

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Pureness and Impureness

Uniting pureness and impureness, we resolve social and spiritual matters easily,

Understanding both spheres, we will enter into them with wisdom and knowledge,

Developing ourselves infinitely, we will reach higher levels, Understand the original principle thoroughly, we will traverse the pure and impure spheres easily.

> Respectfully, Vi Kien

Baby Tam Talking To You

from 30 November 2003 to 6 December 2003

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Dear Friends.

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1. What should we do in order to create an opportunity for solidarity?
- 2. What is used to guide and serve humanity with full devotion?
- 3. How can we achieve good results?
- 4. What do we want to understand with clarity?
- 5. What are considered smart things in life?
- 6. How does a fortunate opportunity arise?
- 7. Where is the divine path?



Atlantic City, 30 November 2003 3:22 AM

Q: What should we do in order to create an opportunity for solidarity?

A: In order to create an opportunity for solidarity, we should serve and guide humanity with full devotion.

Psalm

To serve and guide humanity with full devotion, we should practice a spiritual method,

Devoting ourselves to spiritual practice, we liberate our energy and commune with the Lord gradually, Returning to our pure origin, we no longer make mistakes.

Uniting our energies, we practice with sincerity and advance deeply and wonderfully.

Atlantic City, 1 December 2003, 2:15 AM

Q: What is used to guide and serve humanity with full devotion?

A: The pure and free energy is used to guide and serve humanity with full devotion.

Psalm

We use the free and pure energy to transform and guide ourselves,

Understanding that Heaven and Earth are constantly helping us,

We return to our origin and God's love, and practice thoroughly,

With continuous flexibility, we transform ourselves to reach harmony.

Atlantic City, 2 December 2003, 8:20 AM

Q: How can we achieve good results?

A: To achieve good results, we must serve with sincerity both our mind and body.

Psalm

Returning to pureness and meditative knowledge, we turn within for a clear judgment,

With an awakened consciousness and a serene heart, we will develop our spiritual path,

Returning to human compassion, we awaken our consciousness and understand on our own, Understanding both social and spiritual matters, we will transform our path.

Atlantic City, 3 December 2003, 2:22 AM

Q: What do we want to understand with clarity?

A: Do we want to understand with clarity social or spiritual matters?

Psalm

Understanding social and spiritual matters clearly, we transform ourselves with certainty,
Through self-awakening, we lead a peaceful life,
Learning continuously, we return to the unique origin,
Practicing with sincerity and diligence, we advance gradually.

Atlantic City, 4 December 2003, 12:45 AM

Q: What are considered smart things in life?

A: Greediness and lust are considered smart things in life.

Psalm

Life is governed by gains and losses and all kinds of agitated matters,

Suffering and burdened by greediness, we harm our own selves.

Due to extreme agitation, we harvest our own sufferings,

Practicing with sincerity, we will improve ourselves by our own efforts.

Atlantic City, 5 December 2003, 12:00 AM

Q: How does a fortunate opportunity arise?

A: A fortunate opportunity comes from organization and discipline.

Psalm

With discipline, we return to our origin and follow the path of progress and liberation,

Practicing with sincerity and diligence, we feel peace and harmony,

Releasing our blinded passions and intransigence, we communicate with the Lord naturally, Learning continuously, we will feel inner peace.

Atlantic City, 6 December 2003, 11:55 AM

Q: Where is the divine path?

A: The divine path projects out of the cranial psychic center by means of the serene energy of the spiritual heart.

Psalm

The energy of the spiritual heart projects from the center of the head,

Developing the sphere of energy, we advance rapidly, With constant flexibility, we awaken our consciousness,

With a serene heart, we improve ourselves and gain thorough knowledge.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.