



# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Karmic Relations

Karmic relations give us the opportunity to awaken ourselves and evolve spiritually,  
Truly understanding the divine grace, we learn harmony on our own,  
With compassionate love and spiritual virtue - through our spiritual practice,  
we will resolve all difficulties,  
Following the divine guidance, we will know the path and learn harmony on our own.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 21 September 2003 to 27 September 2003*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### **Questions**

1. *Why do we need to achieve equilibrium?*
2. *How can we reach thorough understanding?*
3. *What enables us to see?*
4. *Why do we have to accept being blind?*
5. *Circulation is a natural process in the body. Why would it be blocked?*
6. *What should we do in order to unblock our impure energies?*
7. *Is there any benefit in practicing extreme patience and humility?*



**Montreal, 21 September 2003 4:35 AM**  
Q: *Why do we need to achieve equilibrium?*

A: We need to achieve equilibrium to help our mind and body.

**Psalm**

*Practicing the true dharma, our mind is wise and clear,  
Releasing our sorrow and worries, we will help  
ourselves,  
Those who are attached to material love will have no  
way to escape,  
With a serene heart, we cultivate our serenity and  
wisdom.*

**Montreal, 22 September 2003, 6:06 AM**  
Q: *How can we reach thorough understanding?*

A: We must serve others with a sincere heart in order to have the opportunity to achieve thorough understanding.

**Psalm**

*Achieving harmony and clarity of mind, we follow the  
divine guidance naturally,  
Reaching spiritual unity, we liberate ourselves from the  
karmic circle,  
Developing ourselves spiritually, we return to our  
unique origin,  
With a serene heart, we cultivate our serenity and  
advance gradually.*

**Atlantic City, 23 September 2003, 11:30 AM**  
Q: *What enables us to see?*

A: We are able to see from having a sharp eyesight.

**Psalm**

*With bright eyes and inner balance, we can see  
clearly,  
With a serene heart, we can feel and understand  
righteously,  
Practicing the true dharma, we will feel peace and  
harmony,  
Expressing the great vow for true practice, we will  
reach our goal certainly.*

**Atlantic City, 24 September 2003, 4:32 AM**  
Q: *Why do we have to accept being blind?*

A: We have to accept being blind because the nerves of our eyes are blocked.

**Psalm**

*The nerves of our eyes are related to a clear  
functioning of our head,  
Those with a confused mind obscure their eyesight  
and cannot make progress,  
Angry with themselves, they become even more  
agitated,  
Turned within, we judge ourselves and are determined  
to transform ourselves.*

<p><b>Atlantic City, 25 September 2003, 6:20 AM</b>  <i>Q: Circulation is a natural process in the body. Why would it be blocked?</i></p> <p>A: Circulation is blocked because people are greedy and want to enjoy life's pleasures, leading to eating disorders.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>Eating and drinking in an extreme way leads to the blocking of energies,  Unable to advance in their spiritual practice, they keep going in circles,  Lacking the spiritual opportunity, they follow their own direction,  Creating intransigence and blinded passions, they are unable to release their impure energies.</i></p>
<p><b>Atlantic City, 26 September 2003, 6:00 AM</b>  <i>Q: What should we do in order to unblock our impure energies?</i></p> <p>A: In order to unblock our impure energies, we must be extremely patient and humble.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>With extreme patience and humility, we will achieve inner harmony,  Developing our wisdom, we will overcome obstacles on our own,  With a serene heart, we learn compassion and harmony,  Releasing our sorrow and worries, we avoid new agitation.</i></p>
<p><b>Atlantic City, 27 September 2003, 9:05 AM</b>  <i>Q: Is there any benefit in practicing extreme patience and humility?</i></p> <p>A: Practicing extreme patience and humility will bring great benefits to the mind and body.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>Determined to advance spiritually, we practice with our own efforts,  Analyzing both social and spiritual matters, we turn to purity,  Through self-analysis, we realize the universal unity,  With a clear mind and awakened consciousness, we naturally turn to purity.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**ANNOUNCEMENT ABOUT THE VO-VI CONGRESS "DIVINE LOVE AND INFINITE GUIDANCE"**

Dear Friends:

Due to the tremendous demand and speed at which our Vo-Vi friends register for the Hawaii Convention, we now have only 25 double cabins (B or C INSIDE) and 45 cabins (TRIPLE –BALCONY ) available. All other categories are now full (sold out).

Once we are sold out on the current cabins, prices are subject to change for TRIPLE-BALCONY.

With best regards,  
The Organization Committee for 2004 VoVi Convention.

**CABINS AVAILABLE TODAY:**

**B-INSIDE, C-INSIDE DOUBLE OCCUPANCY ONLY  
BALCONY-TRIPLE or DOUBLE OCCUPANCY ONLY**

## Registration Form

**Congress "Divine Love and Infinite Guidance"**  
**Cruise ship PRIDE OF AMERICA , Honolulu, Hawaii**  
**Sailing from 29 August 2004 to 5 September 2004**

(Please fill out a registration form for each person)

**ONLY AVAILABLE: DOUBLE B or C-INSIDE -- TRIPLE or DOUBLE BALCONY.**

Full Name (same as in Passport): \_\_\_\_\_

Address : \_\_\_\_\_

City/ State: \_\_\_\_\_ Zip code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Male [ ] Female [ ]

Birthdate (Day/Month/Year) : \_\_\_\_\_

Nationality : \_\_\_\_\_

Passport Number (Passport#) : \_\_\_\_\_

(Or Alien Registration card # for US residents)

Affiliated with Vo-Vi group : \_\_\_\_\_

Cabin Category	Single	Double	Triple	Quad	Fees in USD
<b>A INSIDE</b>	Sold out	Sold out	Sold out	Sold out	
<b>B INSIDE</b>	Sold out	1135	Sold out	Sold out	
<b>C INSIDE</b>	Sold out	1180	Sold out	Sold out	
<b>OCEANVIEW</b>		Sold out	Sold out	Sold out	
<b>BALCONY</b>		1520	1210		
<b>ALA MOANA Hotel stay before and after the Congress</b>					
<b>Night 26 Aug 04</b>	120	65	45	35	
<b>Night 27 Aug 04</b>	120	65	45	35	
<b>Night 28 Aug 04</b>	130	75	55	45	
<b>Night 5 Sept 04</b>	130	75	55	45	
<b>Night 6 Sept 04</b>	120	65	45	35	
<b>Total Registration Fees (USD)</b>					
<b>Payment of deposit 1 before 1 February 2004 (see payment schedule)</b>					
<b>Payment of deposit 2 before 1 June 2004</b>					
<b>Total payment before 1 June 2004</b>					

*I want to share with the following roommates:*

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

## 1) Registration for Vo-Vi Congress

Every person (including children) must specify their birthdate, passport number and nationality (citizenship) because of the regulations of the cruise company.

**REGISTRATION DEADLINE: 01 February 2004 or sooner if fully booked**

### Cabin Category

You may choose among 5 categories:

**INSIDE A:** Maximum occupancy 4 people. Deck 4.

**INSIDE B, C :** Maximum occupancy 4 people. From Deck 7 and above.

**Oceanview:** Maximum occupancy 4 people. Deck 4.

**Balcony:** Maximum occupancy 3 people. From Deck 8 and above.

### ***Registration fees include***

- ❑ *7 day Vo-Vi Congress (Hawaii-Cruise)*
- ❑ *Port taxes and government taxes (160\$)*
- ❑ *4.16% Hawaii Tax and transport to Hotel on 26 August, 27 August, and 28 August*
- ❑ *71 USD gratuities to be paid to the cruise ship for the cruise personnel.*

***Since the number of triple and quadruple cabins are limited, we will offer priority booking to all Vo-Vi friends who register and pay their deposit early on a first come first served basis.***

### **Hotel stay before and after the Congress :**

ALA MOANA Hotel located next to Ala Moana Beach Park and Ala Moana Shopping Center.

Check-in: 3PM Check-out: Noon

### **Notes :**

Hotel fees for 28 August 2004: include hotel room charges and transport to Aloha Pier on Sunday 29 Aug 04

Hotel fees for 5 September 2004: include hotel room charges and transport from the Pier to Hotel on Sunday 5 September 04

Vo-Vi friends who need to stay additional days should contact the Organization Committee as soon as possible.

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*Please make a deposit of 50USD for your room reservation before 01 February 2004. Full balance is due before 01 June 2004.*

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## 2) PAYMENT SCHEDULE

**Final Payment Deadline : 01 June 2004**

Payment schedule :

All fees should be payable in **DOLLARS Myi(\$US)**

International Money Order [ ] Postal money order [ ] or Cashier's check

**Category INSIDE-A (K) SOLD OUT**

Cabin Type	Fees	Payment 1	Payment 2
Quadruple	Sold out	Sold out	Sold out
Triple	Sold out	450	475
Double	Sold out	500	595
Single	Sold out	900	960

**Category INSIDE- B (J or JJ)**

Cabin Type	Fees	Payment 1	Payment 2
Quadruple	Sold out	Sold out	Sold out
Triple	Sold out	450	500
Double	1135	500	635
Single	Sold out	900	1040

**Category INSIDE-C (I or II)**

Cabin Type	Fees	Payment 1	Payment 2
Quadruple	Sold out	Sold out	Sold out
Triple	Sold out	450	525
Double	1180	500	680
Single	Sold out	900	1120

**Category OCEANVIEW**

Cabin Type	Fees	Payment 1	Payment 2
Quadruple	Sold out	Sold out	Sold out
Triple	Sold out	450	580
Double	Sold out	500	760

**Category BALCONY**

Cabin Type	Fees	Payment 1	Payment 2
Triple	1210	450	760
Double	1520	500	1020

*Payment 1 is due before 01 February 2004*

*Payment 2 is due before 01 June 2004*

*Registration fees cannot be refunded in case of cancellation.*

### **3) TRANSPORTATION**

The Organization Committee can only provide transport from the airport to the hotel on 26 August 04, 27 August 04 and 28 August 04, because everyone will be transported from the Hotel to the Pier on Sunday 29 August 2004. Please use the Hotel shuttle bus (fee: 8\$ per person) when departing on 5 September 04, 6 September 04, and 7 September 04, or take a taxi to go to the airport on 5 September 04.

*FLIGHT SCHEDULE Honolulu International Airport (HNL) (please arrive in groups to facilitate pick-up service)*

Arrival date \_\_\_\_\_ Arrival time \_\_\_\_\_ Airline \_\_\_\_\_ Flight Number \_\_\_\_\_

Departure date \_\_\_\_\_ Departure time \_\_\_\_\_ Airline \_\_\_\_\_ Flight Number \_\_\_\_\_

### **4) Contact Information for Registration**

#### **United States, Asia, and Australia:**

Money Order or cashier's check payable to: **VoVi Friendship Association of Northern California**

Send to address: Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966, USA  
Tel: (530) 589-6972 Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)

#### **Canada:**

Money Order or cashier's check payable to: **VoVi Association of Canada**

Send to address: Phan Cao Thang  
7021 Louis Hebert Apt 1C,  
Ville Lasalle, Quebec H8N 3E9, Canada  
Tel: (514) 367-3961 Email: [aphancao@videotron.ca](mailto:aphancao@videotron.ca)

#### **Europe:**

Please send payment to Dominique at the following address:

Dominique Santelli  
Centre Quy Thoi  
220 Le Senaillet, 74500 Publier, France  
Tel: (0)(4) 50 70 83 55 Email: [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)