



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Four Openings

Opening in all four directions and attaining the eight successes, we will return
to our origin,

Unifying with human compassion, we will advance on our own,
Releasing our impurities, we will develop ourselves positively,
Serving others with a sincere heart, we will rejuvenate ourselves.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 14 March 2004 to 20 March 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do in order to be loyal?*
2. *Is a sincere person a good or a bad person?*
3. *Does rectification of one's character bring any benefit?*
4. *How do the Lord and Buddha bestow their blessings?*
5. *From where to where are the divine blessings being sent?*
6. *How can we receive the pure light?*
7. *Is it possible to feel the bottom of people's hearts?*



Cairns, 14 March 2004

Q: *What should we do in order to be loyal?*

A: In order to be loyal, we must be sincere.

Psalm

*Sincerely we advance and transform ourselves without
discrimination,
Perfecting ourselves on the social and spiritual planes,
we devote ourselves to spiritual practice,
Awakening our own consciousness, we will have the
opportunity to attain equilibrium,
With a serene heart we work constructively and
overcome all kinds of obstacles.*

Cairns, 15 March 2004

Q: *Is a sincere person a good or a bad person?*

A: Sincerity is a good virtue.

Psalm

*The original principle clearly distinguishes social and
spiritual matters,
With a sincere heart, we practice diligently and reduce
our worries,
In this temporary world, we should be sincere,
As we advance and transform ourselves deeply, our
mind will shine brilliantly.*

Cairns, 16 March 2004

Q: *Does rectification of one's character bring any benefit?*

A: To rectify our mind and body is very beneficial for our soul.

Psalm

*Improving ourselves and advancing easily, we love
and respect the Lord,
With a wise heart and seeing our character clearly, we
keep the words of Truth,
Practicing thoroughly on the social and spiritual
planes, we return to practice and spiritual progress,
Saving ourselves, we gain inner tranquility.*

Cairns, 17 March 2004

Q: *How do the Lord and Buddha bestow their blessings?*

A: The Lord and Buddha bestow their blessings by sending rays of compassionate energy.

Psalm

*Compassionate energy is spread everywhere,
With a clear mind and a wise heart, we keep perfecting
ourselves,
Practicing equally on the social and spiritual planes,
we return to the righteous dharma,
With a calm heart and serenity, we lead a leisurely life.*

Psalm

*With a sincere heart, we communicate with the Lord
continually,
Clearly judging the sphere of dharma, we will awaken
ourselves and return to kindness,
Unifying with human compassion, we will advance on
our own,
Practicing thoroughly, we will release our impurities
and return to our compassionate heart.*

Cairns, 18 March 2004

Q: From where to where are the divine blessings being sent?

A: The divine blessings are being sent infinitely.

Psalm

*Pure light immerses our mind and body,
As light shines everywhere, everyone is cooperating,
Through constant transformations, we awaken our
consciousness,
With a calm heart and serenity, we will avoid errors.*

Cairns, 19 March 2004

Q: How can we receive the pure light?

A: We receive the pure light thanks to our serenity.

Psalm

*Pure light shines in every corner,
Evolving profoundly, we can feel and understand life
clearly,
Learning continuously, we will gain knowledge on our
own and detach ourselves,
As serenity is born, we will return in a timely manner.*

Cairns, 20 March 2004

Q: Is it possible to feel the bottom of people's hearts?

A: It is possible to feel the bottom of people's hearts.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.