



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Concentration

Practicing thoroughly, we develop ourselves and advance spiritually,
Understanding the divine Grace, we understand our own spiritual evolution,
Through self-awakening, we understand the spiritual opportunities and social
relations,
Practicing with a sincere heart, we turn within to analyze ourselves and see
our progress.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 18 January 2004 to 24 January 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why do we practice the method of Vo-Vi meditation?*
2. *Do order and discipline have any benefit?*
3. *What is the use of meditative contemplation?*
4. *Why do we want to exert soul ascension?*
5. *What is the World Above?*
6. *Does the center of energy of the universe have anything special?*
7. *What is the sphere of infinity?*



Disneyland, 18 January 2004

Q: *Why do we practice the method of Vo-Vi meditation?*

A: We practice the method of Vo-Vi meditation to restore order for ourselves.

Psalm

*All thousands of spiritual methods return to the pure origin to awaken the true soul,
Practicing thoroughly, we achieve results on our own and release our impurities in a kind way,
Returning to our origin and meditative knowledge, we will help our soul,
Developing ourselves spiritually, we'll avoid cruelties.*

San Diego, 19 January 2004

Q: *Do order and discipline have any benefit?*

A: Order and discipline have great benefit for spiritual development.

Psalm

*In the state of meditative contemplation, we return to our pure origin and receive the divine light,
Achieving a wise heart with our own efforts is more*

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Psalm

*Harmonizing with the universe, we transform ourselves
spiritually,
Uniting all seas, we return to the origin and see our
progress clearly,
Understanding social and spiritual matters, we are
united and progress together,
Practicing with diligence and sincerity, we analyze
matters constantly.*

Disneyland, 22 January 2004

Q: *What is the World Above?*

A: The World Above is the center of energy of the universe.

Psalm

*The universe develops in a spontaneous manner,
Releasing the impure energies, it opens up and brings
changes in all spheres,
Whether attacking or yielding, the transformations give
the opportunity for spiritual awakening,
Developing our wisdom and spirit, we will learn
continuously.*

Disneyland, 23 January 2004

Q: *Does the center of energy of the universe have anything special?*

A: The center of energy of the universe evolves infinitely.

Psalm

*Awakening our true consciousness, we will advance
toward infinity,
There is no need for argumentation, agitation and
indecisiveness,
With a sincere heart, we practice and advance hourly,
Majestically we will advance in full clarity.*

Disneyland 24 January 2004

Q: *What is the sphere of infinity?*

A: The sphere of infinity is the domain where no agitation exists.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.