



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Serenity

With peace and serenity, we will return to our unique origin,
Thoroughly understanding social and spiritual matters, we will advance
gradually,
Returning to our true nature, we purify ourselves with sincerity,
Evolving continuously, we dissolve our blinded passions on our own.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 8 February 2004 to 14 February 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does the love of Heaven and Earth evolve?*
2. *How does the true heart develop?*
3. *From what stage do we start to evolve infinitely?*
4. *How do we perfect our spiritual consciousness?*
5. *What does it mean that favorable and adverse conditions interact with each other?*
6. *Do we escape adversities when we love and respect the noble heaven?*
7. *How do we receive divine illumination?*



Singapore, 8 February 2004

Q: *How does the love of Heaven and Earth evolve?*

A: The love of Heaven and Earth evolves from the pure energy.

Psalm

*The deep divine principle motivates our spiritual practice,
Communicating with the Lord, we turn toward purity,
Divine love and infinite guidance reside in the common original principle,
Entering the sphere of energy, we judge social and spiritual matters clearly.*

Singapore, 9 February 2004

Q: *How does the true heart develop?*

A: The true heart develops from the cranial psychic center.

Psalm

*The center of energy develops continuously,
Unblocking our energy, we advance and transform ourselves gradually,
Developing ourselves infinitely, our consciousness reaches equilibrium,
With a sincere heart, we turn to the World Above and analyze matters carefully.*

Singapore, 10 February 2004

Q: *From what stage do we start to evolve infinitely?*

A: We start to evolve infinitely once we achieve serenity.

Psalm

*Evolving continuously, we practice with serenity,
Perfecting ourselves and progressing on our own, we advance rapidly,
Harmonizing with the universe, we practice self-purification,
Balancing our social and spiritual duties, we practice with our own efforts.*

Singapore, 11 February 2004

Q: *How do we perfect our spiritual consciousness?*

A: We perfect our spiritual consciousness with compassion, lucidity, and courage.

Psalm

*Practicing compassion, lucidity, and courage, we perfect ourselves and advance spiritually,
With patience and resignation, we sincerely devote ourselves to releasing our sorrow,
As our wisdom grows, we naturally turn toward heaven,
Understanding that the whole universe returns to unity, we are free of sorrow and worries.*

Psalm

*Actions and reactions co-exist to cause changes and progress toward harmony,
Building deep compassion, we learn from lessons close and afar,
Returning to unity, our deep compassion grows,
Learning continuously, we advance and overcome obstacles on our own.*

Singapore, 12 February 2004

Q: What does it mean that favorable and adverse conditions interact with each other?

A: Favorable and adverse conditions interact with each other means the co-existence of actions and reactions.

Psalm

*Sincerely turned toward the Almighty Lord, we love and respect heaven,
Practicing with diligence and a sincere heart, we clearly feel deep gratitude,
God grants us a noble love without asking for compensation,
Loving and respecting the noble heaven, we achieve inner harmony.*

Singapore, 13 February 2004

Q: Do we escape adversities when we love and respect the noble heaven?

A: When we love and respect the noble heaven, we will always receive blessings and illumination from heaven.

Psalm

*The infinite light brings thorough understanding everywhere,
With a balanced mind and body, our consciousness awakens infinitely,
Through deep spiritual transformations, we achieve self-knowledge and peace,
Developing our wisdom, we understand the spiritual path clearly.*

Singapore, 14 February 2004

Q: How do we receive divine illumination?

A: We receive divine illumination through the infinite light.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.