



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Spiritual Will

With our spiritual will, we are determined to practice sincerely and by our own efforts,

Turned toward the World Above, we cultivate ourselves spiritually to reach the sphere of purity,

Evolving continuously, we awaken our consciousness on our own, Enlightening our heart and seeing our character, we turn within to search for our true selves.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 30 May 2004 to 5 June 2004*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *When is the original energy born?*
2. *As a human, do we have to observe courtesy and right conduct, and be a loyal person?*
3. *Where does the soul come from?*
4. *How can the soul undergo deep spiritual transformations?*
5. *What does it mean when the true soul is agitated?*
6. *What is the benefit of a reunion where we rejoice together?*
7. *What is the benefit of being reunited?*



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**Bad Saul Gau, 30 May 2004 4:00 AM**

Q: *When is the original energy born?*

A: The original energy is born when the soul descends on earth at its birth.

**Psalm**

*The original energy nourishes mankind until his adulthood,  
Returning to the pure origin, our thoughts are true and sincere,  
Developing our benevolent heart, we practice sincerely to advance spiritually,  
Returning to unity, we practice the method with sincerity and are reborn with the dharma.*

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**Bad Saul Gau, 31 May 2004 6:55 AM**

Q: *As a human, do we have to observe courtesy and right conduct, and be a loyal person?*

A: As a human, we must follow order and discipline. We must clearly understand our gratitude and duties.

**Psalm**

*Thanks to the original energy, we have a peaceful body,  
With a clear circulation of energy, we live in joy and peace,  
With a true consciousness, we unite our soul and astral body,  
Living in joy and peace, we are carried by our divine Mother.*

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**Bad Saul Gau, 1 June 2004**

Q: *Where does the soul come from?*

A: The soul always accompanies the physical body, and receives the grace from God and Buddha.

**Psalm**

*Returning to our origin through meditative awakening, we follow the divine rules,  
Respecting others and loving ourselves, we awaken our own consciousness,  
Through deep spiritual transformations, we achieve unity and spiritual progress,  
Learning with a sincere heart, we strive to return quickly.*

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**Bad Saul Gau, 2 June 2004**

Q: *How can the soul undergo deep spiritual transformations?*

A: The soul undergoes deep spiritual transformations through the actions of karmic forces.

**Psalm**

*Karmic forces cause attachments and temptations everywhere,  
They linger on earth and never end,  
Following people, they create adversities and enable us to open our veil of blindness,  
Through deep spiritual transformations, we turn within to ponder upon ourselves.*

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**Psalm**

*Our true soul is disturbed because of agitation,  
Unifying with human compassion, we feel peace  
within,*

*Loving and respecting the noble Heaven, we return to  
our unique origin,*

*Learning with a sincere heart, we will advance  
gradually.*

**Bad Saul Gau, 3 June 2004**

*Q: What does it mean when the true soul is agitated?*

A: The true soul is agitated when it has been demoted to a lower level.

**Psalm**

*Returning to our origin through meditative awakening,  
we will advance gradually,*

*Developing our wise heart, we hold no worries,  
Progressing within joy and peace, we return to our  
unique origin,*

*With a sincere heart, we assemble ourselves and  
advance gradually.*

**Stuttgart, 4 June 2004**

*Q: What is the benefit of a reunion where we rejoice together?*

A: A reunion where we rejoice together is very beneficial for those who wish to be reunited.

**Psalm**

*Learning infinitely, we awaken our own consciousness  
to attain wisdom,*

*Developing our wise mind, we analyze the mystical  
subtleties of the dharma,*

*Learning continuously, we advance sincerely on our  
own,*

*Accomplishing our tasks with a sincere heart, we  
communicate with the Lord on our own.*

**Stuttgart, 5 June 2004**

*Q: What is the benefit of being reunited?*

A: When we are reunited, we have renewed spiritual opportunities.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*