



The Life Energy Development Weekly

20 June, 2004

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Published in concurrence with *The Viet LED Weekly 467*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Universe

With spiritual practice and analysis of the universe, we understand the
spiritual path clearly,
Hoping ourselves to generate a happy message,
Loving and respecting the noble Lord, we will attain a good unity,
Working constructively and sincerely, we will ascend to higher levels with
spiritual practice.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 10 April 2004 to 17 April 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Do sincere adepts need to practice meditation continually?*
2. *Do we need to nurture our will for spiritual development?*
3. *Is it necessary to have the will for spiritual development?*
4. *Do meditation practitioners need to evolve spiritually?*
5. *How does the soul evolve spiritually?*
6. *What is spiritual energy?*
7. *From where to where does transformation happen?*
8. *How does transformation occur?*



<p>Sydney, 10 April 2004 3:04 AM Q: <i>Do sincere adepts need to practice meditation continually?</i></p> <p>A: Sincere adepts really need to practice meditation continually every night.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Every night we practice with sincerity, Developing ourselves spiritually with continuity, Loving and respecting the noble Heaven, we practice on our own, Understanding both social and spiritual matters, we sincerely practice on our own.</i></p>
<p>Sydney, 11 April 2004 9:43 AM Q: <i>Do we need to nurture our will for spiritual development?</i></p> <p>A: It is very essential to nurture our will for spiritual development.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With strength and courage, we advance spiritually and surmount obstacles on our own, Our spiritual mind clearly analyzes the depth and subtleties of social and spiritual life, Practicing the righteous dharma we will encounter good social and spiritual opportunities, Developing ourselves, we will resolve difficulties on our own.</i></p>
<p>Sydney, 12 April 2004 4:30 AM Q: <i>Is it necessary to have the will for spiritual development?</i></p> <p>A: The will for spiritual development is very necessary.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The will for spiritual development is very necessary, Even more when we love and respect the human race, Unifying with human compassion, we will transform ourselves and understand spirituality, Thinking of the noble Lord, we will express words that come from the practice of the dharma.</i></p>
<p>Sydney 13 April 2004 2:35 AM Q: <i>Do meditation practitioners need to evolve spiritually?</i></p> <p>A: Meditation practitioners really need to evolve spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Returning to purity, we liberate ourselves from agitation, Resolving impurities in our true heart, we transform ourselves on our own, Developing ourselves spiritually, we awaken our consciousness and gain thorough knowledge, Thanks to God's infinite guidance, we will awaken our true heart.</i></p>

Psalm

*The soul evolves spiritually toward infinity
Releasing the karma of the heart, we see the righteous
spiritual path clearly,
Knowing the present world, we resolve matters easily,
Understanding social and spiritual matters thoroughly,
we strive to return to our origin on our own.*

Sydney, 14 April 2004 4:11 AM

Q: *How does the soul evolve spiritually?*

A: The soul evolves spiritually through spiritual energy and will advance toward infinity.

Psalm

*Harmonizing with the energy of Heaven and Earth, we
advance harmoniously on our own,
Understanding the sphere of energy, we live in
abundant joy,
With the opportunity for infinite guidance, our mind and
heart are peaceful,
Liberating ourselves from our sufferings, we resolve
difficulties on our own.*

Sydney, 15 April 2004 1:16 AM

Q: *What is spiritual energy?*

A: Spiritual energy means to harmonize with the energy of Heaven and Earth.

Psalm

*At birth, transformation occurs everywhere,
Our spiritual evolution follows the will of Heaven,
Releasing our sorrow and worries in all spheres,
With a sincere heart, we turn to the World Above to
return to heaven with our own efforts.*

Sydney, 16 April 2004 1:43 AM

Q: *From where to where does transformation happen?*

A: Transformation happens from the birth of the individual until today.

Psalm

*The law of cause and effect regulates transformations
from the beginning,
Quickly bringing suffering and hardship through its
infinite development,
Continually teaching the soul to educate itself and
reach spiritual awakening,
Surmounting the agitation, we will enlighten ourselves
with our own efforts.*

Sydney, 17 April 2004 8:12 AM

Q: *How does transformation occur?*

A: Transformation occurs through the law of cause and effect.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.