



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Intuitive Knowledge

Developing our insight, we acquire greater wisdom,
With a serene mind, purity and integrity, we dissipate our blinded passions,
Loving and respecting all creatures living together,
We develop ourselves spiritually and are clearly aware of the Creator.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 11 May 2003 to 17 May 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does one acquire a spiritual heart?*
2. *Does serenity bring any benefit?*
3. *Why do we need to have a clear and wise mind?*
4. *Is there any benefit to engage oneself into the service of others with full dedication?*
5. *Does spiritual practice bring any benefit?*
6. *What does it mean to gain knowledge in all domains?*
7. *How do we practice spirituality?*



Honolulu, 11 May 2003, 4:47 AM

Q: How does one acquire a spiritual heart?

A: The spiritual heart comes from spontaneity and naturalness.

Psalm

*The spiritual heart comes from a candid character,
Spontaneously it appears to resolve difficulties and
help with spiritual practice,
With a balanced heart and mind, we improve
ourselves,
Dissipating our hardship and misfortune unknowingly.*

Honolulu, 12 May 2003, 7:42 AM

Q: Does serenity bring any benefit?

A: Serenity will greatly benefit the mind and body.

Psalm

*Returning to our pure origin through meditative
knowledge, we understand our heart,
Developing our spiritual path, we keep a clear and
wise mind,
Releasing sorrow and worries, we advance further
spiritually,
With peace, purity, and lightness, we understand our
own selves.*

Honolulu, 13 May 2003, 3:36 AM

Q: Why do we need to have a clear and wise mind?

A: We need to have a clear and wise mind to serve humanity.

Psalm

*Devoting ourselves to public service, we practice the
spiritual method to improve on our own,
Loving and respecting the noble Lord, we refuse to kill
living beings,
Awakening our own spiritual consciousness, we are
void of agitation,
Serving others with a serene heart, we purify
ourselves on our own.*

Honolulu, 14 May 2003, 5:48 AM

Q: Is there any benefit to engage oneself into the service of others with full dedication?

A: Those who engage themselves into the service of others with full dedication will be able to learn words of truth and wisdom.

Psalm

*Through spiritual practice, we advance spiritually and
understand clearly,
Learning continuously, we awaken ourselves and
acquire wisdom on our own,
Regaining our spiritual heart, we open up our spiritual
consciousness,
Accepting the Divine Grace with sincerity, we are able
to transform our spiritual path.*

<p>Honolulu, 15 May 2003, 3:15 AM Q: Does spiritual practice bring any benefit?</p> <p>A: Through spiritual practice, we will be able to thoroughly understand all spheres and all domains.</p>	<p style="text-align: center;">Psalm</p> <p><i>Practice brings great benefits and enlightens both the mind and body, We understand good things in a very thorough way, With constant flexibility, we transform ourselves to evolve further, Practicing the true dharma thoroughly, we gain knowledge in all domains.</i></p>
<p>Las Vegas, 16 May 2003, 13:05 PM Q: What does it mean to gain knowledge in all domains?</p> <p>A: To gain knowledge in all domains means to understand everything.</p>	<p style="text-align: center;">Psalm</p> <p><i>Practicing spirituality, we are able to understand many things, Practicing with diligence and sincerity, we devote ourselves to a sublime practice, As The Lord spreads His infinite guidance, everyone has the opportunity to learn, Enlightening our true soul, we turn within to understand the sublime.</i></p>
<p>Las Vegas, 17 May 2003, 4:50 AM Q: How do we practice spirituality?</p> <p>A: We practice spirituality by practicing meditation in a correct and righteous manner.</p>	<p style="text-align: center;">Psalm</p> <p><i>Discovering the deep divine principle, we practice and advance on our own, Silently, we advance with profoundness and analyze our karmic relations, With our cyclical breathing exercises, we develop ourselves and understand the path of progress, Evolving continuously, we follow the law of constant births and rebirths.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Letter from the Editor

Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

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Notes:

The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.

TO BE CONTINUED NEXT WEEK