



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Progress

With unending spiritual progress, we evolve and advance together ,
With a sincere heart, we learn our lessons and regain a kind heart and mind,
Releasing our blinded passions and intolerance, we achieve peace and
harmony,
Strengthening our true soul, we will succeed in our spiritual opportunity.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 3 August 2003 to 9 August 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What does it mean that karmic relations are complex?*
2. *What is the law of birth, maturity, and death?*
3. *Why do people suffer?*
4. *Why do people refuse to accept the good spiritual opportunity?*
5. *Why are people passionate?*
6. *Why do people lack wisdom?*
7. *What is the wish of the Vietnamese people living far from their homeland?*



Atlantic City, 3 August 2003 7:58 AM

Q: *What does it mean that karmic relations are complex?*

A: Karmic relations are complex because some people remain serene, while others are agitated.

Psalm

*Those who lack serenity and have a changing
character will reap misfortune,
When the heart and mind are restless, the spiritual
mind cannot open up,
When we do not practice well, our heart is not tranquil,
Unable to learn our lessons, we feel sad and
sorrowful.*

Atlantic City, 4 August 2003, 8:00 AM

Q: *What is the law of birth, maturity, and death?*

A: The law of birth, maturity, and death is the law of the earth.

Psalm

*On this earth, everyone must die eventually,
When the energy in our soul and astral body flows
freely, we will save ourselves and reach serenity,
Whether birth or maturity, we are dedicated to develop
ourselves spiritually,
Practicing and learning with a serene heart, we regain
our compassion.*

Atlantic City, 5 August 2003, 3:45 AM

Q: *Why do people suffer?*

A: People suffer because they are greedy and want to undertake too many things beyond their abilities.

Psalm

*Suffering and sorrow come from excess harming both
the mind and body,
Because of their greediness, they are unable to perfect
themselves spiritually and advance on the spiritual
path,
Overflowing with carnal desires, they harm their mind
and body,
Lacking wisdom and clarity of mind, they keep acting
with flexibility.*

Atlantic City, 6 August 2003, 9:20 AM

Q: *Why do people refuse to accept the good spiritual opportunity?*

A: People refuse to accept the good spiritual opportunity because they do not understand the law of Heaven.

Psalm

*They refuse to accept the good spiritual opportunity
because of their blinded passions and misery,
With a worried heart, they remain agitated everywhere,
How do they know to accept when the good
opportunity arises,
They must endure their blinded passions and become
disenchanted by themselves*

Atlantic City, 7 August 2003, 9:35 AM

Q: *Why are people passionate?*

A: People are passionate because of their bad habits.

Psalm

*Bad habits cause delay and blinded passions,
With a restless mind and body, one will suffer in all
aspects,
When the mind is passionate and the heart agitated,
one is blinded by illusions,
With unending adversities, agitation follows and never
ends.*

Atlantic City, 8 August 2003, 7:15 AM

Q: *Why do people lack wisdom?*

A: People lack wisdom because they are greedy, lustful,
and turned to the external world.

Psalm

*The mind is not clear when one is still greedy, lustful,
and turned to the external world,
When the mind is restless, the consciousness is not
awakened,
One cannot absorb spiritual knowledge when lacking
progress and spiritual wisdom,
Without a compassionate heart, it is difficult to practice
the Nam-Mo invocation.*

Atlantic City, 9 August 2003, 3:35 AM

Q: *What is the wish of the Vietnamese people living far
from their homeland?*

A: The Vietnamese people living far from their homeland
wish to return to a truly peaceful country.

Psalm

*We naturally want to return to our pure origin and
native land,
Rejoicing together, we turn to the same direction,
Working constructively, we advance on the spiritual
path,
With the constant wish to achieve true peace.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
