



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spirituality

Returning to spirituality, we will advance together,
With determination and a sincere heart, our mind and thoughts are tranquil,
Learning continuously, we are flexible and wise,
With sincerity, we will achieve results on our own and advance with the
spiritual opportunities.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 15 February 2004 to 21 February 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Where does the spiritual opportunity reside?*
2. *What is a compassionate heart?*
3. *What does it mean "to analyze and transform"?*
4. *Do war and destruction of humanity bring any benefit?*
5. *What should we do when our mind is blocked?*
6. *What is the evolution path of the soul?*
7. *What is infinity?*



Perth, 15 February 2004

Q: *Where does the spiritual opportunity reside?*

A: The spiritual opportunity resides in the compassionate heart of the practitioner who can feel it.

Psalm

*With a compassionate heart, we develop the spiritual opportunity,
With clarity of mind and a wise heart, we enter by ourselves,
Unifying our compassion, we harmonize and advance together,
Loving and respecting the Lord and Buddha, we advance together within benevolence.*

Perth, 16 February 2004

Q: *What is a compassionate heart?*

A: A compassionate heart means to love and forgive.

Psalm

*Developing our compassion, we dedicate ourselves to spiritual cultivation with our own efforts,
Clearly understanding the sphere of dharma, our soul progresses and travels to higher spheres,
Correcting our own mistakes, our consciousness awakens,
Practicing the true dharma with thoroughness, we analyze and amend ourselves.*

Perth, 17 February 2004

Q: *What does it mean “to analyze and transform”?*

A: “To analyze and transform” means to analyze carefully and reach harmony.

Psalm

*With a sincere heart, we progress and sow good opportunities,
With an awakened consciousness, we dedicate ourselves to spiritual cultivation and correct ourselves,
Whether spiritual or social relations, we remain serene,
Whether spiritual or social relations, we reach quietude on our own.*

Perth, 18 February 2004

Q: *Do war and destruction of humanity bring any benefit?*

A: War and destruction of humanity bring no benefit.

Psalm

*War does not bring productivity but causes suffering,
Deaths accumulate and it is hard to save the souls,
Blinded passions and intransigence cause agitation,
Lacking compassionate love, they cannot reach peace and tranquility.*

Perth, 19 February 2004

Q: *What should we do when our mind is blocked?*

A: When our mind is blocked, we should close our mouth, incisor against incisor, and practice the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat continuously. We will then open our heart and develop our spiritual mind.

Psalm

*Facing ourselves, we will open our mind and unblock
our heart,
Loving and respecting the noble heaven, we will
advance on our own,
Experiencing profound transformations, we appreciate
the wondrous dharma,
Practicing patience and resignation with a sincere
heart, we will advance more rapidly.*

Perth, 20 February 2004

Q: *What is the evolution path of the soul?*

A: The soul evolves from the sphere of emptiness into a physical body.

Psalm

*Through various evolution cycles, we will advance
toward infinity,
Learning continuously, we will awaken our
consciousness,
With deep transformations, we understand and are
grateful,
Advancing on the social and spiritual paths, we
analyze our progress on our own.*

Perth, 21 February 2004

Q: *What is infinity?*

A: Infinite evolution means to never stop.

Psalm

*Deep transformations lead to infinity,
Uniting the immense seas of souls, we will attain
greater spiritual knowledge,
Our social and spiritual relations will never end,
Understanding and resolving difficulties on our own,
our mind will gain greater wisdom.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.