



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Unification

Unifying with true divine love, we clearly understand the spiritual teachings,
Loving and respecting The Lord and Buddha, we practice with sincerity to
evolve further,
As we develop ourselves on the spiritual path, we appreciate and respect a
compassionate heart,
Developing ourselves on our own, we live in quietude.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 29 June 2003 to 5 July 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there anything new when returning to the old homeland?*
2. *Why are we agitated?*
3. *Why does one take in impure energy?*
4. *Why do people become greedy?*
5. *Why is their mind agitated?*
6. *Why are we weak and hesitant?*
7. *Why do people lack wisdom?*



Montreal, 29 June 2003 7:52AM

Q: *Is there anything new when returning to the old homeland?*

A: There is nothing new when returning to the old homeland.

Psalm

*Understanding thoroughly the matters, there is neither nobility nor lowliness,
We understand that the earthly world is no different,
Things come and go, creating agitation,
With a sincere heart, we welcome our Master and always look forward to seeing him.*

Montreal, 30 June 2003, 5:40 AM

Q: *Why are we agitated?*

A: We are agitated because we take in impure energy.

Psalm

*When impure energy invades our mind, we lack clarity and wisdom,
We remain hesitant and involve ourselves in agitated and unnecessary matters,
With a profane heart, we are unable to progress and meet unhappiness,
Taking in agitation, we become stupid and suffer in an unneeded way.*

Montreal, 1 July 2003, 8:12 AM

Q: *Why does one take in impure energy?*

A: When one is excessively greedy, one will take in impure energy.

Psalm

*Greediness brings suffering and harms the body,
With incessant hardship and suffering, we cannot reach enlightenment,
Causing agitation, we cannot release the impurities and only harm ourselves,
Unable to cultivate ourselves spiritually, we are unable to progress and transcend our spiritual evolution.*

Montreal, 2 July 2003, 5:10 AM

Q: *Why do people become greedy?*

A: People become greedy because they are needy.

Psalm

*They are greedy because they lack everything,
Living with suffering and hardship, they worry about everything,
Because of their agitated mind, they are restless and greedy,
Unable to progress spiritually, they cannot advance and acquire compassion.*

Montreal, 3 July 2003, 1:30AM

Q: *Why is their mind agitated?*

A: Their mind is agitated because their nervous system is restless.

Psalm

*The nervous system lacks peace and serenity,
When the illusory thoughts are not cleared, one
harbors desires and crazy beliefs,
Without wisdom and knowledge, peace is nowhere,
Lacking a correct practice, one cannot connect with
the Lord.*

Montreal, 4 July 2003, 9:52 AM

Q: *Why are we weak and hesitant?*

A: We become weak and hesitant because we lack wisdom and knowledge.

Psalm

*When the mind is not enlightened, one only advances
slowly,
Unable to judge with clarity the path of spiritual
consciousness,
One practices slowly and has difficulty to communicate
with the sphere of energy,
Changing one's mind continuously, one's heart is full
of complexity.*

Montreal, 5 July 2003, 5:29AM

Q: *Why do people lack wisdom?*

A: People lack wisdom because they are impatient and hot tempered.

Psalm

*Lacking wisdom, we cannot understand our own
affairs,
Having difficulty to practice, we have difficulty to walk
together on the path of enlightenment,
When the spiritual mind does not develop, we do not
understand the spiritual path,
Releasing our passions and blindness, we will develop
an empty heart.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
