



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Depth

Through infinite spiritual development, we will advance on our own,
Understanding social and spiritual matters clearly, and the cycle of birth and
death,

We practice the dharma with our heart and mind, and lead a diligent life,
Distinguishing clearly spiritual opportunities and social relations.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 4 January 2004 to 10 January 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do in order to practice with determination?*
2. *How can we turn toward purity?*
3. *Why do we have to be sorrowful?*
4. *Does the greediness of humans develop?*
5. *Why is one sad, but does not know the reason of one's sadness?*
6. *How can we cooperate closely with each other?*
7. *Where is the opportunity for divine love and infinite guidance?*



Atlantic City, 4 January 2004

Q: *What should we do in order to practice with determination?*

A: In order to practice with determination, we must accept to scrutinize ourselves carefully.

Psalm

*Examining ourselves uniformly in accordance with the divine law,
We work constructively with a sincere heart and turn toward benevolence,
Returning to our pure origin and meditative knowledge, we will succeed naturally,
Through infinite transformations, we will turn toward purity.*

Atlantic City, 5 January 2004

Q: *How can we turn toward purity?*

A: We turn toward purity through our cranial psychic center.

Psalm

*Turning toward purity, we will succeed and dissipate our worries,
Through self-awakening, we will understand the deep thoughts clearly,
Evolving infinitely, we will see the spiritual wonders,
Returning to our origin and meditative knowledge, we will change ourselves and open a new era.*

Atlantic City, 6 January 2004

Q: *Why do we have to be sorrowful?*

A: We are sorrowful because of the accumulation of anger and blocked energy.

Psalm

*Filled with anger and blocked energy, our mind and thoughts are unclear,
Lacking determination, our mind is aimless,
Forming an agitated mind, we cannot develop ourselves,
Loving and respecting the noble heaven, we will develop ourselves instantly.*

Atlantic City, 7 January 2004

Q: *Does the greediness of humans develop?*

A: The greediness of humans becomes a habit.

Psalm

*Building a habit, we become even more agitated,
By our own will, we follow our greediness, carnal desires and agitation,
Pursuing passionately money and social status from inward to outward,
We are unable to advance and gain wisdom, and cannot develop our aura.*

Psalm

*Anger and blocked energy augment because our heart
is dissatisfied,
On our own, we tend to become sad and lack
affection,
Indecisive and agitated from within and outward,
We cannot develop ourselves and do not have the
opportunity for success.*

Atlantic City, 8 January 2004

Q: *Why is one sad, but does not know the reason of one's sadness?*

A: Those who are sad but do not know the reason of their sadness have too much anger and blocked energy in their inner organs.

Psalm

*Practicing with determination, we advance spiritually
and guide others with a sincere heart,
Practicing with full dedication, we engage ourselves
sincerely,
Returning to our pure origin, we will save our own
body,
Liberating ourselves, we gain wisdom and enter the
sphere of energy.*

Atlantic City, 9 January 2004

Q: *How can we cooperate closely with each other?*

A: We will only be able to create a good cooperation when we are determined to practice and advance spiritually.

Psalm

*Developing our origin, we naturally feel harmony,
Evolving continuously, we will connect to the Lord with
our own efforts,
With a sincere heart, we turn to the World Above and
research our spiritual roots,
Developing ourselves continuously, we will surmount
obstacles on our own.*

Atlantic City, 10 January 2004

Q: *Where is the opportunity for divine love and infinite guidance?*

A: The opportunity for divine love and infinite guidance resides in our serenity.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.