



The Life Energy Development Weekly

15 August, 2004

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Published in concurrence with *The Viet LED Weekly 475*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clear Understanding

Understanding social and spiritual matters clearly and precisely,
We see our spiritual evolution clearly and understand the sphere of dharma,
Returning to unity, we do not argue with agitated words in social life,
Practicing with diligence and perseverance, we analyze the dharma and our
level.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 6 June 2004 to 12 June 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What does it mean to analyze the mystical subtleties of the dharma?*
2. *What is the wondrous dharma?*
3. *What is good fortune?*
4. *What is destiny?*
5. *Why are we forgetful?*
6. *How do we lose our order?*
7. *What causes blocked energies?*



Stuttgart, 6 June 2004

Q: What does it mean to analyze the mystical subtleties of the dharma?

A: To analyze the mystical subtleties of the dharma mean to understand the depth of the wondrous dharma.

Psalm

*We learn in accordance with our destiny and advance through spiritual practice,
Developing ourselves infinitely, we surmount obstacles and progress on our own,
Understanding our spiritual destiny and social relations thoroughly, we resolve our impurities to progress spiritually,
Learning with a sincere heart, we dissolve our blindness instantly.*

Stuttgart, 7 June 2004

Q: What is the wondrous dharma?

A: The wondrous dharma means mystical wonders that we do not know in advance.

Psalm

*To explain the wondrous dharma clearly and deeply will cause agitation,
Advancing on our own, we purify our energy and follow the good original principle,
Through constant transformations, we awaken our consciousness and understand thoroughly,
Changing our existing life, we are able to comprehend the divine love.*

Stuttgart, 8 June 2004

Q: What is good fortune?

A: Good fortune means to meet a destiny that we do not know in advance.

Psalm

*After practice, we evolve and transform ourselves constantly,
Releasing our blinded passions and intransigence, we advance on our own accordingly,
With a continuing flexibility, we surmount obstacles and progress on our own,
On both social and spiritual paths, we analyze the mystical subtleties.*

Stuttgart, 9 June 2004

Q: What is destiny?

A: Destiny is formed from several causes.

Psalm

*God grants us His love and positive happenings,
With a calm heart, we practice austerity, and with perseverance we will understand clearly,
That we cannot predict social relations and spiritual destiny,
Practicing with thoroughness and diligence, we abandon neither social nor spiritual matters.*

Psalm

*Practicing with sincerity and awakening our
consciousness, we won't be forgetful,
Releasing our sorrow and worries, we maintain a
strong faith,
Both our social and spiritual paths converge to the
same unique origin,
With a calm heart and serenity, we are neither sad nor
forgetful.*

Paris, 10 June 2004

Q: *Why are we forgetful?*

A: We are forgetful because we lack order.

Psalm

*Blocked energies cause agitation and make our heart
and mind restless,
With an agitated heart and mind, it is difficult to
develop and purify our energy,
Practicing the dharma with focus and diligence, we will
attain serenity on our own,
Releasing our sorrow and worries, we are no longer
fearful.*

Paris, 11 June 2004

Q: *How do we lose our order?*

A: Blocked energies cause us to lose our order.

Psalm

*Anger keeps us in a circle and unable to purify our
energy,
Blocked energies circulate in the body and cause
pressure at the bottom of our heart,
Unable to succeed in our spiritual destiny, we augment
our frustration,
Unable to practice and progress spiritually, we lack
spiritual expectations.*

Paris, 12 June 2004

Q: *What causes blocked energies?*

A: Blocked energies are caused by anger that is held back and unspoken.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.