



# The Life Energy Development Weekly

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Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)  
[www.voviweb.org](http://www.voviweb.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Spiritual Path

Achieving equilibrium on the spiritual path, we awaken our own  
consciousness,  
Releasing our blinded passions and intransigence, we rejoice within,  
Loving and respecting God and Buddha, on our own, we judge matters  
clearly,  
Releasing our impurities, we invoke the mantra Nam-Mo silently.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 16 May 2004 to 22 May 2004*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *What should we do when our heart is agitated?*
2. *What should we do in order to advance quickly?*
3. *What should we do in order to receive God's guidance?*
4. *What should we do in order to succeed in our spiritual practice?*
5. *Why is everything videotaped during Baby Tam's work?*
6. *What should Baby Tam do when everybody directs his thoughts to him?*
7. *How can Baby Tam's virtue and spiritual merit help Vo-Vi practitioners?*



**Frankfurt, 16 May 2004 8:41 AM**

Q: *What should we do when our heart is agitated?*

A: When our heart is agitated, we must practice meditation a lot in order to reach serenity with our own efforts.

**Psalm**

*By practicing meditation, we will resolve our difficulties  
and release our impurities,  
Loving and respecting the noble Heaven, we turn  
within to perfect ourselves,  
Through meditative awakening, our heart becomes  
wise and we return to serenity on our own,  
Sowing the opportunities for infinite guidance, we will  
achieve success on all planes.*

**Frankfurt, 17 May 2004 2:40 AM**

Q: *What should we do in order to advance quickly?*

A: In order to advance quickly, we must practice in a righteous manner.

**Psalm**

*Practicing in a righteous manner, we will quickly  
achieve thorough understanding,  
Balancing social and spiritual duties, we will surmount  
our difficulties,  
With wisdom we clearly judge the path of spiritual  
evolution,  
Understanding Heaven and Earth, we turn to God.*

**Frankfurt, 18 May 2004, 2:45 AM**

Q: *What should we do in order to receive God's guidance?*

A: In order to receive God's guidance, we should practice meditation with diligence.

**Psalm**

*With an awakened consciousness and a serene heart,  
we practice with our own efforts,  
Developing our wisdom, we judge and analyze on our  
own,  
Guiding each other, we advance on the spiritual path,  
Releasing sorrow and worries, we achieve the  
essence of the dharma.*

**Frankfurt, 19 May 2004 3:05 AM**

Q: *What should we do in order to succeed in our spiritual practice?*

A: In order to succeed in our spiritual practice, we must be resolute in our practice to achieve spiritual progress.

**Psalm**

*In this world there are many blinded passions and  
excitements,  
Unable to achieve their desires, they will become  
cruel,  
With an awakened consciousness and a calm heart,  
we will silently release our impurities,  
Returning to purity through meditative knowledge, we  
turn within to explore ourselves.*

<p><b>Frankfurt, 20 May 2004, 8:05 AM</b>  Q: <i>Why is everything videotaped during Baby Taim's work?</i></p> <p>A: Baby Taim's work is for the public, and everything is videotaped to leave a souvenir for later generations.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Dedicated to the service of humanity and alleviating their sufferings,  I learn continuously and offer this dharma-body,  Purifying myself and seeking wisdom on the path of spirituality,  I return to my true nature and restrain myself.</i></p>
<p><b>Bad Saul Gau, 21 May 2004 6:50 AM</b>  Q: <i>What should BabyTaim do when everybody directs his thoughts to him?</i></p> <p>A: When everybody directs his thoughts to him, BabyTaim should serve others with dedication.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>With abundant virtue and spiritual merit, we have the opportunity for infinite guidance,  Through spiritual practice we advance in harmony and enter by ourselves,  Following God's destiny, we work incessantly,  Accomplishing the spiritual opportunities, we create our own peace.</i></p>
<p><b>Bad Saul Gau, 22 May 2004, 7:45 AM</b>  Q: <i>How can BabyTaim's virtue and spiritual merit help Vo-Vi practitioners?</i></p> <p>A: BabyTaim's virtue and spiritual merit can have a deep spiritual influence on Vo-Vi practitioners.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Practicing virtue and spiritual merit, I advance within goodness and fresh energy,  Bringing deep transformations in all roots,  I advance in the direction of the brilliant sphere of energy,  Traversing the unified universe with my dharma-body.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**ANNOUNCEMENT ABOUT THE VO-VI CONGRESS "DIVINE LOVE AND INFINITE GUIDANCE"**

Dear Vo-Vi Friends,  
Please note:

1. Once you receive the Congress guide, please notify the Organization Committee immediately of any discrepancies. **All personal name changes after August 28, 2004 will incur an additional fee because the cruise ticket is already printed.**
2. Please pick up your cruise ticket and other papers in person (like the tour ticket for those of you who register for the tours, etc) at the VO-VI registration area (Garden Lanai Ballroom – Level 2- Ala Moana Hotel) on Saturday, August 28, 2004.  
The Organization Committee is not responsible for any loss or complaint in case you did not pick up your cruise Ticket and papers in person.
3. Please observe the following policy in case you are accompanying minors under 21 years old:  
Minors traveling with adults that are not the minor's parent or legal guardian  
Company policy dictates that a passenger under 21 years of age must be accompanied in the same or connecting stateroom by a passenger 21 years or older who expressly agrees to be responsible for the under 21 passenger throughout the cruise. This includes, but is not limited to, preventing under-age purchase or consumption of alcohol, preventing under-age gaming activities and preventing violations of any ship's rules. Passengers must be 21 years of age to gamble or to purchase or consume alcohol on the ship. If the accompanying adult is not the minor's parent or legal guardian a NOTARIZED PARENTAL/ GUARDIAN CONSENT LETTER that authorizes the minor's travel and further

authorizes medical treatment in case of emergency must be delivered to an NCL representative at the pier. **Failure to produce this letter at embarkation may result in boarding being denied, with no refund of cruise fare provided.**

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**4) All Vo-Vi friends who are US Citizens must bring their US passport (including children) to prove their citizenship. Vo-Vi friends who are US Permanent Residents must bring their Alien Registration Card.**

**To avoid complications at embarkation, please make sure that you have all proper documents. The Cruise Company will not refund the cruise ticket in case of denied boarding in case of insufficient documents.**

The Organization Committee looks forward to the happy reunion with Master Tam and all our VO-VI friends at the Congress "Divine Love and Infinite Guidance".

With best regards,

The Organization Committee for International Vo-Vi Congresses