



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Meditative Knowledge

Returning to our origin through meditative knowledge, our heart is pure and light,
Learning infinitely, we will advance and surmount obstacles on our own,
Understanding spiritual and social matters thoroughly, we are not agitated,
Practicing with diligence and perseverance, we turn toward purity.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 8 August 2004 to 14 August 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *From where does the spiritual energy develop?*
- 2) *How can we attain peace?*
- 3) *Why do we need to turn our mind toward the World Above?*
- 4) *How should we direct our mind toward the World Above?*
- 5) *Where does the center of energy of the universe reside?*
- 6) *In which direction do we evolve?*
- 7) *What has the pure energy of Heaven done?*



Atlantic City, 8 August 2004 8:40 AM

Q: *From where does the spiritual energy develop?*

A: The spiritual energy develops from the cranial psychic center.

Psalm

*Spiritual energy develops from the relation between
man and heaven,*

*The cranial psychic center turns into an aura,
Taking refuge in Buddha, we become righteous
people,*

*Thinking of the noble heaven, our heart is extremely
serene.*

Atlantic City, 9 August 2004, 5:31 AM

Q: *How can we attain peace?*

A: We should correct ourselves and turn our mind toward the World Above.

Psalm

*With a sincere heart we turn to the World Above and
attain peace and harmony on our own,*

*With a clear and wise mind, we analyze and make
discoveries,*

*With a spiritual heart, we can analyze social matters
profoundly on our own,*

*Taking refuge in Buddha, we use the dharma to
analyze and reach harmony.*

Atlantic City, 10 August 2004 9:12 AM

Q: *Why do we need to turn our mind toward the World Above?*

A: We turn our mind toward the World Above to remember the Almighty Lord.

Psalm

*Loving and respecting the Almighty Lord, we will
receive His blessings,*

*Learning with a sincere heart, we will gain more
spiritual depth,*

*Returning to our origin through meditative knowledge,
we will achieve a sublime heart,*

*Understanding ourselves and others, we will return to
unity.*

Atlantic City, 11 August 2004 1:31 AM

Q: *How should we direct our mind toward the World Above?*

A: To direct our mind toward the World Above, we should remember to focus our energy directly toward the center of energy of the universe.

Psalm

*With the determined will for spiritual cultivation, we are
reunited to advance together,*

*Taking refuge in Buddha, we regain our compassion
naturally,*

*Releasing blinded passions and intransigence, we will
meet predestined opportunities,*

*Evolving incessantly, we will achieve the spiritual
opportunity on our own.*

Psalm

*From the cranial psychic center, the energy relates upward,
With a sincere heart, thinking of the world above, we will return to unity,
Learning infinitely, our aura of energy will expand,
Practicing with perseverance and diligence, we will advance gradually.*

Atlantic City, 12 August 2004 6:58 AM

Q: Where does the center of energy of the universe reside?

A: The center of energy of the universe relates from the cranial psychic center upward.

Psalm

*Evolving to reach equilibrium in accord with the truth,
We received the energy of the brave and righteous,
Turned toward purity, we release our impurities and practice together with our own efforts,
Releasing our sorrow and worries, we turn toward purity on our own.*

Atlantic City, 13 August 2004 1:48 AM

Q: In which direction do we evolve?

A: We should evolve and reach equilibrium in accordance with the pure energy of heaven and earth.

Psalm

*The pure energy of Heaven and Earth is constantly under transformation,
We should accept the blessings with a serene heart without judging wrongly,
With spiritual practice, we clearly see the heavy responsibilities,
When our reasoning is unsuccessful, whom can we ask?*

Atlantic City, 14 August 2004 8:35 AM

Q: What has the pure energy of Heaven done?

A: The pure energy of Heaven has served all with full dedication.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.