



# The Life Energy Development Weekly

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Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)  
[www.vovi.org](http://www.vovi.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Facing Obstacles

Facing karmic relations, we practice with a sincere heart to evolve spiritually,  
When our consciousness awakens, we are not polluted by impurities,  
Saving our mind and body, we surmount adversities,  
Returning to serenity and spiritual energy, we regain inner peace.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 4 May 2003 to 10 May 2003*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Why does one only see extreme difficulties in this earthly world?*
2. *What will the consequences of their actions be?*
3. *What will happen when we return to our pure origin?*
4. *How do we open up and unblock ourselves?*
5. *What is equilibrium?*
6. *What does it mean to understand all spheres clearly?*
7. *How do we achieve clear understanding and a thorough spiritual knowledge?*



**Honolulu, 4 May 2003, 4:00 AM**

Q: Why does one only see extreme difficulties in this earthly world?

A: When looking at this earthly world, there is only impure energy.

**Psalm**

*Earthly affairs are full of entanglements,  
Worldly affairs are fleeting and transform at each  
stage,  
Those who cause agitation go on the wrong path  
without a clear understanding,  
With all kinds of greedy and lustful desires, they have  
difficulty practicing the true dharma.*

**Honolulu, 5 May 2003, 3:03 AM**

Q: What will the consequences of their actions be?

A: The law of retribution has forms and colors.

**Psalm**

*The origin of spiritual knowledge transcends into forms  
and colors,  
Returning to serenity, our heart naturally communes  
with the higher spheres,  
Thanks to the spiritual opportunity, we understand our  
origin thoroughly,  
Practicing with sincerity and diligence, we quickly  
dissipate our impure energy.*

**Honolulu, 6 May 2003, 3:15 AM**

Q: What will happen when we return to our pure origin?

A: When we return to our pure origin, we will find peace and harmony.

**Psalm**

*Practicing with a righteous consciousness, we open up  
and unblock ourselves on our own,  
Through deep spiritual transformations, we achieve a  
circle of harmony,  
Practicing with sincerity to return to our origin, we  
follow the spiritual teachings,  
Practicing with a righteous consciousness, we release  
blocked energies on our own.*

**Honolulu, 7 May 2003, 4:45 AM**

Q: How do we open up and unblock ourselves?

A: We open up and unblock ourselves by reaching equilibrium.

**Psalm**

*Achieving thorough knowledge with our wisdom and  
serenity,  
We enter the state of meditative contemplation to  
enlighten our mind and see the path clearly,  
How subtle and sublime is the knowledge of our  
connecting meridians,  
Like the sunrise, we develop our soul and naturally  
regain our kind heart.*

<p><b>Honolulu, 8 May 2003, 7:05 AM</b>  Q: <i>What is equilibrium?</i></p> <p>A: Equilibrium means that serenity prevails in the whole body.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>Equilibrium means that the body functions regularly,  Understanding all spheres clearly, the consciousness  attains the sublime level,  With a clear mind, we penetrate our consciousness  thoroughly,  With balanced energy, we guide all beings in peace  and harmony.</i></p>
<p><b>Honolulu, 9 May 2003, 1:20 AM</b>  Q: <i>What does it mean to understand all spheres clearly?</i></p> <p>A: To understand all spheres clearly means that each domain is assigned a clear function.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>With a clear understanding, we know our spiritual  consciousness thoroughly,  After extreme transformations, all spheres reach  harmony,  Success means opportunity for infinite guidance,  Brilliantly, our soul shines like a pure lake.</i></p>
<p><b>Honolulu, 10 May 2003, 2:32 AM</b>  Q: <i>How do we achieve clear understanding and a thorough  spiritual knowledge?</i></p> <p>A: Clear understanding and a thorough spiritual knowledge  come from the heart.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>Thanks to the fortunate opportunity, we awaken  ourselves and understand clearly,  After the deep transformations, we dissipate our  worries,  Our inner consciousness is no longer suffering,  Practicing with sincerity and diligence, we have no  worries.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Letter from the Editor**

## Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

SHENG TE MAGAZINE ASSOCIATION  
20 Ching Dao Rd, Section 4  
Tai Chung, Taiwan R.O.C.

**Notes:**

*The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.*

## CHAPTER TWENTY-ONE

### PRACTICE THE TRUE DOCTRINE, THE GREAT ANGEL EXPLAINS THE RATIONALE RETRIBUTION FOR ONE'S ACTIONS, THE DEAD SOUL UNDERSTANDS THE REASON

Live Buddha Tse Kong  
*Descends on the 3<sup>rd</sup> day of the 5<sup>th</sup> month, year of the Dog (1982)*

#### POEM

*Practice the Vo Vi doctrine and all obstacles shall dissipate,  
With empty vanity and impulsive acts, one will lose Tao,  
Devote one's heart to the practice of Tao until the very end, and he shall attain enlightenment,  
Abandoning the Path halfway is a waste.*

**Tse Buddha:** Study Tao, practice Tao, and act along Tao's principles. One should practice Tao each year, each day, and throughout the whole twenty-four hours. He must always maintain a spiritual heart, in thought and in actions. If one is insincere and abandons the Path halfway, then it is truly regretful. Therefore, those who practice Tao are obliged to profoundly expand their knowledge on spirituality in order to avoid the situation of climbing a mountain of treasures only to come down empty-handed.

**Thai Sinh:** Dear Master, your words are very logical. The spiritual doctrine that is difficult to practice is truly difficult. The spiritual doctrine that is easy to follow is very easy. If a person has a sincere heart and determination, then it is easy to practice. As for a person who is insincere, even if he was to participate, it is only to observe and examine. Hence, for them, the practice of the Supreme Tao will surely be extremely difficult. However, they have created this obstacle themselves. They prevent themselves from entering the door of spirituality.

**Tse Buddha:** Good pupil, you speak correctly. All the followers of the Temple of the Sages practice Tao with ease, but those looking in from outside the doors see that it is extremely tough. Therefore, simple or difficult is wholly dependent on one's determination alone. If one enthusiastically and resolutely steps directly through the doors of Tao, then the practice of Tao would no longer be difficult.

**Thai Sinh:** They dare not step directly into the doors of Tao because they lack courage.

**Tse Buddha:** What you said is not completely true. It is because people have already fallen deep into the hands of greed for fame and fortune. Soon, they become frightened when they see something that is good and virtuous. On the other hand, if they are met with fame and fortune, then they immediately run after it in droves. They cling fast to it and will not let go.

**Thai Sinh:** Dear Master, that is very true. It is not that they completely lack courage but it is because their outlook is superficial.

**Tse Buddha:** The Tao canon states, "The superior scholar hears Tao and practices diligently. When an intermediate scholar hears Tao, he remembers half and forgets half. The inferior scholar laughs aloud upon hearing Tao. If he does not laugh, it is not suitable enough to be considered Tao."

Therefore, the precious aspect of Tao is difficult to relate and difficult to imagine. Only the superior scholars with superior foundation, virtues, and intelligence can comprehend it in a dignified and worthy manner. In contrast, those with inferior foundation and intelligence only allow themselves to be bound by the iron yokes of fame and fortune, burned by the seven passions and six desires, and crushed by the wheel of samara, *or the cycle of death and rebirth*.

**Thai Sinh:** Dear Master, your words are truly wonderful. Those who have read the books of virtues but are still doubtful are very foolish and are not predestined for the Path of Buddha.

**Tse Buddha:** That is correct. We will temporarily halt our conversation here for tonight. Prepare to depart.

**Thai Sinh:** Yes, Master... I am on the lotus throne. Respectfully invite Master to commence.

**Tse Buddha:** Good pupil, we have arrived. Because we are still on the lotus throne, we can see a Buddhist temple. Inside, everyone is examining and studying the spiritual dharma.

**Thai Sinh:** The last era has come. There are many religious denominations. It is difficult to count them all. But, those who care about spiritual cultivation are all searching for the path of liberation from sufferings for mankind using a heart of boundless compassion.

**Tse Buddha:** In this last era, the doors of the Supreme Tao are wide open to deliver and guide all disciples who are predestined for it. If one is born during this era but has not yet found the doors of Tao, then his life is worthless.

**Thai Sinh:** Very true. The hall of worship of this Buddhist temple is similar to that of a public temple. Inside, there are approximately twenty to thirty people who are sitting and concentrating their spiritual energy while listening to the teaching of the wise master. The sign on the wall has the following lines:

*Faith is the mother of virtues and the source of the Supreme Tao,  
Faith can liberate one from the sufferings of life and death,  
Faith can breed ten thousands seeds of goodness,  
Faith is the foundation for building the awakened mind.*

Ha...ha... The practice of Tao does require absolute faith.

**Tse Buddha:** The deities and saints are presently coming to greet us. We should quickly proceed ahead to present ourselves and exchange salutations.

**Thai Sinh:** Yes...

*(A Great Angel steps forward and greets Tse Buddha and Thai Sinh.)*

... My respectful regards to you, venerable Great Angel.

**Great Celestial Immortal:** Thai Sinh, you are dispensed from ceremony. It is truly fortunate that we have the opportunity to meet here today. I feel very honored. Your temple has wholeheartedly spread the Tao dharma in order to save mankind. Deities and disciples are continuously utilizing all of their heart and fervor. Their efforts have truly touched everyone.

**Thai Sinh:** Great Angel, your compliments are too kind. I am only afraid that we may not be able to shoulder the responsibility. Therefore, Great Angel had to leave the pleasures and leisure lifestyle of paradise and descends to earth, bestowing the Tao and exercising the dharma everywhere. Mankind will be extremely moved.

**Great Celestial Immortal:** Do not mention it. Presently, there is no free time in the celestial realm. Angels and Buddha everywhere are actively assisting spirituality. It is not just myself but everyone from the realm of Nam-Thiem-Bo-Chau.

**Thai Sinh:** Great Angel, you are still young and, yet, had achieved such a high level. Would you please describe your experience with the spiritual practice that had helped you to succeed so quickly?

**Great Celestial Immortal:** Relating my story is a little embarrassing because it may seem a bit boastful. Today, I have been bestowed the title, the Great Celestial Immortal, because while alive, my whole life was devoted to spirituality. For the sake of Tao, I roamed the world with an unflinching faith, and, in the end, sacrificed myself in the name of Tao. Aside from that, I do not have any high merit worth mentioning.

**Thai Sinh:** Ah... That spirit provokes even more respect from people. However, in what way did you practice spirituality?

**Great Celestial Immortal:** It is a long story. About twenty years ago, with the spread of the Supreme Tao, I had the good fortune of receiving orthodox teaching. Hence, I realized that the Supreme Tao is precious. From then on, I traveled to all four corners of the world counseling everyone to do good and helping the poor and miserable, using that as my source of happiness. One day, my parents became seriously ill. Although much medicine was used, their illnesses did not diminish. Therefore, I vowed to shorten my life on earth in order for my parents to live longer. From then on, I replaced my family members in bearing all of their sins. Although physically I was not well, my spiritual

heart grew even more determined and was unafraid of trials. I continued to travel everywhere conveying the dharma and preaching the Tao. If someone invited me, I would never decline. My long travels resulted in accumulated fatigue and subsequent illness. Thus, a few years ago, my time on earth ended, and it was time for me to return to heaven. My celestial nature immediately penetrated the nine levels of heaven. The Mother Goddess of Heaven was touched and bestowed upon me the title, Great Celestial Immortal. Nevertheless, I recognized that my constructive deeds toward spirituality are not yet adequate. Therefore, to repay Heaven's profound favor, I have pledged to descend to earth and make sacrifices for the sake of Tao.

**Thai Sinh:** It is truly touching. And, what mission has brought you to the terrestrial realm tonight?

**Great Celestial Immortal:** I travel everywhere wholly for the sake of spirituality, like the venerable Lam-Te. I use my utmost meditative efforts to pacify and establish peace everywhere, helping all the temples that are disturbed by ghosts and demons to reestablish serenity.

**Thai Sinh:** Ah, so that is your mission. I am very grateful for your guidance.

**Great Celestial Immortal:** Please do not be so polite. Well, let us temporarily bid farewell. I hope we will have the opportunity to meet again soon.

*(The Great Celestial Immortal bid farewell to Tse Buddha. Thai Sinh salutes and expresses his gratitude to the Great Celestial Immortal.)*

**Thai Sinh:** Dear Master, according to the Great Angel's words just now, when believers enter the Holy doors to listen to Tao, the victimized souls who demand retributions for their karma are not able to enter and seek vengeance. If that is so, then where are these souls hiding at the present?

**Tse Buddha:** Good pupil truly does not understand. Because the aura of Buddha spreads brightly and the energy of Angels, Saints, and Deities converges here, the victimized souls dare not penetrate the doors of Tao but only lurk on the outside.

**Thai Sinh:** Dear Master, can that really be possible?

**Tse Buddha:** If you do not believe me, wait until I wave my fan, then you will see instantly.

**Thai Sinh:** That would be difficult even if one were to wish it...

*(Tse Buddha takes out his Buddha's fan and waves it, emitting a bright aura. Demonic souls appear in their original forms, trembling with fright and searching for places to hide. Thai Sinh is now able to behold clearly all that he had not seen before. Thus, he became pale with fright.)*

... Dear Master, these victimized souls who are waiting outside the doors, why could I not see them before?

**Tse Buddha:** Because you have not attained the state of Buddha's sight, so naturally you will not be able to see in dark places.

**Thai Sinh:** Dear Master, can we call one of the victimized souls over to do an interview?

**Tse Buddha:** Yes, we can. Let me call one over.

*(Indeed, immediately there was a female victimized soul who was unable to run and hide and had to present herself before Tse Buddha.)*

**Thai Sinh:** Victimized soul, do not be afraid. Tell us your intentions for coming here.

**Female Victimized Soul:** ...I do not...

*(Because she is so afraid, the soul only trembles and is unable to speak.)*

**Thai Sinh:** Do not be afraid. Slowly and clearly relate your intentions.

**Tse Buddha:** Because it is getting late, I will grant you a mind-calming pill.

*(The female victimized soul accepts the pill and drinks it.)*

**Female Victimized Soul:** I have orders from the infernal realm to return to the world of the living to find my enemy and carry out my revenge. However, I did not expect to have the good fortune of coming here to listen to the dharma, study Tao, and practice self-perfection. It was totally unexpected.

**Tse Buddha:** Debts of injustice are not ordinary matters that cannot be resolved easily with a few words.

**Thai Sinh:** So how did you carry out your revenge?

**Female Victimized Soul:** Because victimized souls like ourselves do not have a body of flesh and bones but only the yin energy of the dead spirit. This yin energy closely accompanies a number of the living souls causing these people to become mentally unstable and their body to become feeble. Therefore, they are easily angered and agitated, leading to decadence. Their families are easily upset, and discord within the family is common. Their work and endeavors are difficult to achieve. Thus, Mr. Tran... .. when he initially listened to the sermons at the doors of Tao five to six years ago, I often caused disturbance deep within his heart. However, having understood the spiritual principles, each time that I avenge, no matter how much turmoil and hardship the family encountered, Mr. Tran continued to patiently endure without complaints. Recently, when I followed him closely, he often came to the temple to listen to the dharma. After a while, I was converted and, consequently, abandoned the notion of revenge.

**Thai Sinh:** That's right. Hence, it is not unusual that there are a number of spiritual adepts who gradually become physically healthy after entering the Holy doors of spirituality. Their family slowly unifies and their work steadily becomes advantageous. It is truly unbelievable until today that, in fact, it is the victim's soul who has found the doors to Tao while looking for their enemy. Hatred has been converted to faith in the dharma and gratitude towards Buddha. Ha...ha... Tao is very profoundly and subtly useful... So, one can conclude that the enemy has paid back for his sins by saving the soul of the victim.

**Female Victim's Soul:** That is correct. At the present, having listened to the canon each day, my hatred gradually dissipates and my soul gradually brightens. Later, when I return to the infernal realm, I hope I can continue to study spirituality with the venerable Ancient Buddha of the Underworld.

**Thai Sinh:** If that is possible, then you have encountered an unusual opportunity.

**Female Victim's Soul:** Ah... When I was alive, I did not view the practice of spiritual perfection as a precious blessing. Once condemned to purgatory, the practice of Tao is extremely difficult.

**Thai Sinh:** That is true. But, why is that?

**Female Victim's Soul:** Because living in the terrestrial realm, not only is the practice of Tao much easier, but one can achieve results more quickly. Once condemned to the infernal realm, the progress of spiritual perfection is very slow. The process toward success is slower because there are much more trials in order to pass through the doors of spirituality. That is the full reason.

**Thai Sinh:** If one is determined, then he or she will achieve. Victim's soul, you must be patient and strive to persevere. You will ultimately succeed.

**Female Victim's Soul:** Thank you for your sincere encouragement.

**Tse Buddha:** Ah... It is getting late. Victim's soul, I grant you the following phrases, "He who practice spiritual perfection will achieve nirvana. He who eats will be full." Victim's soul, alias Ly Sinh, you have the honor of being near the doors of Tao. Your future will be bright. You must persevere. Thai Sinh, let us prepare to return to the Temple of the Sages.

**Thai Sinh:** I have ascended the lotus throne. I respectfully invite Master to commence.

*(The female victim's soul was extremely touched. Moments later, the soul disappears in the dark shadow of the night. Quickly thereafter, the lotus throne transported Tse Buddha and Thai Sinh back to the Temple of the Sages.)*

**Tse Buddha:** We have arrived at the Temple of the Sages. Thai Sinh, disembark the lotus throne and return to your body.