



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Sphere

Entering the spiritual sphere, we clearly see the path of divine energy,
Learning with a serene heart, we will enter with our own body,
Releasing our blinded passions and intransigence, we distinguish the
nuances clearly,
As we advance through deep spiritual transformations, we will understand
the spiritual wonders and subtleties.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 14 December 2003 to 20 December 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What kind of love is our soul yearning for?*
2. *How does the human relationship evolve?*
3. *How is the close relationship between man and universe being expressed?*
4. *How does the pure energy of Heaven and Earth shine upon humans?*
5. *What can we feel in our consciousness?*
6. *How can we develop our subconsciousness?*
7. *Is there any benefit in engaging ourselves in saving humanity?*



Montreal, 14 December 2003 9:45 AM

Q: *What kind of love is our soul yearning for?*

A: Our soul is yearning for the love of the original principle of Heaven and Earth.

Psalm

*God's original principle guides us and helps us to
advance spiritually,
Keeping a serene heart, we progress diligently,
Resolving social and spiritual matters, we judge our
own selves,
Undergoing deep spiritual transformations, we vow to
contribute our share.*

Montreal, 15 December 2003, 10:05 AM

Q: *How does the human relationship evolve?*

A: There is a very close relationship between man and universe.

Psalm

*Divine love shines wholly everywhere,
And never leaves the universe,
Shining and working constructively to bring about
reunions,
Compassionate love and spiritual virtue help the soul
in its spiritual cultivation*

Montreal, 16 December 2003, 1:55 AM

Q: *How is the close relationship between man and universe being expressed?*

A: There is an exchange of light and energy between man and Heaven, in order to allow motion.

Psalm

*Shining brightly without interruption, heaven helps the
spiritual progress,
Practicing thoroughly, we understand on our own and
resolve our earlier relations,
Returning to purity and balancing social and spiritual
life, we communicate with the Lord easily,
Understanding the divine grace, we will build good
opportunities.*

Montreal, 17 December 2003, 3:22 AM

Q: *How does the pure energy of Heaven and Earth shine upon humans?*

A: The pure energy of Heaven and Earth is granted every instant and relates to humans through their breath of life.

Psalm

*The pure energy circulates everywhere,
Unifying the universe, it shines in an orderly manner,
Resolving social and spiritual matters, we enter the
sphere of purity,
With discipline and spiritual guidance, we transform
ourselves harmoniously.*

Psalm

*The cranial psychic center leads our soul's progress,
Through our consciousness, we return to purity and
see our spiritual development,
Loving and respecting the noble heaven, we awaken
ourselves,
Understanding social and spiritual matters thoroughly,
we will transform our spiritual path.*

Montreal, 18 December 2003, 8:05 AM

Q: *What can we feel in our consciousness?*

A: We will feel in our consciousness from the cranial psychic center toward infinity.

Psalm

*By practicing the method correctly, we will enlighten
our consciousness,
With a wise mind, we will judge social and spiritual
matters clearly,
Through self-awakening, we will understand our own
selves,
Practicing in this transient world, we will see our path
clearly.*

Montreal, 19 December 2003

Q: *How can we develop our subconsciousness?*

A: We need to practice the spiritual method correctly.

Psalm

*Knowing ourselves and knowing others, we enlighten
our own hearts,
By improving ourselves and using our true hearts, we
will no longer make mistakes,
Unifying human love and compassion, we will have the
opportunity to succeed spiritually,
With a serene heart and tranquility, we will slowly gain
wisdom.*

Montreal, 20 December 2003

Q: *Is there any benefit in engaging ourselves in saving humanity?*

A: It is very beneficial to engage ourselves in saving humanity.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.