



The Life Energy Development Weekly

11 January, 2004

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with *The Viet LED Weekly 444*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Thorough Understanding

Understanding social and spiritual matters thoroughly, we see the spiritual path clearly,

Through deep spiritual transformations, we understand our own selves,

With flexibility and accord, we welcome our own progress,

Loving and respecting all creatures, we live in peace and stability.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 2 November 2003 to 8 November 2003

Copyright © 2001-2004 by Luong Si Hang & VoVi Association of Canada. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is spiritual progress?*
2. *What should we do in order to ascend toward infinity?*
3. *How can we achieve good results?*
4. *How can we achieve freedom?*
5. *Which sphere is the sphere of the World Above?*
6. *Where is the World Above?*
7. *How can we reach the center of energy of the universe?*



Atlantic City, 2 November 2003 4:50 AM

Q: *What is spiritual progress?*

A: Spiritual progress means that we will withstand all adversities and keep going forward with our own efforts.

Psalm

*Spiritual progress means to transform ourselves to reach the goal on our own,
As we clearly judge spiritual and social matters, the Lord guides us in silence,
Returning to our origin and serenity, we practice to develop ourselves,
Understanding the noble heaven, we turn within to analyze the spiritual wonders.*

Atlantic City, 3 November 2003, 1:55 AM

Q: *What should we do in order to ascend toward infinity?*

A: In order to ascend toward infinity, we must be completely free and follow the upward pulling energy.

Psalm

*With complete freedom, we will advance and transform ourselves infinitely,
Clearly judging spiritual and social matters, our mind is bright and wise,
As our love in the Lord expands, we will transform ourselves gradually,
Evolving continuously, we turn within to analyze ourselves carefully.*

Atlantic City, 4 November 2003, 3:10 AM

Q: *How can we achieve good results?*

A: To achieve good results, we should engage ourselves with full dedication.

Psalm

*Loving and respecting the Lord and Buddha, we will attain enlightenment,
Serving others wholeheartedly, we will open up all spheres,
With unending hopes, we have the opportunity for infinite guidance,
Practicing thoroughly, our true consciousness keeps invoking the mantra Nam-Mo.*

Atlantic City, 5 November 2003, 5:05 AM

Q: *How can we achieve freedom?*

A: In order to achieve freedom, we must turn our mind toward the World Above.

Psalm

*With deep spiritual love, our soul will advance in the World Above,
With sincerity and true practice, we will build solid progress,
Our faith in the Truth will no longer vacillate,
Returning to our unique origin, we turn within to analyze our foundation.*

Psalm

*The original principle of the world above is infinity,
The sphere of purity gives infinite guidance, lightness
and generosity,
With purity and lightness, it shines infinitely,
With the loving vibrations, it brings kindness and
generosity.*

Atlantic City, 6 November 2003, 4:40 AM

Q: Which sphere is the sphere of the World Above?

A: The sphere of the World Above means from the cranial psychic center upward.

Psalm

*Returning to our origin and serenity, we turn within for
instant analysis,
Clearly judging social and spiritual matters, we resolve
difficulties on our own,
We reach the sphere of equilibrium with our true
nature,
Releasing our blinded passions and intransigence, we
feel kindness in our heart.*

Atlantic City, 7 November 2003, 8:12 AM

Q: Where is the World Above?

A: The World Above is the energy projecting out from the cranial psychic center and going upward.

Psalm

*Returning to our origin and meditative knowledge, our
heart and mind are sincere,
Clearly analyzing the sphere of energy, we turn toward
purity,
Releasing our sorrow and worries, we transform
ourselves with spiritual practice,
Developing our wisdom, we turn within to understand
our own boundaries.*

Atlantic City, 8 November 2003, 4:30 AM

Q: How can we reach the center of energy of the universe?

A: We should serve others with sincerity and devote ourselves to spiritual perfection. Only then will we have the opportunity to practice with courage to reach our goal.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.