



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Opportunity

Thanks to the spiritual opportunity, we are reunited and return to true perception,
Understanding both social and spiritual matters, we commune with the Lord by our own efforts,
Regaining our human compassion, we have the opportunity to reach spiritual awakening,
Practicing with diligence and sincerity, we analyze the subtleties of the dharma.
*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 5 October 2003 to 11 October 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How do things evolve?*
2. *How do we return to our pure origin?*
3. *What results will we get when we develop ourselves with a sincere heart?*
4. *How do we resolve difficulties?*
5. *How do we awaken our consciousness?*
6. *How do we return to our pure origin?*
7. *Is there any benefit in perfecting ourselves with a sincere heart?*



Atlantic City, 5 October 2003 8:35 AM

Q: *How do things evolve?*

A: Things evolve through the transformation cycles of the universe.

Psalm

*Through the transformation cycles, we progress from
the impure to the pure,
Clearly releasing the impure energy and attaining pure
energy with spiritual practice, we advance obviously,
Reaching the sphere of emptiness with spiritual
practice, we return to unity,
With a sincere heart, we know the direction and turn
toward purity.*

Atlantic City, 6 October 2003, 2:00 AM

Q: *How do we return to our pure origin?*

A: We return to our pure origin through analysis and harmony.

Psalm

*Developing ourselves continuously, we turn within to
analyze ourselves, release our impurities and advance
further,
Clearly knowing the sphere of energy, we will dissipate
all our worries,
Clearly judging social and spiritual matters, our soul
will ascend higher,
Through the transformation cycles, we keep perfecting
ourselves and resolve all difficulties to advance further.*

Atlantic City, 7 October 2003, 9:55 AM

Q: *What results will we get when we develop ourselves with a sincere heart?*

A: When we develop ourselves with a sincere heart, we will achieve good results.

Psalm

*With courage and determination to ascend higher, we
progress with sincerity,
Working together constructively, we turn within to
analyze ourselves and attain harmony,
Loving and respecting humanity, we advance with
sincerity,
Awakening our consciousness, we resolve all
difficulties with our own efforts.*

Atlantic City, 8 October 2003, 10:05 AM

Q: *How do we resolve difficulties?*

A: We resolve difficulties by practicing the spiritual method and advancing in silence.

Psalm

*Silently awakening our consciousness, we devote
ourselves to spiritual perfection with our own efforts,
Releasing sorrow and worries, we dissipate our own
blindness,
As our mind opens up continuously to attain greater
wisdom, we transform ourselves on our own,
Learning with a sincere heart, we release our
impurities and analyze spiritual subtleties.*

Psalm

*With serenity, we will resolve all matters and advance
on the path of knowledge,
Releasing blinded passions and intransigence, we turn
within for a clear analysis,
Developing our spiritual path, we advance
continuously,
With a steady determination, our heart reaches
equilibrium.*

Atlantic City, 9 October 2003, 2:45 AM

Q: How do we awaken our consciousness?

A: We awaken our consciousness by resolving all matters on our own.

Psalm

*Returning to our pure roots, we must practice and
purify ourselves with our own efforts,
Resolving our mistakes, we turn toward purity,
Learning continuously, we awaken ourselves quickly,
Returning to our pure origin, we will understand
benevolent matters.*

Atlantic City, 10 October 2003, 11:30 AM

Q: How do we return to our pure origin?

A: We return to our pure origin by returning to our foundation.

Psalm

*Perfecting ourselves, we return to our pure origin and
open our own path,
Understanding social and spiritual matters, we know
how to love ourselves,
Practicing the righteous dharma, we see the path
clearly,
Perfecting ourselves continuously, we develop a fine
example for others.*

Atlantic City, 11 October 2003, 6:30 AM

Q: Is there any benefit in perfecting ourselves with a sincere heart?

A: To perfect ourselves with a sincere heart will greatly benefit our mind and body.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.