



The Life Energy Development Weekly

26 September, 2004

Email: maioro@yahoo.com
www.voviweb.org

Published in concurrence with *The Viet LED Weekly 481*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Public Opinion

Public opinions differ and now converge to unity,
Learning with a serene heart, we turn within to analyze and plan,
Returning to our true nature, we will awaken ourselves and advance
continually,
Perfecting ourselves on both social and spiritual planes, we will understand
great matters.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 18 July 2004 to 24 July 2004

Copyright © 2004 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Does the mind have clarity and wisdom?*
2. *What are social and spiritual matters?*
3. *Does social life have any dangers?*
4. *Does the law of cause and effect educate human beings?*
5. *What is necessary and what is not necessary?*
6. *What is truth?*
7. *Does sincerity bring any benefit?*



Montreal, 18 July 2004 4:00 AM

Q: Does the mind have clarity and wisdom?

A: The mind has clarity and wisdom, capable of clearly analyzing social and spiritual matters.

Psalm

*With clarity of mind and wisdom, we clearly analyze
life's philosophy,
Developing ourselves on both social and spiritual
planes, we understand our mind and body,
Taking refuge in the teachings of Buddha, we have the
opportunity to practice and advance spiritually,
Loving and respecting the dharma, we practice and
awaken our consciousness to higher levels.*

Montreal, 19 July 2004 2:50 AM

Q: What are social and spiritual matters?

A: Social and spiritual matters mean to practice with clarity of mind.

Psalm

*Practicing with diligence and perseverance we
advance hourly,
Opening our soul and gaining enlightenment, we
advance on our own,
Releasing our karma, we save ourselves and are no
longer agitated,
With a serene heart, we evolve spiritually and
transform ourselves hourly.*

Montreal, 20 July 2004 12:30 AM

Q: Does social life have any dangers?

A: Social life has many temptations and lacks responsibilities.

Psalm

*Social life has many temptations and lacks
responsibilities,
Those who do not achieve a righteous conduct and
spiritual virtue will have difficulty to attain peace,
We will only succeed with patience and resignation in
order to lead a tranquil life,
With a calm heart, let's learn about spirituality to build
a good spiritual opportunity.*

Montreal, 21 July 2004 1:45 AM

Q: Does the law of cause and effect educate human beings?

A: Yes, the law of cause and effect generates warnings and educates human beings.

Psalm

*The law of cause and effect educates humans,
To cultivate oneself spiritually is the most precious
thing on earth,
Our mind and body constitute a bible without words
that never leaves us,
As our soul evolves infinitely, we awaken our
consciousness and understand God's laws.*

Psalm

*First priority is to practice patience and resignation in order to bring peace to the body,
Learning continually, we will surmount obstacles on our own,
It is essential for spiritual adepts to practice meditation,
When we practice the true dharma thoroughly, we will easily communicate with the divine energy on our own.*

Montreal, 22 July 2004 2:00 AM

Q: *What is necessary and what is not necessary?*

A: It is very necessary to care for one's health and it is unnecessary to damage one's health.

Psalm

*The Truth is immutable verity,
Learning with a sincere heart, we will transform ourselves gradually,
During meditative contemplation, our true soul advances toward serenity,
Returning to our origin through meditative awakening, we will transform ourselves continually.*

Montreal, 23 July 2004 9:30 AM

Q: *What is truth?*

A: Truth is immutable verity.

Psalm

*Sincerity is beneficial for common progress,
Resolving problems in our true heart, we dissolve our sorrow and worries,
Uniting our human compassion, we develop the sphere of energy,
Practicing with diligence and a sincere heart, we turn toward heaven.*

Montreal, 24 July 2004 8:00 AM

Q: *Does sincerity bring any benefit?*

A: Sincerity is very beneficial for our spiritual evolution.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.