

# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Message from Master Tam for the Lunar New Year 2004

In the year of the Wood-Monkey, let's cultivate our serenity to save ourselves,

With a serene heart, we will develop ourselves and grow our wisdom,
Undisturbed by the dark and ungrateful sides of social matters,
We practice patience and resignation to attain peace and joy, and turn within
for self-perfection.

Respectfully, Vi Kien

# **Baby Tam Talking To You**

from 16 November 2003 to 22 November 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

#### Baby Tam

#### **Questions**

- 1. What is the right way to assemble all spheres?
- 2. Why do we gather the truth?
- 3. Where is the inner consciousness?
- 4. What does it mean to return to our pure origin and meditative knowledge?
- 5. What is the truth of our own self?
- 6. How do we know that it is the Truth?
- 7. What is an awakened consciousness?



#### Atlantic City, 16 November 2003 7:49 AM

Q: What is the right way to assemble all spheres?

A: The right way is to assemble the truth in all spheres.

#### **Psalm**

Only by gathering the Truth will we advance spiritually, Devoting ourselves to spiritual training, we practice to awaken our consciousness,

Loving and respecting the noble heaven, our heart becomes more generous,

Loving and remembering the Almighty Lord, we open up our heart.

### Atlantic City, 17 November 2003, 6:35 AM

Q: Why do we gather the truth?

A: We gather the truth in order to dissolve all wicked thoughts.

#### **Psalm**

With sincerity, we develop our inner consciousness to advance spiritually,

Releasing our impurities, we no longer hold to agitation,

With self-determination, we will live peacefully, Developing our equilibrium, we will be reunited with our previous relations.

#### Atlantic City, 18 November 2003, 6:35 AM

Q: Where is the inner consciousness?

A: The inner consciousness is the sphere of serenity that exists in every soul.

#### Psalm

We analyze the pure and noble original principle to purify ourselves and advance spiritually, Freeing ourselves from social and spiritual matters, we will reach instant understanding.

Resolving our social and spiritual relations, we will advance toward purity,

Learning continuously, we will receive the rays of divine energy.

#### Atlantic City, 19 November 2003, 6:58 AM

Q: What does it mean to return to our pure origin and meditative knowledge?

A: To return to our pure origin and meditative knowledge means to return to the truth of our own self.

#### **Psalm**

Returning to meditative knowledge, we understand and analyze on our own,

Developing a clear and wise mind, we will correct our own mistakes.

Releasing sorrow and worries in our consciousness through spiritual awakening,

We learn with a serene heart to truly understand divine love.

#### Atlantic City, 20 November 2003, 9:00 AM

Q: What is the truth of our own self?

A: The truth of our own self is to live in a natural and spontaneous manner.

#### **Psalm**

With naturalness and spontaneity, we advance in harmony,

As our true soul develops, we understand more on our

Awakening our own consciousness, we are no longer agitated,

Returning to our pure and unique origin, we will achieve inner peace.

#### Atlantic City, 21 November 2003, 9:10 AM

Q: How do we know that it is the Truth?

A: What awakens the spiritual consciousness is the truth.

#### **Psalm**

The truth never changes and transforms itself, It is compassionate, lively and neither imprisons nor oppresses,

Learning with a sincere heart, we will naturally regain our consciousness,

Developing ourselves spiritually with our own efforts, we will no longer be oppressed.

#### Atlantic City, 22 November 2003, 3:05 AM

Q: What is an awakened consciousness?

A: An awakened consciousness means to understand the depth of the matter on our own.

#### **Psalm**

The deep original principle has shown the proof, Learning with a sincere heart, we will transform our consciousness.

Developing our original gratitude, we will see the path clearly,

Resolving our own difficulties, we will reach selfawakening.



#### Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

# ANNOUNCEMENT ABOUT THE 2004 VO-VI CONGRESS "DIVINE LOVE AND INFINITE GUIDANCE", Honolulu, Hawaii, 29 August – 5 September 2004

Dear Vo-Vi friends,

The Organization Committee has been notified by the Norwegian Cruise Line that the **Pride of America** ship cannot be completed on time for the inaugural sailing in July 2004. Therefore, another ship will be replaced with the name "Pride of Aloha". The **Pride of Aloha** will be completely renovated in May 2004 in order to start the inaugural sailing on July 4<sup>th</sup>, 2004. After consulting with Father, Father has agreed that we continue to organize the Vo-Vi Congress on the **Pride of Aloha** with no change in the congress dates.

The Organization Committee is currently working with the cruise line in order to transfer all Vo-Vi friends who have registered for the Congress to the new ship. We will send more news once this transfer is complete.

In the New Year of the Monkey, we sincerely wish Father as well as all our Vo-Vi friends a year filled with health and prosperity,

Best Regards,

The Organization Committee for Vo-Vi International Congresses