



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Earthly Matters

Earthly matters always have many complications,
Practicing the righteous dharma, we remain calm in all our movements,
Facing many challenges, we still surmount them on our own,
Developing our wisdom and spiritual mind, we practice meditation on our
own.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 18 April 2004 to 24 April 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What can resolve matters in the most harmonious way?*
2. *What should we do in order to advance toward infinity?*
3. *Do love and forgiveness bring any benefit?*
4. *What is the greatest suffering?*
5. *What causes cold and loneliness?*
6. *Why are people poor and suffering?*
7. *Does a meditation practitioner achieve progress when accepting patience and resignation?*



Sydney, 18 April 2004 3:04 AM

Q: *What can resolve matters in the most harmonious way?*

A: A compassionate heart can resolve matters in the most harmonious way.

Psalm

*Developing our compassionate heart, we will advance
infinitely,
With an awakened consciousness, we keep perfecting
ourselves and gain greater knowledge with our
flexibility,
Void of blinded passions, we no longer discuss
passionately,
Maintaining our serenity, we are no longer wandering.*

Sydney, 19 April 2004 6:20 AM

Q: *What should we do in order to advance toward infinity?*

A: To advance toward infinity, we should deeply investigate the original principle of heaven and earth.

Psalm

*Clearly judging social and spiritual matters, we will
advance infinitely,
Releasing impurities and developing our wisdom in all
spheres,
We develop ourselves infinitely and advance within
generosity,
Appreciating the deep love of heaven and earth, we
feel infinite tranquility.*

Sydney, 20 April 2004 3:52 AM

Q: *Do love and forgiveness bring any benefit?*

A: Love and forgiveness are very beneficial.

Psalm

*Compassionate love provides infinite guidance
everywhere,
Helping us to develop our soul and save society,
Unifying with human love, we will reach unity,
With perseverance, we will evolve and contribute to
spirituality.*

Sydney 21 April 2004 8:15 AM

Q: *What is the greatest suffering?*

A: Lacking food and clothing is the greatest suffering.

Psalm

*Destitution and hunger are sufferings,
It is very difficult to ascend and harmonize with other
spheres,
Learning continuously, there is no time for leisure,
Lacking peace and immersed in suffering, one cannot
breathe thoroughly.*

Psalm

*Storms cause cold, loneliness and turbulence,
With poverty, hunger, and suffering, it is difficult to
achieve equilibrium,
We can hardly hope for social and spiritual
opportunities,
Our mind naturally thinks that there is no justice.*

Sydney, 22 April 2004 4:22 AM

Q: What causes cold and loneliness?

A: Cold and loneliness are caused by a lack of clothing.

Psalm

*People's minds do not progress because they cannot
understand,
With an agitated body, they cannot train their minds
and lack joy,
A restless mind and body can cause deep
perturbations,
Unable to evolve spiritually, their mind remains
restless.*

Sydney, 23 April 2004 6:40 AM

Q: Why are people poor and suffering?

A: Because of destitution, people's minds cannot progress.

Psalm

*Practicing meditation, we need patience and
resignation to ascend higher,
With a clear mind and a wise heart, we will have the
opportunity for infinite guidance from the Lord,
Clearly judging social and spiritual matters, we will
understand deeply,
To have a serene consciousness is very needed.*

Sydney, 24 April 2004 2:14 AM

Q: Does a meditation practitioner achieve progress when
accepting to practice patience and resignation?

A: A meditation practitioner truly needs patience and
resignation in order to see all matters clearly.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.