



The Life Energy Development Weekly

14 September, 2003

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Published in concurrence with *The Viet LED Weekly 427*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Peace

On our own, we achieve peace and practice the dharma with clarity,
Loving and respecting the noble Heaven, our heart achieves equilibrium,
Transforming our spiritual path, we work to increase our spiritual progress,
With a sincere heart, we learn the subtle spiritual philosophy.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 6 July 2003 to 12 July 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why are we angry and passionate?*
2. *How do we develop the consciousness of harmony?*
3. *What causes suffering on this earth?*
4. *Why do humans have to endure suffering?*
5. *Why is there karma?*
6. *What does it mean "to practice and reach self-awakening"?*
7. *What are the needs of people?*



Montreal, 6 July 2003 6:35 AM

Q: *Why are we angry and passionate?*

A: We are angry and passionate because we lack wisdom.

Psalm

*When the spiritual mind does not develop, the heart is
unwise,
Overflowing with carnal desires, we advance with
difficulty on the spiritual path,
Unable to achieve spiritual perfection, we cause
suffering to ourselves,
Going on the path of agitation, we are unable to
acquire wisdom.*

Montreal, 7 July 2003, 6:00 AM

Q: *How do we develop the consciousness of harmony?*

A: We develop the consciousness of harmony by adopting the path of tolerance and harmony.

Psalm

*Understanding all matters thoroughly, we save
ourselves,
Elevating common love to higher planes, we improve
our spiritual foundation,
Through spiritual development, we achieve results on
our own,
Developing our wisdom and spiritual knowledge, we
reach self-enlightenment.*

Montreal, 8 July 2003, 6:15 AM

Q: *What causes suffering on this earth?*

A: On this earth, greediness causes suffering.

Psalm

*Tortured by suffering and misfortune, we want to save
ourselves,
Abandoning fully our unrighteous acts,
We transform ourselves to return to our pure origin
and achieve Buddha's serenity,
Developing our wisdom and spiritual knowledge, we
regain our inner peace naturally.*

Montreal, 9 July 2003, 12:00 AM

Q: *Why do humans have to endure suffering?*

A: As human beings, we must assume tasks and responsibilities in order to advance spiritually.

Psalm

*We must assume tasks and responsibilities to release
our karmic debts and correct our mistakes,
With our thorough practice, we awaken ourselves and
acquire a clear judgment,
Learning on life's path, we see our spiritual evolution
clearly,
Thinking of the noble Heaven, we see our own nature
clearly.*

Psalm

*Lust and greediness create karma and hinder insight
and harmony,
Liberating ourselves from the bonds of worldly
emotions,
We practice righteousness and spiritual virtue to
overcome all obstacles,
Through spiritual practice, we awaken ourselves and
attain wisdom and harmony.*

Montreal, 10 July 2003, 1:00AM

Q: *Why is there karma?*

A: Karma is caused by the habit of lust and carnal desires.

Psalm

*Serving others with a sincere heart, we understand
their needs clearly,
Advancing deeply on the spiritual path, we gain deep
understanding,
Releasing our sorrow and worries in a subtle and
wonderful way,
We feel the lively love and affection and understand its
profound value.*

Montreal, 11 July 2003, 2:35 AM

Q: *What does it mean "to practice and reach self-awakening"?*

A: To practice and reach self-awakening means to dedicate ourselves to the service of others and to gain deep understanding on our own.

Psalm

*Unlimited lust and greediness harm one's body,
Greediness keeps augmenting in the world for the
purpose of profits,
Humans have eyes, but they do not see,
Acting in an agitated way, they do not care about
Heaven.*

Montreal, 12 July 2003, 5:40 AM

Q: *What are the needs of people?*

A: The needs of people are unending desires and greediness.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.