficial opinion that their achievement is the result of their endeavor, not realizing that their success is due to the fact that

they have practiced spiritual perfection in their previous life, and Heaven and Earth have made the arrangements. If in this lifetime, one does not practice self-perfection and loses the conscience of a physician, then he will not be able to avoid retribution for his karma.

Thai Sinh: It looks like the young man over there had also come here to pay for his karma.

Tse Buddha: That young man does not appreciate life, racing on his motorcycle like a flying rocket. Hence, he had caused a great tragedy. "One's great goal has not been accomplished and yet one's body has already perished, causing his parents' tears to completely wet the hand cloth." It is truly a waste of his family and his country fervor to raise him.

Thai Sinh: Yes, that is precisely the case. Haste makes waste. Only one clumsy move of the hand and one must embrace resentments forever... Separated by a wall is a young man with glassy eyes. His spirit has completely deteriorated.

Tse Buddha: He is trapped by karma and consequences of his actions and, thus, is surrounded by dead souls who were victims of injustice.

Thai Sinh: Dear Master, why am I not able to see anything?

Tse Buddha: You may use my Buddha's fan. One wave of the fan and the victimized soul shall immediately appear.

Thai Sinh: Ah... Indeed, the soul of a girl has appeared.

Tse Buddha: This girl has been constantly following that young man closely for a long time now, demanding retribution for the sins, which he had committed towards her.

Thai Sinh: Dear Master, can we interview this girl?

Tse Buddha: Surely. You can request the girl to explain the reason why she haunts the young man.

Thai Sinh: Victimized soul, how are you doing? Owing to our encounter, we have helped you come into sight. Can you answer a few questions for us?

(The victimized soul did not acknowledge Thai Sinh's introduction, therefore Tse Buddha uses his magical power causing the soul to experience great pain.)

Female Victimized Soul: You and I bear no rancor or animosity toward each other. Why have you forced me to meet you?

Tse Buddha: Hatred can only be released. It cannot be bound. Why do you want to destroy this young man's life?

Female Victimized Soul: I have orders from the infernal realm to come up and harm that person. From which realm are you two, Saint and Deity, who want to deter me?

(The victimized soul refused to obey orders. Tse Buddha, in turn, pulls out his Golden Rod, which emits a bright aura. The victimized soul could not withstand the power of the rod and, subsequently, burst into tears due to pain.)

Why do you want to humiliate me?

Thai Sinh: That is not so. We are writing the holy book, "Voyages on Earth", and would like to know a few details for documentation in order to arouse people of this world. I hope that you can cooperate with us by relating the reason for your suffering.

Female Victimized Soul: Ah...

Thai Sinh: Do not be so heart-broken. Go ahead and tell us your story. If you have any hardship, Master Tse Buddha will help you resolve it. Besides, we do not have much time.

Female Victimized Soul: That young man does not have a conscience. Twenty years ago, I worked at a shoe factory. There was a young man with the surname, Tran, and first name... He held the position of foreign affairs at a corporation. Because I was attractive, he often used sweet and pleasing words to seduce me. Then one day, he made a date to take me out for some fun. I did not expect, that night, that he would destroy my virginity. During the period that followed, whatever he said, I would listen. Therefore, I gave him all my money so that he could squander it away extravagantly.

One day, I informed him that I was pregnant for four months. He heartlessly fled. I was left with no partner and no money. I was extremely indignant over his inhumane attitude and ungratefulness. In addition, I was so ashamed that I was unable to face my relatives and my friends. Hence, I decided to end my life by drinking poison. After my soul arrived in hell, the injustice I felt would not dissipate. Thus, the King of Purgatory gave me permission to return to the terrestrial world in the depth of night to avenge my rival lover.

Thai Sinh: Ah... So that is the reason. But, how did you find your old lover?

Female Victimized Soul: It is a long story. It took me a long time to search for him, and finding him was not easy.

Thai Sinh: Can you recount all the details for me?

Female Victimized Soul: All right. Because I knew that he is passionately fond of gambling, I was certain that he would dawdle at the gambling dens. Fifteen years ago, each evening, I would come to the gambling dens. But, it took several years before I spotted him at one of the gambling den. I immediately follow him closely. However, his yang, or positive energy, was too strong. I had no other method except to patiently wait for an opportunity.

Thai Sinh: What kind of opportunity?

Female Victimized Soul: In general, it has to do with the merit of his ancestors... I waited until one day five years ago when he became intoxicated by wine. While he was clouded and driving his motorcycle, I took that opportunity to enter his body, causing him to be ill. Although much medicine have been used, he could not recover. In the end, his family brought him to this hospital to be treated. I did not expect to be detected by the two of you.

Thai Sinh: How do you carry out your revenge?

Female Victimized Soul: I have used up all the force of my yin, or negative energy, to press down heavily on his soul causing his spirit to feel great pain.

Thai Sinh: That is not right. Everyone has pity. Why have you mercilessly done that?

Female Victimized Soul: If I did not do that, I would not have another chance.

Thai Sinh: We must ask Master Tse Buddha to open your mind.

Tse Buddha: Victimized soul, surname Lam. Goodness reaps goodness, evil reaps evil, and kindness reaps kindness. Good and evil, where does it end? I hope you will be able to cast aside your hatred because that young man had been banished down to the level of an animal. In the future, he will receive retributions for his karma. You need not hold on to your discontentment. I hope that you will quickly think of your own future and awaken you heart to do good deeds. Helping others to attain happiness is the right thing to do...

Female Victimized Soul: Ah... Thank you, Great Buddha. You have opened my mind. While alive, I was not attentive toward spiritual perfection and accumulating virtues. Listening to Great Buddha preaching today, I feel very ashamed.

Tse Buddha: Victimized soul, surname Lam. Today, owing to the writing of the holy book, "Voyages on Earth," you are able to relate clearly all the sufferings that you have experienced. If you have the heart to study spirituality, do not think of vengeance, and forgo past hatred, then for your sake, I will preach and accept you as my disciple. Would you like that?

Female Victimized Soul: I am extremely grateful, Great Buddha.

(The victimized soul quickly prostrates with her head bowed and hands together to thank Tse Buddha for his divine grace and listens to his sermon.)

Tse Buddha: Very good. Now, my child, you must persevere and strive to perfect yourself spiritually. You should realize that all predestined good opportunities and misfortunes are the consequences of one's actions in his or her previous life. A person only needs to see all matters clearly then he or she needs not hold animosity when he is abandoned. You must have the spirit of self-sacrifice and able to endure humiliation, then there shall be a day when you will achieve success and be granted the Ninth Virtuous Level of the Lotus.

Female Victimized Soul: I very grateful to you, Master, for broadening my mind. I am afraid it will be difficult for this foolish daughter to achieve success.

Tse Buddha: Listen carefully my pupil surname Lam. Everyone has a Buddha nature. Hence, the practice of the Supreme Tao does not differentiate between the rich and the poor, the noble and the ordinary. A person only needs a genuine heart. Then, he can overcome all difficulties. Do not belittle yourself. You should realize that a vulgar person with a heart for spiritual perfection could still reach enlightenment. On the contrary, a noble person with an arrogant character cannot achieve enlightenment. There is a saying, "The rich and noble study spirituality with difficulty while the poor and ordinary practice spiritual perfection diligently." I hope that you will make every effort to practice spirituality.

(The victimized soul is suddenly touched by the profound grace and is choked with tears.)

Thai Sinh: Sister surname Lam, the Temple of the Sages has many female spiritual adepts. Although they have not read many books, their hearty devotion to Tao surpass the male spiritual adepts. I hope that you can acquire their noble and virtuous spirit. Today, you and Master Tse Buddha have spontaneously become master and student. Sister, you have truly received the good fortune of three generations.

Tse Buddha: That is very true. The time is getting late today. My pupil surname Lam, Thai Sinh and I must return to the Temple of the Sages, you must be mindful and cautious. Thai Sinh, quickly ascend the lotus throne and prepare to return.

(The victimized soul is deeply touched by gratitude and does not want to leave, holding on to Tse Buddha and Thai-Sinh's hands. Choking with tears, she expresses her farewell. Thai Sinh wishes her luck and volunteers to convey this story to all of mankind in the terrestrial realm so that everyone can abandon evil to follow the virtuous path and believe in the teachings of Buddha. Only moments after that, the Temple of the Sages appears before their eyes.)

Tse Buddha: We have arrived at the Temple of the Sages. Thai Sinh, disembark the lotus throne and return to your body.