



The Life Energy Development Weekly

3 October, 2004

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Published in concurrence with *The Viet LED Weekly 482*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Wisdom

Practicing with sincerity, we will attain wisdom and understand the dharma
thoroughly,
Practicing with austerity, perseverance, and diligence, we will advance steadily,
Practicing thoroughly, we will achieve spiritual progress that is more precious than
gold,
Releasing our impurities, we will advance and practice the righteous dharma to
perfect ourselves.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 25 July 2004 to 31 July 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What does it mean to progress together?*
2. *What can we develop with spiritual practice?*
3. *Does intuitive knowledge bring any benefit?*
4. *Does spiritual awakening bring any benefit?*
5. *Is there any benefit in practicing with diligence and perseverance?*
6. *What does "infinite evolution" mean?*
7. *Is there any benefit in being resolute?*



Montreal, 25 July 2004 11:55 PM

Q: *What does it mean to progress together?*

A: To progress together means to practice together.

Psalm

*Practicing and progressing together, we will return to
unity,
The deep spiritual evolution is truly wonderful,
Returning to unity, our faith in God's love is
everlasting,
Practicing with diligence and a sincere heart, we
analyze the wondrous dharma.*

Montreal, 26 July 2004 4:20 AM

Q: *What can we develop with spiritual practice?*

A: With spiritual practice, we will develop our intuitive knowledge.

Psalm

*Developing our intuitive knowledge, we will understand
ourselves,
We will see our journey fully on the social and spiritual
paths,
Developing our clarity of mind, we awaken our
consciousness and understand the karmic relations,
Loving and respecting the noble Heaven, we will attain
spiritual knowledge and wisdom.*

Montreal, 27 July 2004 3:20 AM

Q: *Does intuitive knowledge bring any benefit?*

A: Intuitive knowledge means to feel and to understand on our own.

Psalm

*Understanding both social and spiritual matters, we
practice on our own to release our impurities,
Returning to our origin through meditative knowledge,
we will succeed naturally,
Feeling and understanding on our own the path of
righteous dharma,
We open up the sphere of energy and advance
rapidly.*

Montreal, 28 July 2004 3:30 AM

Q: *Does spiritual awakening bring any benefit?*

A: Spiritual awakening is essential and helps the soul to evolve further.

Psalm

*We practice so that our consciousness advances on
its own,
Releasing blinded passions and errors, our heart
reaches equilibrium,
Stepping forward, we practice to surmount obstacles
and return to unity,
With perseverance, we practice diligently without
tardiness.*

<p>Montreal, 29 July 2004 6:00 AM Q: <i>Is there any benefit in practicing with diligence and perseverance?</i></p> <p>A: To practice with diligence and perseverance will greatly help the soul in its spiritual evolution.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Practicing with perseverance and diligence will bring peace and tranquility, The deep spiritual evolution is truly wonderful, Assembling together, we practice together and awaken our own consciousness, Returning to our pure origin, we will attain peace naturally.</i></p>
<p>Montreal, 30 July 2004 2:00 AM Q: <i>What does “infinite evolution” mean?</i></p> <p>A: Infinite evolution means to advance only and not to regress.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>On our own, we feel and appreciate the infinite evolution, Our soul evolves infinitely and continuously, Practicing equally on the social and spiritual planes, we have the opportunity to reach awakening, Releasing our blinded passions and intransigence, we will communicate with higher levels on our own.</i></p>
<p>Montreal, 31 July 2004 9:00 AM Q: <i>Is there any benefit in being resolute?</i></p> <p>A: Being resolute will help us to advance rapidly on the spiritual plane.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Practicing together, we will advance toward serenity, Showing resolution publicly, we will attain greater wisdom, With determination, the soul will achieve progress, Liberating our soul, we will see our journey clearly.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.