



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Destiny

Accepting our destiny, we turn within and ask ourselves,
With our heart and mind, we keep learning throughout the spiritual journey,
Releasing our blinded passions and intransigence with the long nightly
spiritual practice,
We transform our social and spiritual life and dissipate our sorrow with our
own efforts.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 7 March 2004 to 13 March 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why do we remain secretive and do not wish to discuss with others?*
2. *How does divine love get communicated?*
3. *Why do we love and think about the others?*
4. *What is the essence of the universe?*
5. *Why are we sad?*
6. *How can we clean ourselves from earthly dust?*
7. *Why do profane people demand lustful pleasures?*



<p>Cairns, 7 March 2004 Q: <i>Why do we remain secretive and do not wish to discuss with others?</i></p> <p>A: Those who do not wish to discuss with others have self-pride and self-respect.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>In silence, we practice and advance spiritually by perfecting our spiritual consciousness, Not knowing more, we just know as much, Those who are not flexible will let go and weaken their position, In silence, we practice and advance spiritually without discriminating rich and poor.</i></p>
<p>Cairns, 8 March 2004 Q: <i>How does divine love get communicated?</i></p> <p>A: Divine love is communicated in a silent manner.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With respect in our heart, we communicate in a deep and silent manner, In silence, we love and respect the Lord, Analyzing social and spiritual matters, we advance with our soul and body, Releasing our impurities continuously, we appreciate the deep and subtle truth.</i></p>
<p>Cairns, 9 March 2004 Q: <i>Why do we love and think about the others?</i></p> <p>A: We love and think about the others because of our habit for blinded passions and lust.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a serene heart, we learn and analyze by ourselves, Understanding that the noble heaven always shines upon us, We awaken our consciousness and dedicate ourselves to self-improvement, With a serene heart, we practice diligently and regain peace for our mind and body.</i></p>
<p>Cairns, 10 March 2004 Q: <i>What is the essence of the universe?</i></p> <p>A: The essence of the universe is the union of energies of all creatures.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Thanks to the spiritual opportunity, we will succeed and understand ourselves, Correcting our own mistakes, we will see the path clearly, On our own, we will know and clearly distinguish social and spiritual relations, With sincerity and diligence, we practice the spiritual method to see the path clearly.</i></p>

Psalm

*Blocked energy causes sadness and suffering,
Opening our heart and mind, we wish to return to our
true origin,
With happiness and serenity, we live a fulfilled life,
In peace, we practice sincerely and advance spiritually
by our own efforts.*

Cairns, 11 March 2004

Q: *Why are we sad?*

A: We are sad because we lack joy.

Psalm

*Practicing the righteous dharma with sincerity, we
perfect our spiritual consciousness,
Returning to our true consciousness, we practice and
resolve our difficulties,
Developing our wisdom, we enter a new era,
Advancing on the social and spiritual path, we regain
our inner tranquility.*

Cairns, 12 March 2004

Q: *How can we clean ourselves from earthly dust?*

A: We clean ourselves from earthly dust by practicing the righteous dharma.

Psalm

*Greediness and lust rank first on earth,
Turned within, we analyze our passion for money and
riches,
Worldly relations are fleeting and filled with ingratitude,
Forgetting moral virtue, we will only harm our bodies.*

Cairns, 13 March 2004

Q: *Why do profane people demand lustful pleasures?*

A: Profane people always want to realize their fundamental character.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.