



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Great Mind

Opening our great mind, we see the spiritual journey clearly,
Through self-awakening, we have the spiritual opportunity to acquire wisdom
and knowledge,
Regaining human compassion, we have the opportunity to reach awakening,
Loving and respecting the Lord and Buddha, we return to our true nature with
our own efforts.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 26 October 2003 to 1 November 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is "Universal Harmony and Spiritual Progress"?*
2. *How can we return to our origin?*
3. *What should we do in order to return to our origin?*
4. *What is the righteous dharma?*
5. *What is equilibrium?*
6. *Where is purity?*
7. *What is infinity?*



San Francisco, 26 October 2003 6:00 AM

Q: What is "Universal Harmony and Spiritual Progress"?

A: Universal harmony and spiritual progress means that everyone awakens their consciousness and uniformly agrees to perfect themselves spiritually in order to achieve good progress.

Psalm

*We advance together with spiritual practice and
constructive work,
Understanding the human world, we dissipate our own
worries,
Returning to the unique divine love, we remain
undisturbed,
Practicing with sincerity, we are void of expectations.*

San Francisco, 27 October 2003, 5:00 AM

Q: How can we return to our origin?

A: We return to our origin by practicing with courage.

Psalm

*Practicing with courage, our consciousness evolves
and understands the deep philosophy,
The more we awaken ourselves, the more we are
dedicated to spiritual practice and see the spiritual
wonders clearly,
Progressing continuously, we transform ourselves in a
good direction,
Loving and respecting all creatures, we release all
sorrow and worries.*

San Francisco, 28 October 2003, 8:19 AM

Q: What should we do in order to return to our origin?

A: In order to return to our origin, we must practice the righteous dharma with courage.

Psalm

*Practicing the righteous dharma with courage, we
return to our position with our own efforts,
Resolving impurities in our mind and body, we
advance gradually,
Thinking of the Lord and Buddha, we return to our
unique origin,
Abandoning our blinded passions and intransigence,
we advance gradually.*

San Francisco, 29 October 2003, 3:00 AM

Q: What is the righteous dharma?

A: A righteous dharma is a spiritual method that allows people to elevate their energy and ascend higher.

Psalm

*In the state of meditative contemplation, we keep
ascending higher,
With an awakened consciousness and a wise heart,
we correct ourselves to become righteous,
Returning to the spiritual path, we change ourselves
with our own efforts,
With a clear and true spiritual heart, we pay back our
debts with honesty.*

Psalm

*Equilibrium means balance of pure and impure,
When all spheres are clearly defined, we reach self-
awakening and smile silently,
Transforming ourselves continuously, we return to our
unique origin,
With a sincere heart, we devote ourselves to spiritual
perfection and advance gradually.*

San Francisco, 30 October 2003, 3:00 AM

Q: *What is equilibrium?*

A: Equilibrium means the accord of both the pure and impure.

Psalm

*Purity brings transformation and evident progress,
Developing our psychic centers, we communicate with
the sphere of energy,
Releasing our blinded passions and intransigence, we
help our mind and body,
With a constant flexibility, we will achieve the Buddha's
nature.*

San Francisco, 31 October 2003, 3:25 AM

Q: *Where is purity?*

A: Purity resides in infinity.

Psalm

*Practicing thoroughly, we will advance infinitely,
With a pure and wise heart, we develop kindness
naturally,
Spiritual and social relations have no boundary,
Understanding heaven and earth, we will resolve all
difficulties.*

San Francisco, 1 November 2003, 3:24 AM

Q: *What is infinity?*

A: Infinity means that we will go forward with all our energy.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.