



The Life Energy Development Weekly

15 February, 2004

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Published in concurrence with *The Viet LED Weekly 449*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Pure Heart

With a pure heart and the spirit of equality, we return to the path of spiritual progress,
As forms and nuances harmonize, we advance through the pure and impure spheres,
Undergoing infinite changes, we traverse all obstacles to reach the dharma,
With a thorough practice, we will obtain results and analyze the subtleties of the dharma.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 7 December 2003 to 13 December 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does the path of divine energy connect?*
2. *How does the infinite spiritual evolution proceed?*
3. *Where is infinity?*
4. *Why do we need everlasting serenity?*
5. *How can we attain everlasting serenity?*
6. *Who are the others?*
7. *Why do we love strangers?*



Niagara Falls, 7 December 2003 7:35 AM

Q: *How does the path of divine energy connect?*

A: The path of divine energy connects from the cranial psychic center to the center of energy of the universe into the sphere of purity.

Psalm

*The original principle of eternal life always illuminates
our minds,
Returning to our pure origin and meditative knowledge,
we transform ourselves and reach higher levels,
With a peaceful mind and body, we return to the
unique origin,
Understanding the sphere of energy clearly, we
advance gradually on our own.*

Niagara Falls, 8 December 2003, 3:12 AM

Q: *How does the infinite spiritual evolution proceed?*

A: The spiritual evolution proceeds from the cranial psychic center to infinite enlightenment.

Psalm

*Practicing and progressing on our own, we appreciate
the profound divine principle,
Releasing blinded passions and intransigence, we
practice to purify ourselves,
Developing our wisdom, we unanimously awaken
ourselves to purity,
Understanding our own selves, we turn ourselves
toward purity.*

Markham, 9 December 2003, 1:56 AM

Q: *Where is infinity?*

A: Infinity is everlasting serenity.

Psalm

*Infinite light is shining everywhere,
Through deep transformations, we will arrive in
heaven,
Uniting human love, we return to the same root,
Practicing with a sincere heart, we turn toward heaven.*

Markham, 10 December 2003, 6:19 AM

Q: *Why do we need everlasting serenity?*

A: We need everlasting serenity to help and guide others.

Psalm

*To guide and help others on earth, we need to be
enlightened,
Spreading compassionate love, we will bring
transformations and thorough understanding,
Through our self-awakening, we will influence
ourselves and others,
With a sincere heart, we help and save others and
develop our aura of energy.*

Psalm

*Returning to our origin and meditative knowledge, we
enlighten ourselves,
With serenity, we open up our spiritual mind and see
the path of progress clearly,
The sphere of energy defines the path of righteous
dharma clearly,
Within the universe, we return to unity and see our
path clearly.*

Markham, 11 December 2003, 7:17 AM

Q: How can we attain everlasting serenity?

A: By practicing the method of Vo-Vi meditation regularly,
we will reach serenity.

Psalm

*Even though they are strangers, we still think of them
and love them,
Loving and respecting the noble heaven, we worship
the Lord with flexibility,
Using our spiritual heart, we discuss with each other
happily without any difference,
Keeping a loyal faith, we improve ourselves hourly.*

Markham, 12 December 2003, 8:20 AM

Q: Who are the others?

A: Others are strangers, people not related by blood.

Psalm

*Going from the universe to the same unique origin, we
hold no sorrow,
With thorough purification, we see the spiritual
wonders,
Evolving continuously after the period of agitation,
We practice with a sincere heart to transform and
develop our spiritual consciousness.*

Markham, 13 December 2003, 9:36 AM

Q: Why do we love strangers?

A: Even though they are strangers, we all live together on
the same planet.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.