



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Transformation

Through infinite transformations, we have the opportunity to attain
awakening,
Releasing blinded passions and intransigence, we turn within to analyze the
spiritual subtleties,
Sincerely guiding others with full dedication, we live in peace and harmony,
Developing ourselves spiritually, we feel our compassionate energy.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 28 December 2003 to 3 January 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do if we want to maintain conflicts?*
2. *What does it mean to understand thoroughly?*
3. *What are called "matters with depth"?*
4. *What does transcendence mean?*
5. *What should we do in order to attain great serenity?*
6. *If we detach ourselves of all things, society will become paralyzed. Then, what should we do?*
7. *What is the great vow?*



Montreal, 28 December 2003

Q: What should we do if we want to maintain conflicts?

A: To maintain conflicts, we must understand thoroughly.

Psalm

*Thoroughly understanding the matters, we must fight
on our own,
Through spiritual awakening, we achieve progress,
and connect to the Lord through our practice,
Resolving spiritual and social matters, we return to the
unique origin,
Keeping flexible, we balance social and spiritual life
with clarity and wisdom.*

Atlantic City, 29 December 2003

Q: What does it mean to understand thoroughly?

A: To understand thoroughly means that one should know clearly the depth of the matter.

Psalm

*Whether it is an agitated or serene matter, we
understand thoroughly and adapt ourselves with
flexibility,
Understanding social and spiritual matters wisely, we
have neither sorrow nor worries,
Returning to the unique origin, we see the true
teachings,
Transformations are infinite and create a constant
dynamics.*

Atlantic City, 30 December 2003

Q: What are called "matters of depth"?

A: Matters of depth mean transcendent matters.

Psalm

*With serenity we awaken our consciousness and
advance silently,
Returning to our pure origin, we purify our heart and
attain thorough knowledge,
Turning toward lightness and purity throughout zillions
of existences,
We resolve our blinded passions and errors, and
advance on our own.*

Atlantic City, 31 December 2003

Q: What does transcendence mean?

A: Transcendence means Great Serenity.

Psalm

*Great serenity resolves all matters calmly,
Through deep spiritual transformations, we awaken
ourselves to words of truth,
Loving and respecting the noble heaven, we achieve
union and harmony,
With serenity, we work to accomplish results from a
true heart.*

Atlantic City, 1 January 2004

Q: What should we do in order to attain great serenity?

A: In order to attain great serenity, we must be fully detached of all things.

Psalm

*Complete detachment will bring success,
Resolving matters through mutual affection will lead to
a unified heart,
Loving and respecting the noble heaven, we advance
in accordance with the divine law,
Returning to purity and serenity, we attain leisure and
quietude.*

Atlantic City, 2 January 2004

Q: If we detach ourselves of all things, society will become paralyzed. Then, what should we do?

A: Determination will bring success.

Psalm

*Perfecting ourselves spiritually with a sincere heart, we
will advance higher,
With determination, we cultivate our spiritual heart to
achieve the spiritual foundation,
Our love and respect for the noble heaven knows no
limit,
With perseverance and diligence, we practice to
develop ourselves spiritually.*

Atlantic City, 3 January 2004

Q: What is the great vow?

A: The great vow is the commitment to work for the common good.

Psalm

*With the infinite great vow, we develop our spiritual
consciousness,
Expanding our wisdom and knowledge, we achieve
understanding and kindness,
Practicing the true dharma with sincerity, we sow good
opportunities,
With determination, we practice together to liberate
ourselves and achieve peace.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
