

The Life Energy Development Weekly

21 December, 2003

Email: maioro@yahoo.com www.vovi.org

Published in concurrence with The Viet LED Weekly 441

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Reunion

Regaining human compassion, we return to the true laws, Developing our spiritual energy, we awaken our consciousness and smile silently,

Infinitely, we learn in all spheres and domains, With God's love and guidance, our heart is turned to God.

Respectfully, Vi Kien

Baby Tam Talking To You

from 12 October 2003 to 18 October 2003

Copyright © 2001-2003 by Luong Si Hang & VoVi Association of Canada. All rights reserved.

Dear Friends.

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1. Is there any benefit in being resolute to perfect ourselves spiritually?
- 2. Which level should we attain in order to truly understand all matters?
- 3. What does it mean to "achieve accord"?
- 4. What are actions and reactions?
- 5. What brings the formation of equilibrium?
- 6. How can we understand the original principle thoroughly?
- 7. Is there any value in waiting?



Atlantic City, 12 October 2003 5:50 AM

Q: Is there any benefit in being resolute to perfect ourselves spiritually?

A: To be resolute to perfect ourselves spiritually will bring great benefits to our mind and body.

Psalm

Resolute to perfect ourselves spiritually, we dissipate worries in our heart,

Practicing the true dharma, we regain tranquility naturally,

Understanding both social and spiritual matters thoroughly, we advance faithfully,

Releasing our impurities, we return to our pure origin and our consciousness evolves easily.

Atlantic City, 13 October 2003, 2:45 AM

Q: Which level should we attain in order to truly understand all matters?

A: We should attain the level of lightness and purity in order to truly understand all matters.

Psalm

Attaining the level of purity, lightness and wisdom, We practice the righteous dharma and enlighten ourselves,

Awakening our consciousness, we gain wisdom and see the evolution path clearly,

With the true dharma and true practice, we will enlighten ourselves.

Atlantic City, 14 October 2003, 9:55 AM

Q: What does it mean to "achieve accord"?

A: To achieve accord means to practice extreme patience and humility.

Psalm

With extreme patience and humility, we achieve harmony on our own,

With a calm heart and serenity, we turn within for a clear analysis,

Through accord and deep understanding, we see the guidance of divine love,

As we advance infinitely, we feel the inner harmony.

Atlantic City, 15 October 2003, 9:15 AM

Q: What are actions and reactions?

 $\ensuremath{\mathsf{A}}\xspace$: Actions and reactions mean that we have lost our equilibrium.

Psalm

Losing equilibrium causes restlessness, With profound spiritual transformations, we adapt ourselves quickly,

Awakening our own consciousness, we dissipate our grief and worries,

Returning to the teachings of Buddha, we will release our impure energy and understand many matters clearly.

Atlantic City, 16 October 2003, 4:55 AM

Q: What brings the formation of equilibrium?

A: Through conflicts, we lose our equilibrium, and then, we are anxious to regain our equilibrium.

Psalm

By loving and respecting the noble Lord, we are willing to transform ourselves,
As things evolve continuously, we remain silent,

As things evolve continuously, we remain silent, Returning to our pure origin, we understand the human world,

Understanding the noble heaven, we transform ourselves to attain peace.

Atlantic City, 17 October 2003, 4:30 AM

Q: How can we understand the original principle thoroughly?

A: By practicing the righteous dharma, we will be able to understand the original principle of heaven and earth thoroughly.

Psalm

Clearly judging social and spiritual matters, we advance on the spiritual journey, Devoting ourselves to meditation, we will save ourselves.

Awakening our true soul, we will return to our unique origin,

With a calm heart and serenity, we will see ourselves clearly.

Atlantic City, 18 October 2003, 9:55 AM

Q: Is there any value in waiting?

A: Those who wait with a sincere heart within patience and humility will attain results in the future.

Psalm

With a sincere heart, we wait and turn toward spirituality.

Without waiting long, we will see ourselves clearly, Abandoning grief and emotions, we no longer augment our agitation,

With peace and joy, we will be reunited and keep a loyal heart.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

ANNOUNCEMENT ABOUT THE VO-VI CONGRESS "DIVINE LOVE AND INFINITE GUIDANCE"

Dear Vo-Vi friends.

In order to allow Vo-Vi friends around the world to get a better price for the airlines tickets, we have negotiated the following arrangements with UNITED AIRLINES, LUFTHANSA (for flights originating from Europe), and HAWAIIAN AIRLINES.

UNITED AIRLINES and LUFTHANSA (only for flights originating from Europe)

International Travelers:

A 10% discount off the lowest applicable fare excluding First Class will be offered ONLY when you or your travel agent call UNITED's toll-free number **1-800-521-4041** and refer to the Meeting ID Number **516BQ**.

An additional 5% discount will apply when you purchase your tickets at least 60 days in advance of your travel (i.e. before 20 June 2004). Discounts apply on United and United Express, and Lufthansa (for flights originating in Europe).

Book early to take advantage of promotional fares that give you the greatest discounts. Mileage Plus members receive full credit for all miles flown to this meeting.

Domestic Travelers:

United is offering a 5% discount off the lowest applicable fares, including First Class, to all attendees of the meeting.

An additional 5% discount will apply when tickets are purchased at least 30 days in advance of the valid travel period (i.e. before 20 July 2004).

The reservation line is open from 8AM to 10PM EST. Toll-free number: 1-800-521-4041

Meeting ID Code: 516BQ Meeting Name: VOVI 2004 Airport: Honolulu (HNL)

Valid travel dates: 22 August 2004 to 10 September 2004

Note: Low season starts from 25 August 2004 to 17 November 2004.

CONTINENTAL AIRLINES

The reservation line is open from 6AM to 10PM CST. Toll-free number: Continental MeetingWorks: 1-800-468-7022 (for US and Canada)

Outside of the United States, please call your local Continental Airlines Reservations Office

Advise the travel agent of: Agreement Code : <u>VTZWXK</u>

Z Code: ZE5X

Airport: Honolulu (HNL)

Valid travel dates: 15 August 2004 to 17 September 2004

Choose from discounts off applicable fares or Zone Fares.

DISCOUNTS:

15% discount when tickets are purchased at least 60 days in advance of the valid travel period (i.e. before 15 June 2004)

10% discount when tickets are purchased within 60 days.

HAWAIIAN AIRLINES for domestic travel originating from San Diego (SAN), Phoenix (PHX), Ontario (ONT), Los Angeles (LAX), San Francisco (SFO), Sacramento (SMF), and Las Vegas (LAS)

Valid travel dates: 20 August 2004 to 12 September 2004 Low season: 25 August 2004 to 17 November 2004

Reservations: Please call the toll-free number 1-800-357-5320

Group Name: VOVI INTERNATIONAL

Airport: Honolulu (HNL)

<u>Base Fare from</u> Los Angeles, San Diego, Ontario, Sacramento, San Francisco to HONOLULU (HNL): 435.00 USD (LOW SEASON) (without taxes)

Example: San Francisco-Honolulu Roundtrip ticket from 26 August 2004 to 6 September 2004 : approx.

460USD with taxes incl.

Base Fare from Seattle, Portland, Las Vegas to Honolulu: 465.00 USD (LOW SEASON)

Prices are subject to change and seat availability. Please book early to take advantage of promotional fares.

Discount with car rentals:

AVIS, Toll-free number: 1-877-289-2611,

Please mention Avis Meeting DISCOUNT number: K019303

ALAMO, Toll-free number: 1-800-327-9633,

Please mention Alamo Meeting DISCOUNT number: 389817GR