



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Karmic Force

To attain peace, we have to learn and accept the opportunities from karma,
Perfecting ourselves spiritually, we make progress and feel inner
compassion,
Evolving continuously, we resolve difficulties on our own,
Developing our wisdom and knowledge, we will regain peace on our own.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 28 September 2003 to 4 October 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. How do we achieve progress on the spiritual journey?
2. Is there any benefit when we are determined to direct ourselves toward emptiness?
3. What should we do in order to achieve determination?
4. Does spirituality have any benefit?
5. What does it mean "to analyze the spiritual sphere clearly"?
6. What does it mean "to analyze the subtleties of the dharma"?
7. How does the Almighty Lord radiate His light?



Atlantic City, 28 September 2003 2:15 AM

Q: *How do we achieve progress on the spiritual journey?*

A: We achieve progress on the spiritual journey when our consciousness is determined.

Psalm

*We achieve progress with our consciousness,
With a firm determination, we will be reunited in joy,
Learning incessantly, we turn within to improve
ourselves diligently,
With a lively compassion, we will attain harmony
easily.*

Atlantic City, 29 September 2003, 2:30 AM

Q: *Is there any benefit when we are determined to direct ourselves toward emptiness?*

A: When we are determined to direct ourselves toward emptiness, we will gain great benefits for our spiritual evolution, and our spiritual energy will expand wider.

Psalm

*Advancing toward the sphere of energy to a greater
extent,
We apply true spiritual practice and hold neither anger
nor resentment,
Returning to the original spiritual path, we will regain
our purity,
Attaining serenity, we will no longer sow agitated
thoughts.*

Atlantic City, 30 September 2003, 6:00 AM

Q: *What should we do in order to achieve determination?*

A: In order to achieve determination, we must awaken our consciousness by our own efforts.

Psalm

*To practice the true dharma means to practice spiritual
liberation,
With flexibility, we develop the path of spiritual
knowledge,
Understanding that the Lord always shines His divine
grace,
Through spiritual practice, we will develop
opportunities for divine guidance.*

Atlantic City, 1 October 2003, 6:45 AM

Q: *Does spirituality have any benefit?*

A: Spirituality has great benefits.

Psalm

*Returning to the serenity of Buddha and his teachings,
we advance with a sincere heart,
Releasing our sorrow and worries, we free ourselves
from our grief,
Learning continuously, we awaken ourselves and
attain quietude,
Practicing the true dharma, we will communicate with
the Lord easily.*

Atlantic City, 2 October 2003, 8:55 AM

Q: What does it mean “to analyze the spiritual sphere clearly”?

A: To analyze the spiritual sphere clearly means to practice the spiritual method in order to advance toward serenity.

Psalm

*Practicing the spiritual method, we direct ourselves
toward purity,
Practicing with our own efforts, we progress gradually
and our energy flows freely,
Analyzing the spiritual sphere clearly, we transform
ourselves to advance spiritually,
Practicing with diligence and sincerity, we clearly
understand the spiritual subtleties.*

Atlantic City, 3 October 2003, 9:40 AM

Q: What does it mean “to analyze the subtleties of the dharma”?

A: To analyze the subtleties of the dharma means that we must practice the spiritual method in order to attain serenity.

Psalm

*Practicing the spiritual method with diligence, we
analyze and understand on our own,
Developing ourselves infinitely, we turn ourselves
toward purity,
As the sphere of pureness shines upon us, we awaken
our consciousness and gain knowledge,
Returning to our origin, we learn and practice within
compassion.*

Atlantic City, 4 October 2003, 9:20 AM

Q: How does the Almighty Lord radiate His light?

A: The Almighty Lord radiates His light in a spontaneous and natural way.

Psalm

*The divine light appears in a spontaneous way,
Analyzing the spiritual sphere with clarity, we will attain
kindness on our own,
To advance spiritually, we must step forward,
Analyzing social and spiritual matters clearly, we
devote ourselves to meditation on our own.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.