



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Aura

The spiritual aura shines brilliantly and brings progress everywhere,
Understanding that earthly matters cause our own worries,
We develop our wise mind and practice the righteous dharma,
Knowing ourselves and others, we become compassionate naturally.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 23 May 2004 to 29 May 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Would the use of western medicine help reduce blood sugar?*
2. *What is needed for our own selves?*
3. *Is there any benefit in rectifying ourselves and perfecting ourselves spiritually to serve others?*
4. *What is beneficial for the soul?*
5. *What is infinite transformation?*
6. *What does it mean to return to the origin?*
7. *Where does the spiritual origin start?*



Bad Saul Gau, 23 May 2004 8:00 AM

Q: *Would the use of western medicine help reduce blood sugar?*

A: When using the right amount of medicine, we will see a reduction.

Psalm

*When not using the right medicine, we must accept
our mistake,
There is no need to lament and no one is more
talented than others,
Unifying with human love, we have the opportunity to
succeed,
By soldering anew, we will avoid new mistakes.*

Bad Saul Gau, 24 May 2004 8:20 AM

Q: *What is needed for our own selves?*

A: We need to rectify ourselves to advance spiritually.

Psalm

*Only when we rectify ourselves and perfect ourselves
spiritually with a sincere heart will we be able to return
to our origin,
Learning continuously, we advance and surmount
obstacles on our own,
Awakening our own consciousness, we have the
opportunity for infinite guidance,
Understanding social and spiritual matters thoroughly,
we achieve peace naturally.*

Bad Saul Gau, 25 May 2004, 7:05 AM

Q: *Is there any benefit in rectifying ourselves and perfecting ourselves spiritually to serve others?*

A: When we rectify ourselves and perfect ourselves spiritually with sincerity, and serve the great public, our souls will receive great benefits and will have the opportunity to learn and evolve further.

Psalm

*Developing our wisdom, we advance every hour,
Resolving our own impurities, we no longer hold to
illusions,
Practicing in a clear manner on both social and
spiritual paths,
Our thoughts directed to the strength of the spiritual
heart, we advance every hour.*

Bad Saul Gau, 26 May 2004 3:25 AM

Q: *What is beneficial for the soul?*

A: Positiveness and constructiveness are very beneficial for the soul.

Psalm

*Returning to our origin, we accomplish what is
necessary,
Developing our sphere of spiritual energy, we
transform ourselves and progress accordingly,
Transforming ourselves incessantly, our spiritual heart
reaches awakening,
Practicing and progressing with a sincere heart, we
develop ourselves and expand our aura.*

Psalm

*Returning to our origin through meditative knowledge,
our mind becomes enlightened,
Learning continuously, our consciousness awakens
and understands more,
Undergoing deep transformations on the path of
righteous dharma,
We return to our origin through meditative knowledge
and analyze ourselves with harmony.*

Bad Saul Gau, 27 May 2004, 6:45 AM

Q: *What is infinite transformation?*

A: Infinite transformation is very beneficial for the soul.

Psalm

*Achieving equilibrium on our own, we are filled with
awakening,
Thinking of the noble Heaven, we understand on our
own,
Learning continuously, our mind becomes more
enlightened,
Resolving spiritual opportunities and social relations,
we return to lightness and purity.*

Bad Saul Gau, 28 May 2004 1:07 AM

Q: *What does it mean to return to the origin?*

A: To return to the origin means to return to the old root.

Psalm

*The original energy harmonizes to form the spiritual
origin,
Descending on earth, our soul evolves through
thorough practice,
Our karmic relations improve as our consciousness
awakens,
Learning continuously, we advance rapidly on our
own.*

Bad Saul Gau, 29 May 2004, 5:35 AM

Q: *Where does the spiritual origin start?*

A: The spiritual origin starts when the original energy is still hidden in a fiery state.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.