



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Harmonizing With Purity

Harmonizing with pure energy, we practice and see the true dharma clearly,
Developing ourselves, we reach self-awakening and understand the path,
With a clear and wise mind, we practice to evolve and progress further,
Working constructively with a sincere heart, we transform ourselves and
become more compassionate.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 8 June 2003 to 14 June 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How can we have a bright face and shining eyes?*
2. *Is there any benefit in practicing with sincerity?*
3. *What should we do in order to understand all things thoroughly?*
4. *Is there any benefit in being greedy and lustful?*
5. *Is there a way to heal the disease of selfishness?*
6. *What is selfishness?*
7. *Why do people build a title and a high status?*



San Diego, 8 June 2003 5:21 AM

Q: How can we have a bright face and shining eyes?

A: When we turn toward the World Above and unify ourselves with the center of energy of the universe, we will have a bright face and shining eyes.

Psalm

*Through spiritual practice, we open our consciousness
and our eyes are pure and bright,
Understanding the universe thoroughly, our mind
shines brilliantly,
By providing infinite guidance to humanity, we have
the opportunity to reach enlightenment,
With a thorough spiritual knowledge, we achieve
success and open a new era on our own.*

San Diego, 9 June 2003, 7:57 AM

Q: Is there any benefit in practicing with sincerity?

A: The truth is the truth. To be honest is good.

Psalm

*Learning the deep and subtle divine principle, we
evolve further and progress with practice,
Turned toward lightness and purity, we enter the
sphere of pureness,
Practicing with diligence and sincerity, we achieve
success with a sincere heart,
Releasing our intransigence and blinded passions, we
achieve pureness on our own.*

San Diego, 10 June 2003, 7:10 AM

Q: What should we do in order to understand all things thoroughly?

A: In order to understand all things thoroughly, we must release our impurities by our own efforts in order to gain a thorough knowledge.

Psalm

*To understand all things thoroughly, we must achieve
peace and harmony,
With a clear mind and a wise heart, we understand on
our own,
Facing social and spiritual matters, we maintain a
practical view and a sincere heart,
Practicing thoroughly, we achieve success and instant
communion with the higher sphere.*

San Diego, 11 June 2003, 8:52 AM

Q: Is there any benefit in being greedy and lustful?

A: Those who are greedy and lustful will form a habit of selfishness.

Psalm

*Those who are greedy, lustful and selfish only think of
themselves,
Seeing the disadvantage for our mind and body, we
should awaken ourselves,
Those unable to develop themselves spiritually will
become agitated,
Those who understand themselves thoroughly will
naturally regain inner peace.*

<p>Santa Ana, 12 June 2003, 8:18 AM Q: <i>Is there a way to heal the disease of selfishness?</i></p> <p>A: One should release all blocked energies by one's own efforts in order to heal oneself from the disease of selfishness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Through peace and harmony, we feel our mind and heart at peace, Releasing our sorrow and worries, we turn within for self-analysis, Developing ourselves spiritually, we awaken our consciousness on our own, With a thorough practice, we gain wisdom and a peaceful heart and mind.</i></p>
<p>Santa Ana, 13 June 2003, 3:25 AM Q: <i>What is selfishness?</i></p> <p>A: Selfishness means to want to protect oneself only.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Holding on to self-profit, they don't want to help anyone, With a stingy heart, they always want to fight and compete, They search for profit without sharing with others, Changing themselves, they will suffer and commit errors on their own.</i></p>
<p>Huntington Beach, 14 June 2003, 10:10 PM Q: <i>Why do people build a title and a high status?</i></p> <p>A: People build a title and a high social status in order to accumulate personal gains.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>People build a title and a high status to gain profit, They devise mischievous plots because of earthly concerns, Those who perfect themselves spiritually progress silently on their own, Awakening their own consciousness, they practice with sincerity and a restful mind.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Letter from the Editor

Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

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Notes:

The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.

(To be continued at a later date)